



4-H is a **community** of **young**
people **across America** who
are learning **leadership**,
citizenship, and **life skills**.

january 2024

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Cloverline

Finding Truth

I love the New Year, the daylight returning with warmth here and there. Don't forget during these cold months to bring some daily color into your life – it can help with the day-to-day muck.

Last year's intention was connection, in year's prior we did growth, sparkle and reckoning. This year, I'd like to focus on identity a bit. When life changes happen, so does our DNA actually. It calls us to recognize who we are now and embrace that with what we once were. I do a lot of identity development in my outreach work, so it's time to bring out my TRUTH.

This means embracing my inner beliefs and values with confidence. Holding myself with all my faults AND accomplishments with grace and honor, and recognizing that I'm me, inside and out. This means fun hair and I'm sure more awkwardness.

However, the more vulnerable we are with who we are, the more rewarding and beautiful life can be. Hope you find your truth this year, too.

Emily A Crook

Emily Crook
Positive Youth Development Educator
La Crosse County Extension



UW-MADISON EXTENSION
LA CROSSE COUNTY

volunteer section >>>

Leaders Board Meeting

Date: Thursday, January 11th, 2024

Time: 6:45 p.m. (Open Forum)
7:00pm (meeting)

Location: Hamilton Town Hall in West Salem (N5105 Leonard N, West Salem WI, 54669)

We absolutely need a Vice President and At-Large Representative – come to the meeting and see how much you can contribute in this role!

2024 SUMMER CAMP!

- **Dates:** July 31st - August 2nd
- **Location:** Upham Woods, Wisconsin Dells

LET'S FORM A CAMP TEAM!

I need parents, 4-H volunteers, and youth 9th grade and up who love camp to work with me on getting our camp training and program ready. Being part of this team doesn't mean I'll beg you to Chaperone or be a Counselor. But I want your input and possibly your help in finding and training them. This could also develop into our own county's outpost adventure if enough are interested.

If you are interested, I want to get things started now for this experience. Please email me ASAP at emily.crook@wisc.edu.



leadership retreat



When: Saturday, January 13th, 2024

Time: 9:00 a.m. - 1:00 p.m.

Where: Halfway Creek Park, West Shelter
(400 Walnut Drive, Holmen WI)

RSVP: <https://forms.gle/eG7ugpQvaU3UpRTf9>

by January 5th

Who: Your club or project Leadership team - youth and adults! We will have some officer training for the youth, but we wanted this to be a good opportunity for adult volunteers and youth officers to get together and work on their club/project together. So invite your youth leaders, too! We also need help with hosting some of the officer tables. Let me know if you want to help mentor some youth officers.



shooting sports >>>

Archery and Pellet Gun Program

When: Saturdays

January 6th & 20th, 2024

February 3rd & 17th, 2024

March 2nd & 16th, 2024

Time: 8:00 a.m., 9:00 a.m., or 10:00 a.m

Where: La Crosse Archery (1231 Oak Forest Dr., Onalaska, WI 54650)

****Registration is closed****

La Crosse County 4-H Shooting Sports

 **LOGO WEAR**

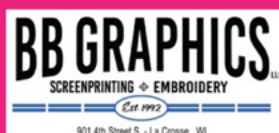


Use the link below or scan the QR Code to view all of the clothing designs!



www.4hshootingsports.com

All orders will need to be picked up directly from BB Graphics at 901 4th St. S., La Crosse. They will call you when your order is ready for pick up.



Swag!

La Crosse County 4-H Shooting Sports program is offering merchandise once again! This link is where you go: 4hshootingsports.com Share it with family and friends – it makes great holiday, graduation and birthday gifts!

youth leadership >>>

Ambassador Meeting

- **Date:** Sunday January 28th, 2024
- **Time:** 6:00pm-7:00pm
- **Location:** Room 1107, La Crosse County Admin Center (212 6th St N, entrance on 7th street side)

At this meeting we will explore what careers best suit your personality – taken with a grain of salt of course! Let's discuss what your trajectory looks like and how 4-H can support your journey.

2024 Citizen Washington Focus Trip

Date: June 2024 - Registration Opens Dec 1st!

Who: Grades 10-12 (minimum age of 15 at time of the trip)

Registration: Through 4HOnline - it fills fast!

Where: Statewide trip to Washington, DC.

Cost: Approximately \$1,750 –50% due at registration – Leaders Board covers the other 50%, then an additional 25% after the trip and you present! That's a total scholarship of 75%!

REQUIRED: to represent La Crosse County officially, you will need to participate in an interview with a member from our Board.

For more details visit: <https://tinyurl.com/WI4H2024CWF>

reminders >>>

Pick up your Pump House Items!

All items exhibited at our annual show are ready for pick up starting Tuesday, October 17, 2023. Our office hours are 8 am – 4:30 pm. If you can't make it during office hours, please email lacrossecounty4h@lacrossecounty.org or call 608-785-9593 to make alternate arrangements.

state 4-H opportunities>>>

wisconsin 4-H foundation celebrate the arts art contest

We're celebrating our Wisconsin 4-H artists for the 6th year. This contest opens November 1, 2023 and runs through January 15, 2024. The submission link will go live on/near 11/1/23.

All information is available here: <https://wis4hfoundation.org/celebrate-the-arts/>

animal sciences>>>

Horse Project Meeting

Date: Monday, January 29th, 2024

Time: 6:30pm

Location: Bangor First Responder Building

2024 YQCA

What: Youth for the Quality Care of Animals (YQCA) Training.

Who: Swine Auction Participants (Required) Livestock Project members (optional, encouraged!)

How: Online Training here:

<https://yqcaprogram.org/>

Cost: \$12 (\$3 reimbursed by Leader's Board with submitted completion certificate!)

When you complete your training, YOU need to save a copy of your completion certificate and:

- Email it to lacrosseyouthlivestock@gmail.com to meet your requirement for fair.
- Email it to lacrossecounty4h@lacrossecounty.org for \$3 reimbursement.

Any questions? Please reach out to us at 608-785-9593 or either of the emails above.

CLOVER COLLEGE 2023

- **Date:** Saturday February 10th, 2024
- **Time:** 8:45am - 2:30pm
- **Location:** Bangor Elementary School (701 14th Ave S, Bangor WI)

What is it? Come join us for the day and learn something new! All youth can attend class sessions to explore various project areas and complete hands-on experience. This is a day of dabbling brought to you by 4-H youth and volunteers from the community who want to share their favorite things!

Registration will be done via paper, one copy is included in this newsletter, and extra are available here: <http://tinyurl.com/mr4hchb6>. Registration and payment are due to the Extension Office by 4:30 p.m. January 25, 2024 - no refunds will be given after the deadline.

Classes will be filled on a first-come, first served basis, AND spots are only held once payment is received by the Extension Office. Payment can be mailed or dropped off at: La Crosse County 4-H, 212 6th St N, Suite 2200, La Crosse, WI 54601

We hope to see you there!

Parents Welcome!!

You will see some of our Clover College classes are welcome for Adults to attend with the kids, and in most cases, instructors welcome the additional supervision an adult can bring. We do have a class for New Families though! Please check out 4-H 101 if you have questions about 4-H or just want to know more.

In the classes of Sewing and Woodworking - an adult to accompany the kids is a requirement. This is one of those days where adults learn almost as much of the kids so make it a bonding activity with your youth! In all cases where adults are required, no additional fee is needed for the adult. Most of the classes that allow adults as well are free. However for the Kids Canvas class, please inform us if you are attending as well so we can plan ahead for space.

Lunch is Served!

There will be a light lunch served at a concession stand during Clover College served by volunteer youth and families from the Barre Badger 4-H Club. Please send youth with spending money if they would like to purchase lunch, snacks, or a beverage. \$5.00 should cover a lunch. Youth are welcome to pack their own lunches or leave with their parents to go off campus for lunch as well!

Do your Demonstrations at Clover College this year!

Demonstrations are an excellent way for youth to gain practice in public speaking. Every year, we hold a pre-fair judging opportunity for youth to exhibit their demonstrations. In the fair book, these are listed in Dept 31. To ensure a live audience for youth to present their exhibit, we're holding Demonstration judging during the lunch period of our Clover College event on Feb. 10th. Here are the entry options youth can choose:

- **Demonstration:** Teaching someone how to do something on any subject. Presentation must consist of an introduction, body, conclusion, and questions from the audience.
- **Illustrated Talk:** Show and tell the audience your knowledge about something. Visuals and charts are encouraged, including, but not limited to maps, charts, posters, graphs, pictures, slides, or models to explain what the participant is saying.
- **Action Center:** An informal presentation to someone passing by about any subject, with an emphasis on showing. Individual presenter or groups of 2-4 carry on conversations with people passing through. Handouts may be used, posters or pictures may be used, and passerby interact with the presentation. A good example of an Action Center presentation is a school science fair or a booth exhibit at an event.

If your 4-H member wants to give a demonstration at Clover College, please fill out this form: <https://forms.gle/e1DtpCR9ZXqcWU6p9>. These presentations are eligible for ribbons and premiums if they are also presented during fair week. Also, most youth who complete these demonstrations are considered for additional awards as well. Consider doing one this year! If you have questions, please reach out to Emily Crook at emily.crook@wisc.edu.

CLOVER COLLEGE 2024

Class Descriptions page 1

4-H 101

Who: New 4-H Parents

Time Slot: 9:00-10:30 AM

Cost: \$0 | **Class Limit:** 20

Learn how to get the most out of your 4-H experience and meet some accomplished members from our county.

CERAMiCS

Who: Grades K-13

Time Slot: All

Cost: \$15 fee with additional \$25 options

Class Limit: 12

Participants will paint a ceramic figure of their choice to take home (youth will need to bring a shoebox and an old towel to transport the item home). Please dress appropriately. Additional larger items are available at an additional cost. Please bring additional money if you want something larger.

BEGINNING SHOOTING SPORTS

Who: Grades 2 – 13

Time Slot: 9:00-10:30; 10:45-12:15

Cost: \$0 | **Class Limit:** 8

This class is intended for youth that have not been enrolled in a 4-H shooting sports class. All equipment and instruction will be provided by State certified instructors with an emphasis on safety. This class is a great way to try both archery and pellet gun but does not qualify for the fair tournament.

CLUB OFFICER TRAINING

Who: Grades 3-13 & Adults

Time Slot: 10:45-12:15

Cost: \$0 | **Class Limit:** 15

Taking on a new role in your club or thinking about running for an officer position next year? Learn how a well-oiled club functions and how you can make a difference. Parents interested in supporting officers are welcome, too!

CATCHY CLICKS

Who: Grades 3-13

Time Slot: 1-2:30 PM

Cost: \$0 | **Class Limit:** 10

Explore three areas in photography: lighting, composition, and skill building. Youth will use skills in Project book 2: Next Level Photography. Bring a camera and any other supplies you think you need! *You may be requested to model in photos! This is a great fair exhibit opportunity!

CLUB PERFORMANCE OPPS

Who: Grades 7-13 & Adults

Time Slot: 1:00 – 2:30 PM

Cost: \$0 | **Class Limit:** 15

Performance Art and Public Speaking are hallmarks of 4-H. Let's discuss how to bring this your club in new ways. A great leadership opportunity for older youth in your club, too!

CLOVER COLLEGE 2024

Class Descriptions page 2

DIVIDE AND CONQUER A HOUSE PLANT

Who: Grades K-13

Time Slot: 10:45-12:15 PM

Cost: \$0 | **Class Limit:** 20

Participants will plant and take home their own house plant. This is considered a first year plant to exhibit at the fair. If you have a special pot, bring it along! Learn how to take care of your house plant and other plant facts!

ELECTRONICS – BUILD A MOTOR

Who: Grades K-13 and Adults

Time Slot: All

Cost: \$5 | **Class Limit:** 12

Learn a bit about electricity (volts, amps, ohms) and DC (direct current) components: motors, switches, LED'S, resistors - and then build a car with a motor. This year, we add headlights!

HOME GARDENING

Who: Grades K-13

Time Slot: 1:00 -2:30 PM

Cost: \$0 | **Class Limit:** 20

Learn how to grow a garden at home! Grow from seed to harvest and learn a little about companion planting and plant layout planning.

MUSIC: EXPLORATION IN COMPOSING

Who: Grades 3-13

Time Slot: 10:45-12:15

Cost: \$0 | **Class Limit:** 15

Learn how to compose and produce music using GarageBand. We'll cover a bit of music theory, instrumentation, genres, and tips and tricks to hook your listeners. Let's make an original song!

SNOW GLOBE CANDLEHOLDERS

Who: Grades 4-13

Time Slot: 9:00 - 10:30 AM

Cost: \$0 | **Class Limit:** 15

The ladies from LAHCE will help you make snow scenes in upside down wine glasses with figurines and fake snow inside. Includes a battery operated candle on top!

PLASTIC CANVAS MAGNETS

Who: Grades 3-13

Time Slot: 9:00 - 10:30 AM

Cost: \$0 | **Class Limit:** 20

The ladies from LAHCE will have plastic canvas shapes like flowers, butterlifes and other easy pieces. A magnet will be glued on the back.

INTRO TO KNITTING

Who: Grades 3-13

Time Slot: 10:45-12:15

Cost: \$0 | **Class Limit:** 15

Who doesn't need a wash cloth? Learn how to do some basic knit stitches and work towards a knitting exhibit for the fair!

CLOVER COLLEGE 2024

Class Descriptions page 3

LEGO ROBOTICS - ENERGY!

Who: Grades K-5

Time Slot: All

Cost: \$5 | **Class Limit:** 15

Members of FIRST LEGO League, Team N.O.A.M. (Nerds on a Mission) will be leading youth in groups up to 3 to build and code a LEGO Wind Turbine or Carousel. Then we will power our builds by using LEGO robotics kits to motorize the builds and code them to move.

LAND SURVEYING: DRAW THE LINE

Who: Grades 5-13

Time Slot: 9:00 - 10:30 AM

Cost: \$0 | **Class Limit:** 15

Land Surveyors help people know where property lines are. You will learn the basics of this career and see equipment that is used!

AROUND THE WORLD IN 80 MIN

Who: Grades 5-13

Time Slot: 1:00 - 2:30 PM

Cost: \$0 | **Class Limit:** 15

Journey with Alex across many countries without leaving your seat! We'll explore historical events, famous landmarks, every day connections, fun facts, and some cool geography. No politics involved!

AEROSPACE INTRO

Who: Grades 2-8

Time Slot: 9:00 - 10:30; 10:45-12:15

Cost: \$0 | **Class Limit:** 15

You will experiment with whirligigs, balsa planes and landing on a landing strip. Launch fizzy rockets as we discuss the forces and motions principles of different aircraft.

WOODTURNING FOR FUN

Who: Grades 5-13

Time Slot: 1:00 - 2:00 PM

Cost: \$0 | **Class Limit:** 15

Coulee Region Woodworking Club offers a hands on class and demonstration of basic woodturning. Try your hand with small objects such as candlesticks, toys, and bowls.

AEROSPACE 2

Who: Grades 6-13

Time Slot: 1:00 - 2:30 PM

Cost: \$0 | **Class Limit:** 15

In this level 2 class, build a simple hovercraft, a foam glider, and a slingshot rocket as we discuss some of the history of aerospace and recent exciting events in the field.

PLANETARIUM

Who: Grades 3-13 & Adults

Time Slot: ALL

Cost: \$0 | **Class Limit:** 25

Paul Kinzer is back with his amazing StarLab Dome! This dome is an inflatable planetarium that highlights popular sites in our local sky. One of Emily's favorite classes!

2024 CLOVER COLLEGE REGISTRATION FORM (FRONT)

Registration Due Thursday, January 25th, 2024.

NO REFUNDS given after January 25th.

Drop off or mail registrations with payment to: La Crosse County UW-Extension
212 6th St. N, Suite 2200 La Crosse, WI 54601

First: _____ Last: _____ Grade: _____

I am a: ☐ 4-H Member ☐ Community Member Birthdate: ____/____/____

Email: _____ Phone: _____

Address: _____ City: _____ State: _____

Parent/Guardian Name(s): _____

Age: _____

Gender: ☐ Female ☐ Male ☐ Prefer Not to Answer

Ethnicity: ☐ Hispanic/Latino ☐ Non-Hispanic/Latino ☐ Prefer Not to Answer

Race: ☐ White ☐ Black/African American ☐ American Indian/Alaskan Native
☐ Asian ☐ Hawaiian/Pacific Islander ☐ Prefer Not to Answer

Event Rules:

I will start each class by sitting in a seat, waiting patiently for my teacher before touching anything, even if I have done this class before.

I will not take anything out of the classroom unless my teacher says it's okay to take.

I will not run or horseplay in the hallways between class sessions.

I will be respectful to my teachers and other volunteers I see throughout the day.

I will use my best listening skills throughout the day.

I will wear my nametag in a visible location for the day.

I will help keep the classrooms clean by picking up my own mess and making sure garbage makes it to a trash can.

Please go over these rules with your youth and have them sign their name below that they agree to abide by this year's Clover College rules:

Youth's Signature (printed or signed)

2024 CLOVER COLLEGE REGISTRATION FORM (BACK)

For each time slot, indicate your 1st, 2nd & 3rd choice

Please use a separate form for each participant. Additional forms are available at <http://tinyurl.com/mr4hchb6>

9:00AM-10:30AM	Choice #	10:45AM- 12:15PM	Choice #	1:00PM-2:00PM	Choice #
AEROSPACE INTRO Grades 2-8 \$0		AEROSPACE INTRO Grades 2-8 \$0		AEROSPACE 2 Grades 6-9 \$0	
BEGINNING SHOOTING SPORTS Grades 2-13 \$0		BEGINNING SHOOTING SPORTS Grades 2-13 \$0		WOODTURNING Grades 5-13 \$0	
CERAMICS Grades K-13 \$15		CERAMICS Grades K-13 \$15		CERAMICS Grades K-13 \$15	
ELECTRONICS Grades K-13 \$10		ELECTRONICS Grades K-13 \$10		ELECTRONICS Grades K-13 \$10	
LEGO ROBOTICS Grades 3-13 \$5		LEGO ROBOTICS Grades K-5 \$5		LEGO ROBOTICS Grades K-5 \$5	
PLANETARIUM Grades K-13 \$0		PLANETARIUM Grades K-13 \$0		PLANETARIUM Grades K-13 \$0	
LAND SURVEYING Grades 5-13 \$0		KNITTING Grades 3-13 \$0		CATCHY CLICKS Grades 3-13 \$0	
MAGNET CRAFT Grades 3-13 \$0		COMPOSE MUSIC Grades 3-13 \$0		HOME GARDENING Grades K-13 \$0	
SNOW GLOBE CRAFT Grades 4-13 \$0		DIVIDE & CONQUER Grades K-13 \$15		AROUND THE WORLD Grades 5-13 \$0	
4-H 101 CLASS Adults \$0		CLUB OFFICER TRAINING Grades 3-13 & Adults \$0		CLUB PERFORMANCE OPPS Grades 7-13 & Adults \$0	
MAKE CHECKS PAYABLE TO: LA CROSSE COUNTY EXTENSION		4-H MEMBER: (\$1) COMMUNITY MEMBER (\$5) SESSION FEES: \$ _____ TOTAL: \$ _____			

LUNCH IS SERVED!

There will be a light lunch served at a concession stand during Clover College by volunteer youth and families from the Barre Badger 4-H Club.

Please send youth with spending money if they would like to purchase lunch, snacks, or a beverage. \$5.00 should cover a lunch. Youth are welcome to pack their own lunches or leave with their parents to go off campus for lunch as well!

2023-2024 Event Dates

- 1-06-2024: Archery/Pellet Gun Program Starts
- 1-13-2024: 4-H Leadership Retreat
- 2-10-2024: Clover College
- 3-09-2024: Expressive Arts
- 4-28-2024: Fur, Fin, Feather
- 7-31 to 8-02-2024: Summer Camp

FORMS SECTION

There will ALWAYS be paper options, and if you'd like paper copies, please just let us know and we will provide them for you.

yqca training: <https://yqcaprogram.org/>

january 2024

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3	4	5	6 Archery & Pellet Gun
7	8	9	10	11 Leaders Board Meeting	12	13 Leadership Retreat
14	15	16	17	18	19	20 Archery & Pellet Gun
21	22	23	24	25 Clover College Registration Due	26	27
28 Ambassador Meeting	29 Horse Project Meeting	30	31			

COOPERATIVE EXTENSION SERVICE

United States Department of Agriculture
University of Wisconsin—Extension
La Crosse County Offices
212 6th St. N Suite 2200
La Crosse, WI 54601

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4-H Contact Information:

LaCrosseCounty4H@lacrossecounty.org
608.785.9593
608.789.4808 (fax)

The Cloverline can be found in color and with hyperlinks online at <https://lacrosse.extension.wisc.edu/4-h-youth-development/cloverline-newsletter/>

We thank all who volunteer their time and talents to contribute to this newsletter.