



UW-MADISON EXTENSION  
LA CROSSE COUNTY

# Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

March 2023

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*...and much more!*

## Problem Solving

There is no end to doing this in life: solving problems. It's also one of those things, like a muscle, that the more you practice or exercise it, the easier that task is. Regardless of the problem, we seem to relax in our ability to trust that either we will solve it, someone else will solve it, or we'll move along realizing it wasn't that important anyway.

Yet the younger we are, the more stressful problems can be because well, life experience hasn't taught us these things yet. In this article "Simple Ways to Help Your Child Become a Better Problem Solver," (<https://www.pbs.org/parents/thrive/simple-ways-to-help-your-child-become-a-better-problem-solver>), the message in this article is to not swoop in to save the day.

It's hard to sit on our hands, watch the struggle and not intervene. SO HARD. I'm trying to not do this as well. Instead we can acknowledge that problems are a part of life, we can share the problems we are working on, too (age appropriate ones are helpful).

We validate the emotions that come with having problems – being overwhelmed, sad, scared, anxious, frustrated, angry, but also – hopeful, forgiving, and strong. Remembering how we tackled other problems will help us feel confident that this one will be okay, too, someday. And when the time is right – asking if they have ideas on how to solve the problem, if the problem is solvable, or if they want help with ideas will all help your child build that resilience.

This is one of the more deceptively hard things to do as parents: watch. But hopefully, with the right assist, your youth will be handling their problems with trust, confidence, and fortitude.

We got this.

Emily Crook  
Positive Youth Development Educator  
La Crosse County Extension

# youth leadership >>>

## Ambassador Meeting

- **Date:** Sunday March 26th, 2023
- **Time:** 6:00pm-7:00pm
- **Location:** La Crosse County Admin Center (212 6th St N, entrance on 7th street side)

We will be reporting on Foods Workshop, gearing up for Summer Camp and finalizing details of Day Camp!

## Citizen Washington Focus Trip 2023

- (Summer trip dates and winter registration dates coming soon!)
- For grades: 10th-12th (minimum age of 15 at time of trip)
- Registration is through 4HOnline
- Cost is approximately \$1,750 - La Crosse Leaders' Association has scholarships to cover up to 75% depending on how many attend
- For this event, the Leaders' Association will interview candidates for scholarship.



The invitation hasn't gone out yet, but it will soon! Citizenship Washington Focus, or CWF for short, is the premier week long 4-H citizenship and leadership experience. CWF brings 4-H delegations from all over the country to stay in Washington D.C., our Nation's Capital! Participants learn about the roles of Senators and Representatives in the United States' government and how these parts work together to form an effective Congress. Additionally, youth get to see and experience government in action by meeting with their State's members of Congress and watching a House of Representatives meeting. Delegates will also get the opportunity to tour our Nation's Capital and experience the culture that comes with it. After completing the CWF program, they will have stronger knowledge about being an active citizen and our Government. They will also have the opportunity to discover new skills and be exposed to different perspectives and cultures from around the U.S. On top of all this, it gives delegates another opportunity to bond and network with other 4-Hers from Wisconsin and beyond.

For more information please visit the website: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/citizenship-washington-focus/>

## 2023 Event Dates

- 3-11-2023: Foods Workshop
- 3-17 - 3-19-2023: ArtBEAT
- 04-16 - 06-4-2023: Holmen Archery Program
- 04-29-2023: Fur, Fin Feather
- 05-06-2023: Camp Counselor + Chaperone Training
- 06-11 - 06-13-2023: Summer Camp
- 06-23-2023: 4-H Tailgate
- 06-26-2023: Foods Revue
- 07-12-2023: Clothing Revue
- 07-19 - 07-23-2023: La Crosse Interstate Fair
- 07-28-2023: 4-H Loggers Day
- 08-02-2023: Day Camp!
- 10-14-2023: 4-H Craft Fair
- 10-26-2023: Achievement Celebration

# volunteer section >>>

## Summer Camp Counselors and Chaperones Needed!

**Summer Camp Date:** June 11-13th, 2023

**Location:** Upham Woods, Wisconsin Dells

- Camp Counselors are youth in grades 9-13. You will gain incredible leadership experience while having a great time making memories at camp!
- **Camp Counselor Application Deadline: April 1, 2023 | Camp Counselor Training Date: May 6, 2023 (Location TBD)**
- Camp Counselor Application: <https://forms.gle/6SzmmPNYaqc9MG8DA>

Summer Camp Chaperones - we really need a male chaperone or two. In 4-H camp, Chaperones are adults 21 years and older. They are there to be of assistance to youth counselors when an adult is needed. We will train you along with the counselors so you are aware of what your responsibilities are. Training Date: May 6, 2023 (Location TBD) Interested in being a Chaperone? Please reach out to Emily Crook at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).

## Leaders Board Meeting

**Date:** Thursday, March 9th, 2023

**Time:** 6:45 p.m. (Open Forum)  
7:00pm (meeting)

**Location:** Hamilton Town Hall in West Salem (N5105 Leonard N, West Salem WI, 54669)

We are still in need of someone to take on the role of Vice President – if you might be interested in this leadership position – please reach out to Emily Crook at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).

## Updated Volunteer Training

This Fall we are working on consolidating and streamlining our trainings for volunteers into a format that is easier to complete and digest. For now, please note that for overnight events, where youth are not in the presence of their parents, groups need at least 2 chaperones trained in Supporting Youth Mental Health. If you need this training, it's being offered in person and online, I can open a local in person one, just let me know you need it. (And if you aren't sure if you need it, please reach out to me and we'll figure it out!) For those who are not chaperones, just to ensure we're all aware of the trainings needed at this time for anyone registering to be a volunteer - they are:

### **Volunteer Training Modules:**

- Module 1: Complete UW Madison Title IX Training
- Module 2: Complete UW System Mandated Reporter Training
- Module 3: Complete Division of Extension Volunteers In Preparation (VIP) Training\*\*
- Module 4 (for chaperones only): Volunteers serving as a chaperone will need to also complete the Supporting Youth Mental Health Training

For the information and registration for these trainings - please visit here: <https://4h.extension.wisc.edu/resources/wisconsin-4-h-policies/4-h-volunteers/>

And for any questions, please reach out to Emily at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu) or 608-785-9593

# animal sciences >>>

## YQCA

Anyone planning on auctioning swine, sheep or beef this summer at the La Crosse Interstate Fair (our county fair!) needs to complete the 2022 Youth for the Quality Care of Animals (YQCA) training. It's a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. Every year the course is a little different, but it is solid quality education from some serious organizations. And this year, the La Crosse Youth Livestock Committee is requiring all youth in livestock projects who plan to auction this summer to complete this training. A special note: this is only for youth who plan to participate in the auction. It's not required of any other animal exhibits, just the auction.

Online training: Costs \$12 and is available right at this very moment at <https://yqcaprogram.org/>. You can take the training or do a test-out for certification.

The La Crosse 4-H Leader's Association will reimburse \$3/youth when they receive a copy of the completion certificate.

When you complete your training online, YOU need to save a copy of your certification and email it to [lacrosseyouthlivestock@gmail.com](mailto:lacrosseyouthlivestock@gmail.com) (and if you request reimbursement, please email it to [lacrossecounty4h@lacrossecounty.org](mailto:lacrossecounty4h@lacrossecounty.org) as well). Any questions? Feel free to reach out to us: 608-785-9593 or either the emails above.



## Drill Team

Are you interested in growing your horsemanship skills and seeing what Drill Team has to offer? This year, we are hoping to add a new team to perform at the La Crosse County Fair. This is a great opportunity to experience the thrill of drill with a smaller commitment. Contact Macy Carty at [mcarty.wi@gmail.com](mailto:mcarty.wi@gmail.com)

if you are interested in learning more!

## Fur, Fin & Feather

The Fur, Fin and Feather Show is open to all youth in grades 3-13. There are some classes available for K-2nd. The show gives our youth an opportunity to show their rabbits, poultry, cats and small pets, with face-to-face judging. They get pointers and learn hands-on about their animal and how to improve when showing at the fair.

In addition to the animals, there will also be a poster and an animal photography show. Join us for educational sessions and a poster exhibition, raffle, and Roger Moeller Small Animal Equipment will be vending. Lunch will be available for purchase.

**Date:** Saturday, April 29th, 2023

**Time:** 10:00am - Noon

**Location:** Barney Center, 1000 E. Montgomery Sparta WI

The Teaching Show is hosted by La Crosse, Monroe, Richland and Vernon County 4-H. Full rules, regulations, and entry forms can be found: <https://vernon.extension.wisc.edu/4-h-youth-development/4-h-opportunities/>



## Horse Project Meeting

**Date:** Tuesday, March 14th, 2023

**Time:** 6:30pm

**Location:** Farm Progress Building, La Crosse Interstate Fair Grounds

## Goat Project Meeting

**Date:** Sunday, March 26th, 2023

**Time:** 3:00pm

**Location:** Onalaska Community Center (515 Quincy St, Onalaska, WI 54650, USA)

# senior scholarships >>>

Reminder that 4-H members in their Senior year of High School have the opportunity to apply for various 4-H and other scholarships. To find the scholarships, their deadlines, and applications, please visit: <https://lacrosse.extension.wisc.edu/4-h-youth-development/youth-leadership/graduating-senior-scholarships/>.

Our local 4-H scholarships include:

- La Crosse County 4-H Leaders Association Scholarship - Due March 1st
- La Crosse County 4-H Shooting Sports Scholarship - Due April 1st
- La Crosse County Agriculture Society Scholarship - Due April 1st

All families with graduating seniors were notified of these opportunities earlier, however, for those with juniors, be sure to check back on this page. Some scholarships are due earlier in the school year like December. Don't forget to also check with your school guidance office, your other youth serving organizations, and parent professional groups. People LOVE to support youth in their education and growth.



# shooting sports >>>

## Holmen Archery Program

**When:** Sundays

April 16th, 23rd, & 30th, 2023

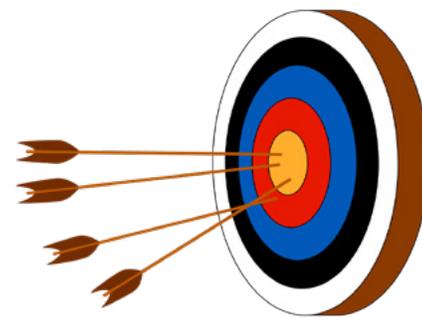
May 7th & 21st, 2023

June 4th, 2023

**Who:** Youth in Grades 3+

**Time:** 9:00 a.m., 10:00 a.m., or 11:00 a.m.

**Where:** Arrows in the Square (N7681 Caseberg Coulee Rd., Holmen WI 54636 (Outside))



Registration Form here: Holmen Archery Program Registration Form 2023: <https://forms.gle/hCLTHpZw5cy5QdXv6>

These sessions will be outdoors! Youth will learn safety and shooting basics with support from trained program leaders. The experienced archer will also have the opportunity to refine their skills, too. Participants will practice in a fun, engaging way with the opportunity to compete in some friendly competitions. In addition, participation in this program will help youth fulfill the safety session requirements needed to compete in the La Crosse Interstate Fair Archery Tournament. Youth do not need to bring their own equipment for the Holmen Archery Program. All needed equipment is available for use.



## Shooting Sports Apparel

La Crosse 4-H Shooting Sports worked hard to update their logo this year and have an opportunity for families to purchase merchandise here: <http://www.bbgraphics.net/4hss.html>.

## Archery and Pellet Gun Program Dates (Registration Closed)

Those who have signed up for the series have received a lot of emails updating on the new location. For those who may have missed:

Dates Remaining of the Workshop: Saturdays March 4, March 18.

The location for the remaining dates is the Rubber Mills Warehouse 1501 Andrew St, La Crosse (Lots of parking available. We will have signage to help direct you inside the building.)

**A NOTE THAT THIS IS NOT HEATED. Please dress appropriately.**

# Introducing the 2023 Summer Academy >>>

Wisconsin 4-H and UW-Madison Extension are excited to announce a new student opportunity: the Summer Academy!

This program is open to any 4-Hers in grades 7-10 and will be held from June 19-22, 2023 on the UW-Madison campus. Students will be able to experience life in a residence hall, with the chance to build lifelong friendships with other students from across Wisconsin.

The theme of the inaugural Summer Academy is “Exploring Your WHY,” with the goal of providing students the resources to discover pathways to their futures. There will be chances to learn about higher education from UW-Madison and Madison College, as well as career discovery and networking opportunities.

Students will be able to choose from 7 SPARK tracks to learn what it takes to have a career or hobby in a field that fits them the best. These tracks are:

- Arts & Communication
- Leadership & Civic Engagement
- Agriculture & Animal Science
- STEM (Science, Technology, Engineering, and Math)
- Human Services (Head, Heart, Hands, and Health)
- Construction & Trades
- Hospitality Management & Culinary Science

During the event, there will also be fun activities and entertainment from the Wisconsin 4-H Leadership Council, the Wisconsin 4-H Drama Company, and more!

Registration opens in April, keep an eye on this page: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/summer-academy/> for more information to come! We can't wait to see 4-Hers from all of your counties this June!

**SUMMER ACADEMY**  
**Exploring Your WHY**  
**2023**

On the UW-Madison Campus!

**JUNE 19-22**  
**GRADES 7-10**  
**\$350/youth**  
**Scholarships Available!**

Youth will explore higher learning opportunities and future career paths along one of seven SPARK tracks:

- ✦ Arts & Communication
- ✦ Agriculture & Animal Science
- ✦ Leadership & Civic Engagement
- ✦ STEM (Science, Technology, Engineering, & Math)
- ✦ Human Services (Head, Heart, Hands, & Health)
- ✦ Construction & Trades
- ✦ Hospitality Management & Culinary Science

**Build Networks & Friendships!**

**Registration opens in April**

Presented by:   Extension UNIVERSITY OF WISCONSIN-MADISON

## FORMS SECTION

For the 2022-2023 we have decided to make things as mobile friendly as possible. People don't have printers anymore, it's just inconvenient. There will ALWAYS be paper options, and if you'd like paper copies, please just let us know and we will provide them for you. However, we're going to look at making all forms online, and having them permanently in the Cloverline, so if you need a form, you have it. They will be on our website as well. As forms come to be, we'll start posting them in this section and will focus on events and club forms first.

### Arrows In The Square:

<https://forms.gle/hCLTHpZw5cy5QdXv6>

### Foods Workshop:

<https://forms.gle/26in1xzTqNhCY48L6>

### Camp Chaperone Application:

<https://forms.gle/dhXcvhDu8iHRAiPKA>

### Camp Counselor Application:

<https://forms.gle/VY5912MoUZCPWd3c8>

# AREA 13 SUMMER CAMP

**When:** Sunday June 11th - Tuesday June 13th, 2023

**Location:** Upham Woods, Wisconsin Dells

**Cost:** Generally \$150-\$160 for youth. Will confirm closer to the date with registration. Leader's Association covers half the cost of 4-H members.

#### Who attends:

- Youth 4-H and community members in grades 3-8 during the 2022-2023 school year
- Camp Counselors in grades 9+ (especially need male counselors!)
- Adult Chaperones ages 21+ (especially need male chaperones)
- 4-H Educators

We can only take so many youth per adult chaperone (ratio is 10:1 but at camp we don't all neatly fit in groups of 10). So in order to offer as many possible youth slots for a great camp experience, I'm hoping to get 4 adult chaperones from our county. It's a large ask. You might have to take time off. But if I can get 2 men and 2 women (or more!) to step up NOW, I can promise a great camp experience for our campers.

You don't have to be an avid camper to chaperone at camp. You don't have to be an avid 4-Her. We will train you in your responsibilities, and ensure you have a rewarding experience. This is not a tent camp. It's a cabin camp (if that helps). This might be something if all your kids are going, or a first-timer is going, maybe you want to come with! Or maybe you don't have kids old enough to go, or they aged out, or no kids yet, but you want to help and join in the fun. Your camping fee is covered! Curious? Have questions? Interested? Email Emily at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu). And we'll discuss!

## Reminder: Art BEAT

Can you hear the BEAT? What BEAT? ArtBEAT! What BEAT? ArtBEAT!

**Who:** Grades 3-5

**When:** March 17th-19th, 2023

**Where:** Upham Woods, Wisconsin Dells

Registration Deadline has passed.

This is an introductory program for Wisconsin 4-H Arts and Communication where 4-H members will have the opportunity to explore their own creativity while discovering a variety of 4-H Arts & Communication experiences available to them now and in the near future. The weekend will feature a variety of arts projects including music, drama, visual arts, and more! Camp check-in begins Friday at 6:30 pm and runs through Sunday at 11:00 am.

For additional information check out: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/art-beat/> For more information contact: Laura Pine, 4-H Educational Programs Coordinator at 608-262- 1222 or [lpine@wisc.edu](mailto:lpine@wisc.edu) or Amber Rehberg, State 4-H Arts & Communication Support, at 715.784.1540or [amber.rehberg@wisc.edu](mailto:amber.rehberg@wisc.edu).



## policy section

Read on for a different policy highlighted each month with links to where you can read more about it, and also submit feedback to the people with authority.

We want our environments to be as safe as possible for our youth, but we also acknowledge 4-H needs to do a lot of a trial... and error... and FUN. If you have questions or concerns on how to adhere to these policies Emily is always willing to chat with you about it and get you the information and the resources you need.

### **THIS MONTH WE LOOK AT: MODEL ROCKETRY - ONE OF EMILY'S FAVORITE EDUCATIONAL ACTIVITIES!**

The new 4-H Club and Group Financial Handbook contains information for club leaders and other volunteers about 4-H finances and includes:

- Wisconsin 4-H staff or 4-H volunteers must provide direct supervision of youth for any 4-H rocket launching activity.
- Wisconsin 4-H staff, 4-H volunteers and 4-H members who are actively engaged in the rocket launching process must wear [safety glasses](https://www.osha.gov/eye-face-protection). (<https://www.osha.gov/eye-face-protection>)
- Wisconsin 4-H staff, volunteers and members must follow the [National Association of Rocketry Model Rocket Safety Code](https://www.nar.org/safety-codes-2/) (<https://www.nar.org/safety-codes-2/>) and the rocket manufacturer's safety guidelines when launching model rockets that are under 2 lbs. in total weight and have no more than 4 oz. of propellant.
- Model rockets that exceed these limits, rockets with high-power motors (class H and higher), or complex rockets that have additional regulatory, safety and liability implications will need to be authorized by Wisconsin 4-H Program Manager and the University of Wisconsin-Madison Office of Risk Management prior to launch.
- 4-H Volunteers leading model rocketry launching activities will annually certify through 4-H Online that they have reviewed and will follow all National Association of Rocketry Model Rocket Safety Code and guidance.

To find the Handbook – follow this link: <https://4h.extension.wisc.edu/4h-resources/wisconsin-4-h-club-financial-handbook/>

# nature art classes >>>

## Mindfulness Club for Kids

**Days:** Thursdays from 4-5:30pm for 6 weeks  
**Dates:** March 23rd, 30th  
April 6th, 13th, 20th, 27th  
**Ages:** 7-12  
**Cost:** \$65  
**Location:** Halfway Creek Park East Shelter near Holmen Library (211 Pool St)

**Registration here:** [https://anc.apm.activecommunities.com/holmenwirec/activity/search/detail/7744?onlineSiteId=0&from\\_original\\_cui=true](https://anc.apm.activecommunities.com/holmenwirec/activity/search/detail/7744?onlineSiteId=0&from_original_cui=true)

Learn mindfulness techniques for developing calmness and easing anxiety, including meditation, visualization, expressive writing and forest bathing while exploring outdoors on the trail. Journals provided and no previous experience required. This program is held outdoors, with access to building in case of inclement weather.

## Wild Fridays: Nature Art & Play

**Days:** Fridays from 4-5:30pm for 6 weeks  
**Meets:** Deer Wood Park Shelter for April 14th, 21st, 28th  
Halfway Creek Park Shelter East Near Holmen Library  
May 5th, May 12th, May 19th  
**Ages:** 6-12  
**Cost:** \$70

**Registration here:** [https://anc.apm.activecommunities.com/holmenwirec/activity/search/detail/8298?onlineSiteId=0&from\\_original\\_cui=true](https://anc.apm.activecommunities.com/holmenwirec/activity/search/detail/8298?onlineSiteId=0&from_original_cui=true)

This program offers youth the chance to combine outdoor exploration and creative expression. We will explore natural materials, scientific observations and artmaking. Participants will explore a variety of art mediums including oil painting and colored pencils for sketching. Youth will decorate a nature journal and make artwork to take home each week. All materials will be provided. Dress to be outdoors on the trail. Please wear clothes and shoes that are appropriate for the weather and can get dirty!



## la crosse interstate fair section

July 19th - 23rd, 2023

### 4HOnline Projects!

Please double check that the projects you enrolled with in 4HOnline are going to correspond with the departments you hope to exhibit in at the fair. You will need to enroll in the appropriate projects **by April 1, 2023**. Families should be able to change projects as needed on their own, but if you need help or have issues – please email [lacrossecounty4h@lacrossecountyr.org](mailto:lacrossecounty4h@lacrossecountyr.org) and we'll help!

For context – please visit review our Project Handbook found here: <https://lacrosse.extension.wisc.edu/files/2022/08/2022-2023-Project-Guide.pdf> and reference the 2022 fair book here: [http://lacrosseinterstatefair.com/exhibitor\\_handbook](http://lacrosseinterstatefair.com/exhibitor_handbook). A new fair book should be out around May 2023, but you can use the 2022 issue to double check your projects.

### Fair Clerks Needed

What do fair clerks do you ask? They help the judge of each department keep thoughts and exhibits organized. They write down who receives what ribbons, merit awards, and general feedback if necessary. It's a great way for kids to learn more about the fair process and that department as well as a great way to get some volunteer experience. If youth or adults are considering other positions at the fair like being a superintendent or a judge – this is a great way to start! If interested, email Carlie Scriver at [carlie.scriver@yahoo.com](mailto:carlie.scriver@yahoo.com)

# clover college 2023

## thank you to all of our instructors and participants!



# FOODS WORKSHOP

**Date:** Saturday, March 11th, 2023  
**Time:** 9:00am - Noon  
**Location:** County Admin Building (212 6th St N - parking on 7th St)  
**Who:** Youth in graded 5K+  
**Cost:** FREE!

Deadline for registration: March 1, 2023 – or if we hit 50 participants – whichever is first.

In this workshop – we want to help current 4-H members refine their exhibit details in the foods department for fair: learn how to cut brownies and bread, figure out how to make a consistent drop cookie and practice icing skills, and what is the foods revue - what do I do for that? Join the Superintendent for Junior Foods, Betty Sacia, and Foods Revue, Peggy Maricle, along with Mikayla Fechner, experienced Foods 4-H Alum and exhibitor, as we answer your questions about all things Foods!

REGISTRATION FORM: <https://forms.gle/26in1xzTqNhCY48L6>

## club corner>>>

### Mississippi Mud Service Project



At our February meeting, Mississippi Mud 4-H members assembled “RAK” bags to give to homeless people. (RAK = Random Acts of Kindness) These bags included Socks, Chapstick, Deodorant, Toothpaste, Toothbrushes, Snacks, Handwarmers, Soap, and Gloves. Member families donated items. The rest of the supplies were purchased with a Thrivent Action Team. The bags also included contact information for people to find additional assistance in the La Crosse area. Members wrote inspiring notes to add to the bags. Our club assembled 35 bags.

Twenty-three of these bags were given to Catholic Charities for their warming center. Members took the rest of the bags home with them. Members are encouraged to give these bags out when they see someone in need. We hope to impact the homeless community with a little bit of kindness and love. We also hope this project encourages our members to continue to show Random Acts of Kindness throughout the rest of this year and throughout their lives.



# new family section

Each month we hope to provide some helpful hints, definitions, and to-dos to assist new families in joining in on club and county activities. If you haven't been invited to a club meeting yet, please reach out to our office at [lacrossecounty4h@lacrossecounty.org](mailto:lacrossecounty4h@lacrossecounty.org).



For more information on 4-H volunteering - visit <https://4h.extension.wisc.edu/resources/volunteer-resources/> to learn more!

## camp

Summer Camp has been a staple for many youth growing up and in 4-H we recognize the importance of this experience for the development of children. It gives a sense of autonomy and a taste of independence, in a very trusted, safe, and fun environment! Wisconsin 4-H usually utilizes the facility at Upham Woods near Wisconsin Dells for summer camps, however, other counties might be different! Clubs might go camping together or do other overnight activities as well. So there are many opportunities for this crucial youth development. In La Crosse County, we provide camp opportunities with other counties in Area 13. We do day camps and overnight camps that stay in cabins, and outpost camps that do more survival activities for older youth in tents.

## at the meetings

Ask around to see who has done a county camping experience. What did they like about the experience? How would they do things differently? Do they have any suggestions for how to prepare? Do YOU like camping? Sometimes clubs don't do things because no one steps up to lead the experience. If this is something you are good at, see if anyone wants to help in planning an experience for your club - or even better offer your skills to Emily at the county office to make our county camp trip spectacular!

## county communications

You have seen notices in the Cloverline about the request for Camp Counselors and Chaperones. The counselors are youth in grades 9+ that will help provide additional support for camp staff, and the youth participating. Chaperones are adults age 21+ who have completed Supporting Youth Mental Health Training. For the link to the newsletter on camp, visit here: <https://tinyurl.com/newfamcamp> For all the newsletters for New Families - please visit here: <https://tinyurl.com/newfamnews>

## new family newsletter

For more information on 4-H volunteering - visit <https://4h.extension.wisc.edu/resources/volunteer-resources/> to learn more!

# march 2023

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1	2	3	4 Archery & Pellet Gun Program
5	6	7	8	9 Leaders Board Meeting	10	11 Foods Workshop
12	13	14 Horse Project Meeting	15	16	17 ArtBEAT	18 ArtBEAT  Archery & Pellet Gun Program
19 ArtBEAT	20	21	22	23	24	25
26 Goat Project Meeting  Ambassador Meeting	27	28	29	30	31	

**MORE OPPORTUNITY**

**MORE SMILES**

**NOTHING SHOULD HOLD A KID BACK.**

**COOPERATIVE EXTENSION SERVICE**

United States Department of Agriculture  
University of Wisconsin—Extension  
La Crosse County Offices  
212 6th St. N Suite 2200  
La Crosse, WI 54601

NONPROFIT ORGANIZATION

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**4-H Contact Information:**

LaCrosseCounty4H@lacrossecounty.org

608.785.9593

608.789.4808 (fax)

The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.