



Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

January 2022

in this issue >>>

- » Community Opportunities
- » American Spirit Trips
- » Blain's Virtual Show Event
- » YQCA
- » Ambassador Meeting
- » VIP Training
- » Clover College Registration
- » Leaders Board Meeting
- » New Family Section
- » Fur, Fin, and Feather Event

...and much more!

What's going to carry you through 2022?

Let's talk about burn out. Here's what it looks like for me: I'm excited to get events going, but sad and completely unmotivated when a location cancels and I'm at a loss of what to do next. I'm completely excited to connect with new partners in the community, and then absolutely overwhelmed with my lack of self-confidence in what I can bring to the relationship. Where I was delightfully challenged with newness and opportunities to overcome obstacles creatively, and now... well now I just want to sleep. Instead of being the fun parent I wanted to be - I'm the annoyed overstimulated crab living under a blanket.

Maybe this doesn't resonate with you. Would a car metaphor work better? Read this article: "Burnout and Why it is a Big Deal" (<https://tinyurl.com/4hburnout>) by Carissa Weber, MA, LPC, CSAC - who happens to be another 4-H parent out there (note: this is not related strictly to 4-H burnout, but could be!). She'll help you picture what's actually going on in your brain and then how to stop it before you slide into depression.

Rest, sleep, happy thoughts, meditation are all parts of how to rejuvenate - but a lot of the suggestions out there are simply - what do you need to do right now? What is going to FEEL like rest? And no Emily - it's not playing Candy Crush. It's just not, even if you think it is. For me, it's actually something that ignites excitement and wonder - like the James Webb telescope! It's a weird fixation, but instead of being embarrassed about it, I'll embrace and learn more about it. What's going to carry you through 2022?

Emily A Crook

Emily Crook
Positive Youth Development Educator
La Crosse County Extension



COMMUNITY OPPORTUNITIES

The 4000 Foundation, Limited
presents ... **La Crosse's 30th Annual
GREAT TRI-STATE
RAIL SALE**



**THE TRI-STATE'S LARGEST ONE DAY
HOBBY SALE • MODEL RAILROAD FLEA MARKET • SWAP MEET**

300 Vendor Tables featuring ...

All Scales Equipment & Accessories

- Railroad Antiques & Memorabilia
- R.R. Books, Magazines & Pictures •
- Hobby Supplies • Die-Cast Models
- Antique Toys • *and much, much, more!!*

**Saturday, January 29th, 2022
9:00 a.m. - 3:00 p.m.**

Admission \$5.00 - Children under 12 FREE

LA CROSSE CENTER

2nd & Pearl Streets • La Crosse, Wisconsin

Swap Tables • Hobby Dealers

For Information and Reservations:

The 4000 Foundation, Limited

P.O. Box 3411 • La Crosse, WI 54602-3411

Phone: 608-781-9383 or 608-498-9522

www.4000foundation.com

The great Tri-State Rail Sale is a production of the 4000 Foundation, Limited in partnership with the La Crosse Parks & Recreation Department.

All Proceeds go to Maintain and Restore the La Crosse Short Line Railroad Heritage Museum

— NEXT SHOW —

RAIL FAIR

SATURDAY, JULY 16th, 2022

held at: COPELAND PARK, Rose & Clinton Streets

Boys and Girls Club & School District of La Crosse - Drivers Needed

Youth Organizations stick together in La Crosse. And the BGC and District of La Crosse is looking for morning drivers to get over 90 homeless youth to school. This is a paid position, and the shift starts at 6:30am. They need someone consistent who is 21 or older. If you or someone you know needs some part-time work, and wants to do something good for the community, please reach out to Andy Kiel at andy.kiel@bgclax.org.

Wild Fridays: Nature & Art Play

Meets: Fridays 9:30 AM - Noon

Dates: January 7 & 21; February 4 & 18

Cost: \$25/week or \$145 for all 6 weeks

Locations: Vary on date but all La Crosse or Onalaska

This outdoor education program offers youth ages 5-11 the chance to combine nature exploration and creative expression. We will explore natural materials, scientific observations and artmaking. This program is held entirely outdoors on the trail, so dress warm with snow pants and winter gear. During the winter months we focus more on large motor skills like building forts and shelters and making land art and creative play. Nature journaling is a core part of the experience and all sketching materials are provided. Bring a warm beverage and a snack. Caregivers are welcome to stay but not required.

For more information or to register visit the site: <https://www.ecoexpressions.org/event-calendar> or email Jan Wellik, EdD, Director of Eco Expressions, at jan.wellik@gmail.com

youth leadership >>>

American Spirit 2022 Trips

We are excited to see that American Spirit is back on the calendar!

Dates of Travel: June 3-12, 10-19 or 17-26, 2022

Highlighted Location(s):

- Maumee, Ohio
- Philadelphia, Pennsylvania
- New York City, New York
- Boston, Massachusetts
- Lexington/Concord, Massachusetts
- Gloucester, Massachusetts
- Niagara Falls, New York

What is this Experience:

Experience history & heritage by immersing in a 10-day bus journey to the East Coast — Youth-led content throughout the experience — Increase knowledge of American history while experiencing where it occurred — Dynamic exposure to diverse cultural experiences and perspectives of the foundation of our nation.

Participant Eligibility:

- All youth grades 8-10 (Youth in 11th -12th grade eligible for 2022 dates ONLY)
- Pre-Registration in 4-H Online 2.0 open January 3-14, 2022. Youth and their parent/guardian must complete the online registration together; it includes several questions for the youth participant to answer!
- Each experience is limited to 44 youth, decisions about who is selected to travel are based on the following factors: first-come-first-serve registrants, # of youth per experience, full rooms by identified gender, ages of youth traveling together, eligibility to participate in future years
- Estimated Cost of Experience = \$1,650 (La Crosse Leaders Association will award up to 4 scholarships of 75% of cost (about \$1,237.50).

REGISTRATION PERIOD: January 3 - 14, 2022 in 4HOnline.

animal sciences >>>

YQCA Training

Anyone planning on auctioning swine, sheep or beef this summer at the La Crosse Interstate Fair (our county fair!) needs to complete the 2022 Youth for the Quality Care of Animals (YQCA) training. It's a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. Every year the course is a little different, but it is solid quality education from some serious organizations. And this year, the La Crosse Youth Livestock Committee is requiring all youth in livestock projects who plan to auction this summer to complete this training. A special note: this is only for youth who plan to participate in the auction. It's not required of any goat exhibits.

- Online training: Costs \$12 and is available right at this very moment.
- In person training: Costs \$3 next date is: **Monday, February 21, 2022, 6:30 p.m. at the County Admin Center** (212 6th St N, La Crosse)
- Both training versions require pre-payment online (yqca.org) and the La Crosse 4-H Leader's Association will reimburse \$3/youth when they receive a copy of the completion certificate.

When you complete your training online, YOU need to save a copy of your certification and email it to lacrosseyouthlivestock@gmail.com (and if you request reimbursement, please email it to lacrossecounty4h@lacrossecounty.org as well). Any questions? Feel free to reach out to us: 608-785-9593 or either the emails above.



bits n' pieces >>>

New Eco-Wilderness Group

A new site for the Eco-Wilderness Group is up and running here: <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/eco-wilderness/> and is linked on the Project Page. On this page you'll find what the group is working on but ALSO some fun activities for any 4-H family. Be sure to check it out to keep your family outdoors and active this winter!

animal sciences >>>

Blain's Show Virtual Event

Date: Thursday, January 6th, 2022

Time: 6:00pm-7:30pm

Location: Virtual-Platform: Microsoft Teams

RSVP: Required (<https://rb.gy/wxztkd>)

Let's get ready to show! Join Nutrena's show feed experts, along with Blain's Farm & Fleet and Weaver Livestock for this three-species show event. During this virtual event we will dive into many topics for pigs, lambs, and goats.



BLAIN'S SHOW VIRTUAL EVENT

Join us for this free virtual event to help get your animals show-ready this season

THURSDAY, JANUARY 6th 2022

Time: 6:00pm - 7:30pm CST

Location: Virtual-Platform - Microsoft® Teams

RSVP is required to attend - use QR code.



RSVP HERE

Event Topics:

Let's get ready to show! Join Nutrena's show feed experts, along with Blain's Farm & Fleet and Weaver Livestock for this three-species show event.

During this virtual event we will dive into the following topics for pigs, lambs & goats:

- Animal Selection
- Preparing For New Animals
- Acclimating New Animals
- Early Feeding Strategies
- Beginning Breaking & Training
- Early Season Daily Hair & Hide Care
- Key Daily Care Products

Day of Event:

Join the meeting on January 6th via the link provided in the RSVP. We look forward to seeing you there!
Please contact Megan Pretz (megan_pretz@cargill.com) with questions.

animal sciences >>>

Horse Project Meeting

Date: Thursday, January 6th, 2021
(No December Meeting)
Time: 6:30pm
Location: Barre Town Hall
W3541 County Rd M, La Crosse WI

La Crosse Youth Livestock Committee Meetings

Date: 01/05, 02/02, 03/02, 04/06,
05/04 (First Wednesday of the Month)
Time: 7:00pm
Location: Log Cabin
N4697 WI-162, Bangor WI

For forms, assistance and general information, visit: <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/livestock-project/>. Join them on facebook: <https://www.facebook.com/groups/730275387515701> or email [lacrosseyouthlivestock@gmail.com](mailto:lacroseyouthlivestock@gmail.com).

bits n' pieces >>>

La Crosse Scavenger Hunt

It's History Mystery Cache Time! I put together a program in a box, so to speak. One booklet that will get your family out of the house and on an adventure. This year, we learn about Eloise, who while visiting her grandmother in La Crosse in 1922, loses her grandmother's heirloom bracelet. She never found it, but we can! Read about our local history, follow the clues to get the coordinates, and find the bracelet!

This is an absolutely free program. Books are available in the La Crosse Public Library starting October 15th (and upon request, I can email it to you too). This adventure is self-paced, and while it's geared for youth in 3rd grade and up, there is fun for the whole family. If you have any questions, feel free to reach out to me - emily.crook@wisc.edu. This is a great 4-H activity to do with a friend who isn't in 4-H yet - bring them along!



Presenting Your 2022 Leaders Association Board

President... Kirsten Harris
Vice President ... VACANT
Past President... Heidi Groth
Treasurer... Linda Saley
Secretary... Peggy Maricle
Agriculture Society Rep... Carolyn Christopherson

La Crosse/Onalaska Rep ... Kimberly Young
Holmen/Mindoro Rep... Rick Shisler
West Salem Rep... Pam Hoth
Bangor Rep... Corey Sjoquist
At-Large Rep... Mikayla Fechner
At-Large Rep... Amy Thesing

Ambassador Reps (elected at Ambassador meetings):

Emily Groth and Mollie Manke

COVID-19 Update

COVID-19 continues to affect Wisconsin, with much of the state facing high or substantial community outbreaks of the Delta variant. 4-H is focused on health while staying the course to provide youth development and educational opportunities. We continue to offer in-person programming without restrictions on group size.

If you live in a county with substantial transmission, please wear face masks indoors to reduce the chances of spreading or catching the virus. We have learned from the science that most outdoor environments do not require masks for anyone, vaccinated or not.

We have new information on our 4-H COVID web page to reinforce 4-H health guidance and link you to trustworthy resources about vaccination. (<https://4h.extension.wisc.edu/wisconsin-4-h-covid-19-policy/>)

youth leadership >>>

Ambassador/Youth Leader Meeting

Date: Sunday, January 23rd, 2022
Time: 6:30 p.m. - 8:00 p.m.
Location: Super Secret Location for Ambassadors - given at meeting
(or email Emily if you need it)

RSVP to Emily at emily.crook@wisc.edu by January 21, 2022.

It's time to learn proper dining etiquette - a dying skill. We will dine on soup or salad, 3 possible menu options (your choice of course, but it's all a giant secret so you can be as anxious and awkward as possible), and dessert. You'll have to work together as a team to decide on an appetizer. How do you ask for dietary needs without coming off offensive? I still haven't figured this one out. So we will learn!

leadership (cont) >>>

Learn Together, Lead Together, Annual Leader Training

Join Wisconsin 4-H in a yearlong experience - Learn Together, Lead Together: Youth-Adult Partnerships! Plan for interaction and engagement, and all youth and adult leaders are invited to participate.

Leave with ideas to use right now in growing youth adult-partnerships in your club and community. We hope all youth and adult leaders join us!

Attend one or both - sessions are designed to bring together youth and adult leaders, and provide easy to use strategies, activities and ideas during your 4-H experiences. Registration details for the final training are as follows:

JANUARY 31, 2022

- **Time:** 6:30-8:00pm
- **Topic:** Learn Together, Lead Together: Voices, Roles and Participation

Options:

- Participate virtually, registering using this link: <https://go.wisc.edu/vze9e3> When you register, you will receive the zoom connection information and access to handouts and materials.
- Participate in person: Extension Office Zoom Room! (County Administrative Center, 212 6th St N, Room 2208, La Crosse).
- RSVP to lacrossecounty4h@lacrossecounty.org or call 608-785-9593.

Attendance will be recorded. WI 4-H Club annual chartering requires one adult leader from each club or group MUST attend one of the Annual Leader Training sessions.

Have questions? Ask Emily! emily.crook@wisc.edu.

VIP Training

Date: Monday, January 24, 2022
Time: 6:30-8:00 p.m.
Location: Online: <https://tinyurl.com/4HVIP>

Join other 4-H volunteers and parents from Area 13 (La Crosse, Monroe, Vernon, Richland and Crawford Counties) in an online Volunteer in Preparation (VIP) training. This training is one of the requirements in order to become a certified 4-H and Extension volunteer. We will cover how to ensure a safe environment for youth and more about the youth development piece of 4-H.

Click the link to register - but email Emily Crook at emily.crook@wisc.edu if you have any questions.

youth leadership>>>

Citizen Washington Focus 2022

Citizenship Washington Focus, or CWF for short, is the premier week long 4-H citizenship and leadership experience. CWF brings 4-H delegations from all over the country to stay in the National 4-H Conference Center in Chevy Chase, Maryland, right outside our Nation's Capital! Participants learn about the roles of Senators and Representatives in the United States' government and how these parts work together to form an effective Congress. Additionally, youth get to see and experience government in action by meeting with their State's members of Congress and watching a House of Representatives meeting.

2022 Tentative Schedule available at a later date

Around 100 Wisconsin 4-H'ers attend this leadership program sponsored by National 4-H Council. Delegates choose which week to attend. Held at the National 4-H Center in Chevy Chase, Maryland.

Participants:

- Learn the importance of civic and social responsibilities relating to the development of better citizens and leaders
- Be inspired by speakers
- Participate in workshops, committee work, field trips and social events

Participants are:

- 4-H members in 10th-12th grade at selection; minimum age 15 during experience.
- Delegates register through 4HOnline.
- Delegates carry county approval through the experience.
- Delegates must not have attended CWF in the past.

Costs:

- Cost is approximately \$1,750. Fees vary due to travel costs.
- The Wisconsin 4-H Foundation sponsors a portion of the cost.
- Many county 4-H Youth Development programs provide partial sponsorships: La Crosse County participants are eligible for a 75% scholarship (\$1,300)
- The remaining amount is the delegate and his/her family's responsibility.

Costs:

- Register through 4-H Online and give us a heads up that you registered by emailing Lacrossecounty4h@lacrossecounty.org. We'll start the process for scholarship and selection!



Questions about CWF that you can't find the answers to on the website? Feel free to contact Justin Lieck, Educational Programs Assistant at justin.lieck@wisc.edu or 608-263-5971.

Clover College >>

What is it?

Come join us for the day and learn something new! 4-H and community members (non 4-H members) can attend different class sessions to explore various project areas and complete hands-on, educational activities taught by volunteer leaders and teachers. This year's event will be held on **Saturday, February 12th at Bangor Elementary School (701 14th Ave S) in Bangor.**

To be part of this popular annual event, simply read through each class description, fill out the registration form on page 8 (one per youth, please!) and turn it in with your fee to the Extension office **by Thursday, January 27th at 4:30 p.m.** Classes will be filled on a first-come, first-serve basis. Additional registration forms can be found online at <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/clover-college/>.

We hope to see you there!

9:45AM - 9:00AM: WELCOME 9:00AM - 10:30AM: FIRST SESSIONS

AEROSPACE - Youth will be able to experiment with whirligigs, balsa planes, and landing on a landing strip. Participants will be able to build and launch fizzy rockets. We will discuss the forces and motion principles of different aircraft.

All Ages ~ Class limit 15 ~

ART OF ORIGAMI PAPER FOLDING - Learn about the art and origins of origami paper folding. Create origami throwing stars and fortunate tellers.

All Ages (older kids will have more success) ~ Class limit 10

ANIMAL/VET SCIENCE DEPARTMENT 10 - Due to lack of participants in this project, the superintendent made dramatic changes and hopes to get more exhibitors. Let's go over what this project has done in the past, and develop what you'd like to see going forward!

Grades: 3 & up -

BEGINNING SHOOTING SPORTS - Not sure if you would like to shoot archery or pellet gun? This class will cover safety and the basics of shooting. All of the equipment will be provided. One on one instruction is provided, with an emphasis on safety. This class is intended as an introduction to archery and pellet gun.

Grades 2 & up ~ Class limit 10 ~

VIP TRAINING - Any adult in attendance needing to fulfill their Volunteer in Preparation (V.I.P.) training or who just wants more information about 4-H is welcome to sit in on this session!

Adults only

CERAMICS - In this ceramics class, youth will learn a variety of techniques! Please dress appropriately. Youth will need to bring a shoebox and an old towel as well. Participants will paint a ceramic figurine of their choice to take home. Additional larger pieces will be provided at additional cost (up to \$15 extra). Please bring additional money if you'd like something larger.

Grades K & up ~ Class limit 12 ~ \$7 Fee

ELECTRONICS: Build a Car with motor & LED! - Construct a car with electronic components (battery, wires, motor, LED, switch) and learn a bit about electricity and circuits.

All Ages ~ Class limit 12 ~ \$10 Fee

IRISH CEILI DANCING- Irish céilí dancing is the native group dancing of Ireland and is danced to traditional Irish music. Some of our céilí dances can be traced back to the 1500's.

All Ages ~ no class limit ~

LAHCE Craft Class- Come and make some gnomes with the ladies in HCE (Home Community Education). You will learn how to make cute cuddly gnomes for any season or holiday.

Grades 3 & up ~ Class limit 20 ~ \$0 Fee

LEGO ROBOTICS: Creature Feature! - We will work in group of up to 3 to build a fun creature and geared mechanism, then add coding and watch it move!

Grades K-5 ~ Class limit 15 ~ \$5 Fee

RABBIT PROJECT - Learn how to take of your rabbits whether you are a new owner or need a refresher course and how to show at the county fair.

Grades 3 & up ~ class limit 10 ~ \$2 fee

10:45AM - 12:15PM: SECOND SESSION

AEROSPACE - Youth will be able to experiment with whirligigs, balsa planes, and landing on a landing strip. Participants will be able to build and launch fizzy rockets. We will discuss the forces and motion principles of different aircraft.

All Ages ~ Class limit 15 ~

ART OF ORIGAMI PAPER FOLDING - Learn about the art and origins of origami paper folding. Create origami throwing stars and fortunate tellers.

All Ages (older kids will have more success) ~ Class limit 10~

BEGINNING SHOOTING SPORTS - Not sure if you would like to shoot archery or pellet gun? This class will cover safety and the basics of shooting. All of the equipment will be provided. One on one instruction is provided, with an emphasis on safety. This class is intended as an introduction to archery and pellet gun.

Grades 2 & up ~ Class limit 10

BEGINNING WOODWORKING - Beginning woodworking, learning some basics on tools and techniques, have a project to take home and show at the fair. **ONE ADULT REQUIRED WITH EACH YOUTH.**

Grades 3 - 6, or beginner woodworker ~ Class limit 10 ~ \$10 Fee

CAT PROJECT - Come see what you need to show your cat at the county fair. If my cat will allow me, I will show you how to clip nails, clean ears and teeth (maybe he still fights me). I am also a recent certified judge for Department 10 and 13. This might kick start a cat project club if you're interested.

Grades 5 & up ~

CERAMICS - In this ceramics class, youth will learn a variety of techniques! Please dress appropriately. Youth will need to bring a shoebox and an old towel as well. Participants will paint a ceramic figurine of their choice to take home. Additional larger pieces will be provided at additional cost (up to \$15 extra). Please bring additional money if you'd like something larger.

Grades K & up ~ Class limit 12 ~ \$7 Fee

DOG DAZE! - Learn about the various classes and skills taught in the 4-H Dog Project. Learn some games and techniques that you can use while spending time with your canine best friend.

All Ages ~ Class limit 15 ~

ELECTRONICS: Build a Car with motor & LED! - Construct a car with electronic components (battery, wires, motor, LED, switch) and learn a bit about electricity and circuits.

All Ages ~ Class limit 12 ~ \$10 Fee

ENNEAGRAMS - Come and get a rudimentary start on your self-awareness in the Enneagram. The Enneagram is a system of personality typing that describes patterns in how people interpret the world and manage their emotions. Understanding your part in the world helps us all maintain objectivity with hard conversations, our own triggers, and trouble spots. I'm not a certified teacher by any stretch, but I will introduce you to journey of self-discovery with opportunities to carry on your education if you so wish. This is not a spiritual discussion but one rooted in psychology and personality health and wellness.

Grades 10+ ~Class limit 20~

IRISH CEILI DANCING- Irish céilí dancing is the native group dancing of Ireland and is danced to traditional Irish music. Some of our céilí dances can be traced back to the 1500's.

All Ages ~ no class limit ~

LAHCE Craft Class- Come and make some gnomes with the ladies in HCE (Home Community Education). You will learn how to make cute cuddly gnomes for any season or holiday.

Grades 3 & up ~ Class limit 20 ~ \$0 Fee

LEGO ROBOTICS: Creature Feature! - We will work in group of up to 3 to build a fun creature and geared mechanism, then add coding and watch it move!

Grades K-5 ~ Class limit 15 ~ \$5 Fee

12:30PM-1:00PM: LUNCH
1:00PM-2:30PM: THIRD SESSION

AEROSPACE 2 - In this second aerospace class, youth will build a simple hovercraft, a foam glider, and a slingshot rocket. We will discuss some of the history of aerospace and recent exciting events in the field.

Grades 5 & up ~ Class limit 15 ~ \$0 Fee

ART OF ORIGAMI PAPER FOLDING - Learn about the art and origins of origami paper folding. Create origami throwing stars and fortunate tellers.

All Ages (older kids will have more success) ~ Class limit 10 ~ \$0 Fee

BEGINNING WOODWORKING - Beginning woodworking, learning some basics on tools and techniques, have a project to take home and show at the fair. **ONE ADULT REQUIRED WITH EACH YOUTH.**

Grades 3 - 6, or beginner woodworker ~ Class limit 10 ~ \$10 Fee

CERAMICS - In this ceramics class, youth will learn a variety of techniques! Please dress appropriately. Youth will need to bring a shoebox and an old towel as well. Participants will paint a ceramic figurine of their choice to take home. Additional larger pieces will be provided at additional cost (up to \$15 extra). Please bring additional money if you'd like something larger.

Grades K & up ~ Class limit 12 ~ \$7 Fee

DEMONSTRATIONS - New this year! Sign up to perform an Illustrated Talk, Demonstration or Action Center AT Clover College (instead of Expressive Arts!) This is an official pre-fair exhibit opportunity that will give you the chance to show off your public speaking skills and earn a blue ribbon. For more information on what these exhibits are like and to submit an entry, go here: <https://tinyurl.com/CloverCollege>

Watching these is a great way to learn more about how they are done. To sign up for the course as an audience member, select this course on your sign up sheet!

All Ages ~ Class limit 15 ~

DOG DAZE! - Learn about the various classes and skills taught in the 4-H Dog Project. Learn some games and techniques that you can use while spending time with your canine best friend.

All Ages ~ Class limit 15 ~

ELECTRONICS: Build a Car with motor & LED! - Construct a car with electronic components (battery, wires, motor, LED, switch) and learn a bit about electricity and circuits.

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IRISH CEILI DANCING- Irish céilí dancing is the native group dancing of Ireland and is danced to traditional Irish music. Some of our céilí dances can be traced back to the 1500's.

All Ages ~ no class limit ~

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Grades K-5 ~ Class limit 15 ~ \$5 Fee

RABBIT PROJECT - Learn how to take of your rabbits whether you are a new owner or need a refresher course and how to show them at the county fair.

Grades 3 & up ~ class limit 10 ~ \$2 fee



CLASSES, GRADES, AND FEES CHEAT SHEET

| CLASS | FEE | K-I | 2 | 3 | 4 | 5 | 6 | 7 | 8+ | Adult |
|--|------------|------------|----------|----------|----------|----------|----------|----------|-----------|--------------|
| Aerospace | \$0 | | | | | | | | | |
| Aerospace 2 | \$0 | | | | | | | | | |
| Animal/Vet Science Department 10 | \$0 | | | | | | | | | |
| Art of Origami Paper Folding | \$0 | | | | | | | | | |
| Beginning Shooting Sports | \$0 | | | | | | | | | |
| Beginning Woodworking (ADULT REQUIRED) | \$10 | | | | | | | | | |
| Cat Project | \$0 | | | | | | | | | |
| Ceramics | \$7 | | | | | | | | | |
| Dog Daze! | \$0 | | | | | | | | | |
| Demonstrations | \$0 | | | | | | | | | |
| Electronics: Build a Car with Motor & LED! | \$10 | | | | | | | | | |
| Enneagrams | \$0 | | | | | | | | | |
| Irish Ceili Dancing | \$0 | | | | | | | | | |
| LAHCE Craft Class | \$0 | | | | | | | | | |
| LEGO Robotics: Creature Feature! | \$5 | | | | | | | | | |
| Rabbit Project | \$2 | | | | | | | | | |
| VIP Training | \$0 | | | | | | | | | |

There will be a light lunch served at a concession stand during Clover College served by volunteer youth and families from the 4-H Goat Project from 12:15 - 1:00 P.M. Please send youth with spending money if they would like to purchase lunch, snacks, or a beverage. \$5.00 should cover a lunch. Youth are welcome to pack their own lunches or leave with their parents to go off campus too!

2022 Clover College Registration Form (front)

Registration Due Thursday, January 27th, 2022.

NO REFUNDS given after January 27th.

Drop off or mail registrations to: La Crosse County UW-Extension
212 6th St. N, Suite 2200 La Crosse, WI 54601

First: _____ Last: _____ Grade: _____

I am a: 4-H Member Community Member Birthdate: ____/____/____

Email: _____ Phone: _____

Address: _____ City: _____ State: _____

Parent/Guardian Name(s): _____

Age: _____

Gender: Female Male Prefer Not to Answer

Ethnicity: Hispanic/Latino Non-Hispanic/Latino Prefer Not to Answer

Race: White Black/African American American Indian/Alaskan Native
 Asian Hawaiian/Pacific Islander Prefer Not to Answer

Event Rules:

- I will start each class by sitting in a seat, waiting patiently for my teacher before touching anything, even if I have done this class before.
- I will not take anything out of the classroom unless my teacher says it's okay to take.
- I will not run or horseplay in the hallways between class sessions.
- I will be respectful to my teachers and other volunteers I see throughout the day.
- I will use my best listening skills throughout the day.
- I will wear my nametag in a visible location for the day.
- I will help keep the classrooms clean by picking up my own mess and making sure garbage makes it to a trash can.

Please go over these rules with your youth and have them sign their name below that they agree to abide by this year's Clover College rules:

Youth's Signature (printed or signed)

2022 Clover College Registration Form (back)

For each time slot, indicate your 1st, 2nd & 3rd choice

Please use a separate form for each participant. Additional forms are available at <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/clover-college/>

| (choice #) | 9:00AM-10:30AM | (choice #) | 10:45AM-12:15PM | (choice #) | 1:00PM-2:30PM |
|--|---|------------|---|------------|---|
| | Aerospace All Ages \$0 Fee | | Aerospace All Ages \$0 Fee | | Aerospace 2 All Ages \$0 Fee |
| | Art of Origami All Ages \$0 Fee | | Art of Origami All Ages \$0 Fee | | Art of Origami All Ages \$0 Fee |
| | Animal/Vet Science Grades 3+ \$0 Fee | | Beginning Shooting Sports Grades 2+ \$0 Fee | | Beginning Woodworking Grades 3-6 \$10 Fee |
| | Beginning Shooting Sports Grades 2+ \$0 Fee | | Beginning Woodworking Grades 3-6 \$10 Fee | | Ceramics Grades K+ \$7 Fee |
| | Ceramics Grades K+ \$7 Fee | | Cat Project Grades 5+ \$0 Fee | | Demonstrations All Ages \$0 Fee |
| | Electronics All Ages \$10 Fee | | Ceramics Grades K+ \$7 Fee | | Dog Daze! All Ages \$0 Fee |
| | Irish Ceili Dancing All Ages \$0 Fee | | Dog Daze! All Ages \$0 Fee | | Electronics All Ages \$10 Fee |
| | LAHCE Craft Grades 3+ \$0 Fee | | Electronics All Ages \$10 Fee | | Irish Ceili Dancing All Ages \$0 Fee |
| | LEGO Robotics Grades K-5 \$5 Fee | | Enneagrams Grades 10+ \$0 Fee | | LAHCE Craft Grades 3+ \$0 Fee |
| | Rabbit Project Grades 3+ \$2 Fee | | Irish Ceili Dancing All Ages \$0 Fee | | LEGO Robotics Grades K-5 \$5 Fee |
| | VIP Training Adults Only \$0 Fee | | LAHCE Craft Grades 3+ \$0 Fee | | Rabbit Project Grades 3+ \$2 Fee |
| | | | LEGO Robotics Grades K-5 \$5 Fee | | |
| | | | 4-H Member (\$1) Community Member (\$5) Session Fees: \$ _____ Total: \$ _____ | | |
| Make Checks Payable to: La Crosse Extension | | | | | |

2022 Clover College Registration Form (front)

Registration Due Thursday, January 27th, 2022.

NO REFUNDS given after January 27th.

Drop off or mail registrations to: La Crosse County UW-Extension
212 6th St. N, Suite 2200 La Crosse, WI 54601

First: _____ Last: _____ Grade: _____

I am a: 4-H Member Community Member Birthdate: ____/____/____

Email: _____ Phone: _____

Address: _____ City: _____ State: _____

Parent/Guardian Name(s): _____

Age: _____

Gender: Female Male Prefer Not to Answer

Ethnicity: Hispanic/Latino Non-Hispanic/Latino Prefer Not to Answer

Race: White Black/African American American Indian/Alaskan Native
 Asian Hawaiian/Pacific Islander Prefer Not to Answer

Event Rules:

- I will start each class by sitting in a seat, waiting patiently for my teacher before touching anything, even if I have done this class before.
- I will not take anything out of the classroom unless my teacher says it's okay to take.
- I will not run or horseplay in the hallways between class sessions.
- I will be respectful to my teachers and other volunteers I see throughout the day.
- I will use my best listening skills throughout the day.
- I will wear my nametag in a visible location for the day.
- I will help keep the classrooms clean by picking up my own mess and making sure garbage makes it to a trash can.

Please go over these rules with your youth and have them sign their name below that they agree to abide by this year's Clover College rules:

Youth's Signature (printed or signed)

An EEO/AA employer, University of Wisconsin - Madison, Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.

2022 Clover College Registration Form (back)

For each time slot, indicate your 1st, 2nd & 3rd choice

Please use a separate form for each participant. Additional forms are available at <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/clover-college/>

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| | Art of Origami All Ages \$0 Fee | | Art of Origami All Ages \$0 Fee | | Art of Origami All Ages \$0 Fee |
| | Animal/Vet Science Grades 3+ \$0 Fee | | Beginning Shooting Sports Grades 2+ \$0 Fee | | Beginning Woodworking Grades 3-6 \$10 Fee |
| | Beginning Shooting Sports Grades 2+ \$0 Fee | | Beginning Woodworking Grades 3-6 \$10 Fee | | Ceramics Grades K+ \$7 Fee |
| | Ceramics Grades K+ \$7 Fee | | Cat Project Grades 5+ \$0 Fee | | Demonstrations All Ages \$0 Fee |
| | Electronics All Ages \$10 Fee | | Ceramics Grades K+ \$7 Fee | | Dog Daze! All Ages \$0 Fee |
| | Irish Ceili Dancing All Ages \$0 Fee | | Dog Daze! All Ages \$0 Fee | | Electronics All Ages \$10 Fee |
| | LAHCE Craft Grades 3+ \$0 Fee | | Electronics All Ages \$10 Fee | | Irish Ceili Dancing All Ages \$0 Fee |
| | LEGO Robotics Grades K-5 \$5 Fee | | Enneagrams Grades 10+ \$0 Fee | | LAHCE Craft Grades 3+ \$0 Fee |
| | Rabbit Project Grades 3+ \$2 Fee | | Irish Ceili Dancing All Ages \$0 Fee | | LEGO Robotics Grades K-5 \$5 Fee |
| | VIP Training Adults Only \$0 Fee | | LAHCE Craft Grades 3+ \$0 Fee | | Rabbit Project Grades 3+ \$2 Fee |
| | | | LEGO Robotics Grades K-5 \$5 Fee | | |
| | | | 4-H Member (\$1) Community Member (\$5) | | |
| | | | Session Fees: \$ _____ | | |
| | | | Total: \$ _____ | | |
| Make Checks Payable to: La Crosse Extension | | | | | |

leadership (cont) >>>

Leaders Board Meeting

Date: Thursday, January 13th, 2022

Time: 6:45 p.m. (Open Forum) 7:00 p.m. (meeting)

Location: Hamilton Town Hall in West Salem (N5105 Leonard N, West Salem WI, 54669)

We will update the representative binders and discuss the year of events coming up.

new family section >>>

Each month we hope to provide some helpful hints, definitions, and to-dos to assist new families in joining in on club and county activities. If you haven't been invited to a club meeting yet, please reach out to our office at lacrossecounty4h@lacrossecounty.org.

BEYOND THE CLUB

Your club is part of your community which hopefully has a few clubs. Which is part of your area of the county, which has a few more. And then it's part of the county - which has around 25 chartered (recognized) clubs and groups in it. Beyond the county, we work in an area 13 (which includes Monroe, La Crosse, Vernon, Richland and Crawford counties) and beyond that, we belong to Wisconsin 4-H which serves over 70 counties in Wisconsin.

Each state belongs to the National 4-H organization, and goodness me it doesn't stop there either. What this means is there are a LOT of ways for youth to be involved at the club, county, state and national level. Just in general - I love getting youth input on just about everything. So if your youth gets involved in a lot of things, I will be asking for a lot of help and leadership and connect them to other community partners in an effort to build their network depending on their big pictures!

AT THE MEETING

Now is the time to daydream how you want to be the star of your club. Do you want to be an officer some day? Change the events that your club does? Get all blue ribbons at the fair? Be a member of a state council? Dream big, and start working backwards on the steps you'll need to take to get there. If you have a specific goal in mind and want help with the HOW, reach out to your club leader, or Emily at the office!

COUNTY COMMUNICATIONS

Understanding how 4-H is organized can go a long way in understanding how we make decisions and set policies. We have to consider how ALL youth in Wisconsin are affected by any policy made. Also - we would love for new families to attend a La Crosse County 4-H Leader Board meeting sometime. These meetings help our county 4-H program run effortlessly. Meetings are second Thursday of just about every month at the Hamilton Town Hall. It helps to know who is making decisions and just how easy it is to be on the Board too (wink wink).

For details about the Wisconsin 4-H program, visit here: <https://4h.extension.wisc.edu/>

bits n' pieces >>>

Expressive Arts

As of this publication date, we are still searching for an adequate space to host Expressive Arts Festival. The date is still set for March 12, 2022. However, more information will be given in the next Cloverline. Because it simply has to.

In the meantime - I will be getting all the details of the day updated the first week in January. Please visit: <https://tinyurl.com/4Hexparts> to stay on top of the latest news!

save the date >>>

Area 13 4-H Hosts: Fur, Fin, and Feather!

When: Saturday, April 30th, 2022

Where: Monroe County

For last year's information, visit: <https://monroe.extension.wisc.edu/fur-fin-feather-fun-show/>.

More information coming soon. We needed a heard arena, so Monroe County will host lunch.

january calendar >>>

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------|--|-----|--|--|---|-----|
| | | | | | Extension Office Closed | 1 |
| 2 | 3 American Spirit Registration Starts | 4 | 5 Youth Livestock Committee Meeting | 6 Blain's Virtual Show Event Horse Project Meeting | 7 Wild Fridays; Nature & Art | 8 |
| 9 | 10 | 11 | 12 | 13 Leaders Board Meeting | 14 American Spirit Registration Ends Wild Fridays; Nature & Art | 15 |
| 16 | 17 Extension Office Closed | 18 | 19 | 20 | 21 | 22 |
| 23 Ambassador Meeting | 24 VIP Training | 25 | 26 | 27 Clover College Registration Due | 28 | 29 |
| 30 | 31 | | | | | |

COOPERATIVE EXTENSION SERVICE

United States Department of Agriculture
University of Wisconsin—Extension
La Crosse County Offices
212 6th St. N Suite 2200
La Crosse, WI 54601

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608.789.4808 (fax)

The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.