

CLOVERBUDDIES

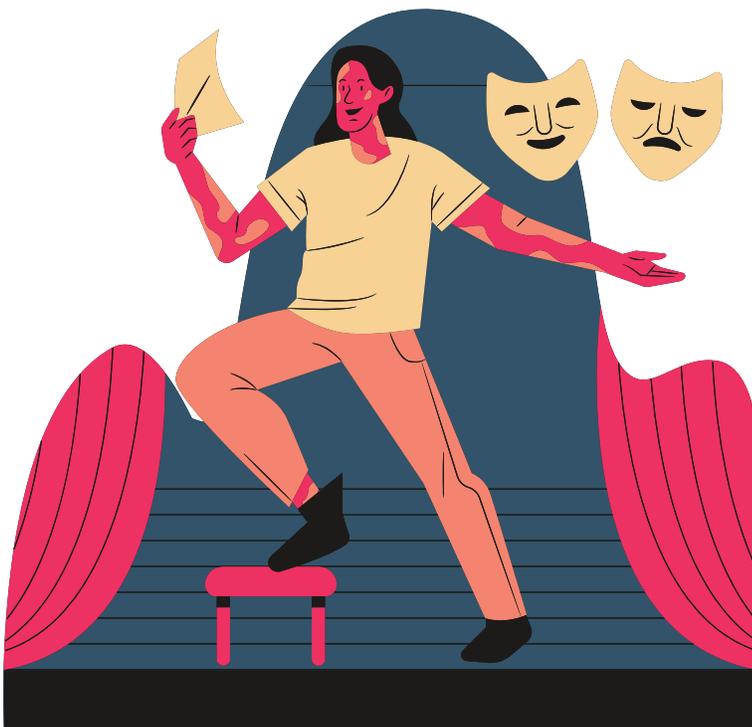
**A 4-H EXPLORATION ACTIVITY SERIES FOR
CLOVERBUD MEMBERS**



MARCH 2026

PROJECT EXPLORATION:

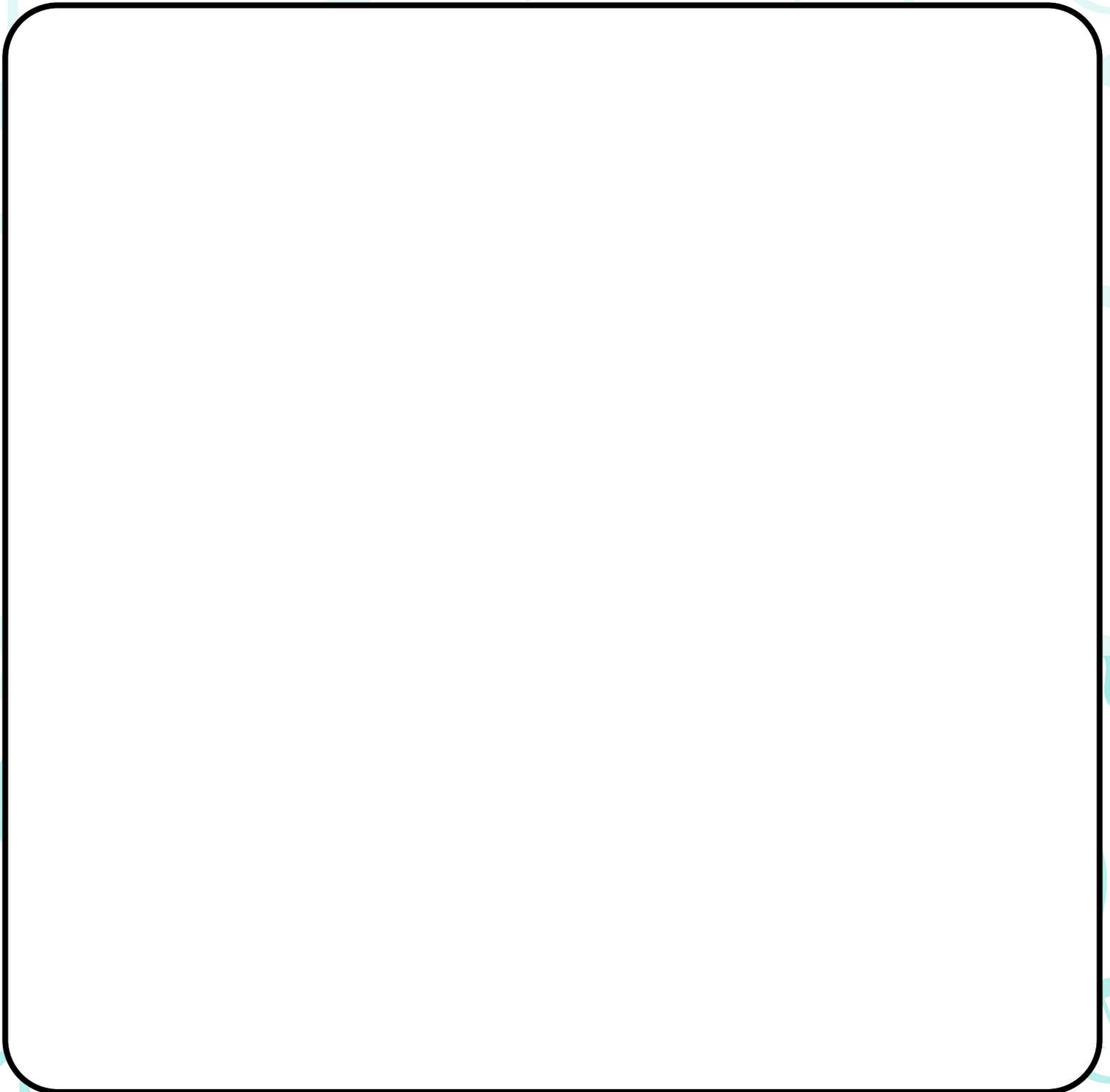
PERFORMING ARTS



UW-MADISON EXTENSION
LA CROSSE COUNTY

ART IN MUSIC

Music is a form of art, and many people feel strong emotions while viewing art or listening to music. Follow the instructions to discover the art in music! Find a song on the radio, TV or computer (with a parent's permission) and really listen to it. As you listen to it, use your colors to draw below what the music makes you feel. It could be scribbles, or animals, or people - anything you think of! You can print this page a few times and try with different songs to see how different songs make you feel different things.



SCRAMBLED DANCE

How many styles of dance can you name? The list is never-ending! Use your skills to unscramble some of the different types of dance below!

1. eref tseyl

2. riveipetentr

3. aulh

4. gcol

5. asquer

6. elaltb

7. enodmr

8. lopka

Word Bank: hula clog
polka ballet modern square
interpretive ballroom free style

9. loalobrm



MUSIC THEORY

Have you ever wondered why musicians have sheets of paper in front of their faces sometimes? They are “reading music,” which is its own kind of special language. In order to read music, you have to know what types of symbols there are! Use the key to finish drawing these music symbols:

Eighth Note		Half Rest	
Quarter Rest		Sixteenth Note	
Thirty-Second Note		Eighth Rest	

Key:



Half Note Quarter Note Eighth Note Sixteenth Note Thirty-Second Note Whole Rest Half Rest Quarter Rest Eighth Rest

PIN PUPPETS

Puppets are so much fun to watch while giving the performer an easy way to entertain without being in the spotlight themselves. Let's make a puppet for you to practice! Gather some simple art materials from around the house, get creative and make your very own silly monster puppet out of a simple lunch sack!

MATERIALS:

- Clothes Pins (that have a spring opening)
- Colored card stock
- Glue
- Googly eyes
- Yarn or String
- Scissors
- Pen or Marker



DIRECTIONS:

1. Draw a shape on the card(stock).
2. Cut out the shape with scissors.
3. Cut across for the mouth. You can make this cut in any pattern you like such as curved, straight, wavy, or zigzag.
4. Apply glue to the peg.
5. Stick your shape to the peg ensuring the two pieces are lined up properly.
6. Use another peg to hold it open while it dries - you don't want the peg to stick together.
7. Add eyes. Cut short lengths of yarn for hair and glue in place.
8. Use your imagination to make all sorts of characters

DREAM MICROPHONE

Performing in front of other people can be a little scary, so most performers have things that make them feel brave. One of those things could be a personalized microphone. Grab an adult and follow the instructions below to make your very own microphone for your performances!

MATERIALS:

- Toilet Paper Rolls (one per microphone)
- Styrofoam ball OR glitter/shiny ornament
- Tin Foil
- Colored card stock
- Glue (Hot glue is best but others will work)
- Charms (of your choosing)
- Foam Sheets
- Colored Paper
- Scissors
- Markers

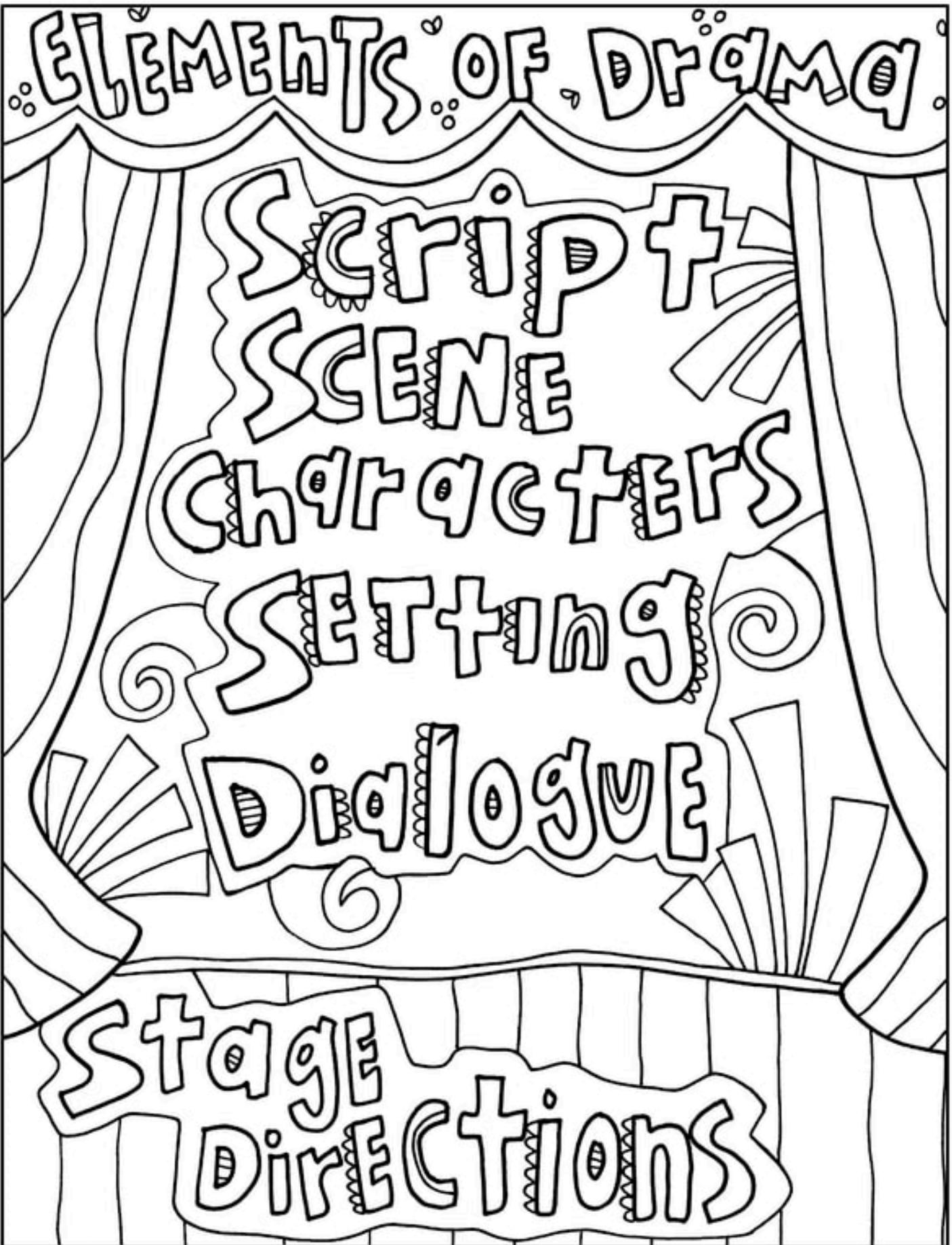
DIRECTIONS:

1. Cover your toilet paper roll in colored paper and glue it in place to make your microphone base.
2. If you are using a shiny ornament, glue that into the top of your toilet paper roll (microphone base). If you are using a styrofoam ball and tin foil, then wrap the tin foil around your foam ball and glue that into the top of your microphone!
3. Now decorate your microphone with any charms, drawings, or buttons you would like.



COLOR THE STAGE

One huge part of the performing arts is setting the stage! Color in the stage below with the Elements of drama - see if you know what each element means as you color it!



TIPS FOR NERVES

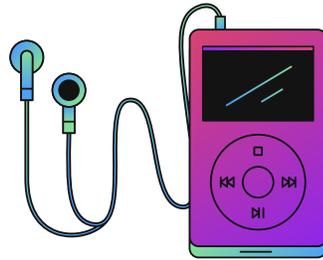
Have you ever felt nervous or scared before standing up in front of your class or talking in front of others? It is completely normal for you to be nervous, especially if it's something you don't do all the time. Below are some tips to help keep your nerves in check. Read through them and see which ones will work for you. Then, you'll be all ready for your next star performance!



MEDITATE



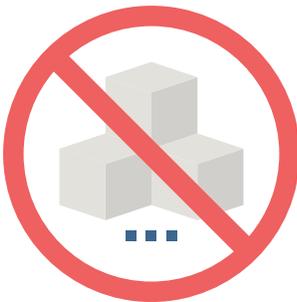
GO FOR A WALK / EXERCISE



LISTEN TO MUSIC



JOURNAL / WRITE



**DON'T HAVE CAFFEINE
OR SUGAR**



TALK TO A FRIEND / TRUSTED ADULT

THEATER SEARCH

There are so many terms used in theater, performers must remember as many as possible! Can you find some of the theater terms in the word search below? What do you think these terms mean?



Word Bank:

CONFLICT
COSTUMES
DIALOGUE

IMPROVISATION
MAKEUP
MIMICRY

MONOLOGUE
MUSIC
PANTOMIME

PLOT
PROPS
ROLE

ROLE PLAYING
SCRIPT
SCENERY

SOUND
STORYLINE
STORYTELLING

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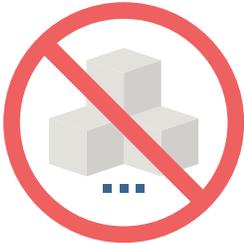
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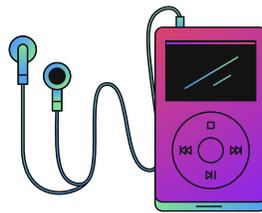
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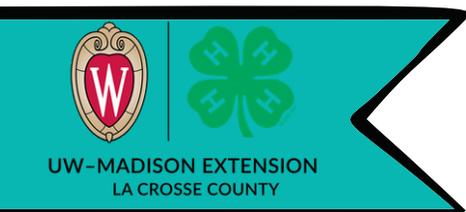
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