



UW-MADISON EXTENSION  
LA CROSSE COUNTY



# Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

October 2021

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*...and much more!*

## Raising Awesome Kids

We place a lot of hopes, dreams and responsibilities on our children. By our very nature as humans we tend to mess up a lot, thinking good intentions at the time, having clear perspectives and loving hearts. Unfortunately, we still mess up. Yet we always hope and strive to help our children do better. Even in 4-H it's all about "making the best better." I'm all about the mindset that everything could be improved. But that's a pretty heavy responsibility for our kids if you think about it.

Life Kit - a series of podcasts on NPR - teamed up with Sesame Street to give some handy perspectives for families. It's called Parenting: Raising Awesome Kids. I absolutely recommend a quick listen. My favorite is how kindness can be taught. It highlights youth development and the conflicting messages they get in different environments. You can find the series here: <https://www.npr.org/podcasts/510344/raising-awesome-kids>

Even if this isn't your thing, and I completely understand it's not for everyone, I hope you find a tool like this for your parenting belt. It's not enough to just hope our children make the best better. We have to give them the skills and resources to help them along the way. And we do that by helping ourselves, too.

*Emily A Crook*

Emily Crook  
Positive Youth Development Educator  
La Crosse County Extension



## La Crosse Scavenger Hunt

It's History Mystery Cache Time! I put together a program in a box, so to speak. One booklet that will get your family out of the house and on

an adventure. This year, we learn about Eloise, who while visiting her grandmother in La Crosse in 1922, loses her grandmother's heirloom bracelet. She never found it, but we can! Read about our local history, follow the clues to get the coordinates, and find the bracelet!

This is an absolutely free program. Books are available in the La Crosse Public Library starting October 15th (and upon request, I can email it to you too). This adventure is self-paced, and while it's geared for youth in 3rd grade and up, there is fun for the whole family. But be quick! The bracelet will disappear after November 15th! If you have any questions, feel free to reach out to me - [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu). This is a great 4-H activity to do with a friend who isn't in 4-H yet - bring them along!

## bits n' pieces >>>

### COVID-19 Update

COVID-19 continues to affect Wisconsin, with much of the state facing high or substantial community outbreaks of the Delta variant. 4-H is focused on health while staying the course to provide youth development and educational opportunities. We continue to offer in-person programming without restrictions on group size.

If you live in a county with substantial transmission, please wear face masks indoors to reduce the chances of spreading or catching the virus. We have learned from the science that most outdoor environments do not require masks for anyone, vaccinated or not.

We have new information on our 4-H COVID web page to reinforce 4-H health guidance and link you to trustworthy resources about vaccination. (<https://4h.extension.wisc.edu/wisconsin-4-h-covid-19-policy/>)



## events >>>

### Statewide 4-H Events

Normally, I would be posting all the details of Arts Camp usually held for youth in grades 6-8 in October, or Citizen Washington Focus, held for teens in 10th-12th grades in November. But everything is still a bit chaotic with staff movement in these offices and pandemic guidelines affecting the ability to make reservations. Arts Camp is scheduled to resume in October of 2022. The Citizen Washington Focus event will be held virtually in 2021, and invitations should have been sent via 4HOnline, but this all depends on when you registered of course.

To stay current with the offerings of these amazing programs, please visit: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/>. And if you plan on attending any statewide event this year, please fill out the Membership Evaluation form and submit it to the office, so that your Leader Association scholarships for these events can be as smooth as possible.

### 4-H Pancake Breakfast

Date: Sunday, October 10th

Time: 7:30am - 11:30 am

Location: La Crosse Interstate Fair Grounds

Cost: \$6.00/person; \$3.00/youth (age 10 & under)

Both adults and youth volunteers are needed for set-up, serving and clean-up. Shifts will be from 7:30-10:00 a.m. and 9:30 am - 12:00 pm. To sign up, please contact Linda Saley at 608-486-2931 or Sue Kramer at [rskburro69@msn.com](mailto:rskburro69@msn.com).

The 4-H Adult Leaders Association is sponsoring a pancake breakfast to be held in conjunction with the Oktoberfest Races. The Mindoro Lions will again supply their grills and labor in preparation.

# animal sciences >>>

## Rabbit Project Meeting

**Date:** Saturday, October 23, 2021

**Time:** 10am - 12pm

**Location:** Medary Shelter

Halloween party, work sheets, and costume contest!  
Please bring only 1 rabbit to work with.



## Horse Project Meeting

**Date:** Wednesday, October 13, 2021

**Time:** 6:30 p.m.

**Location:** Barre Town Hall, Co Hwy M, Barre WI  
54669

Election of officers and more discussion on fair book.

## Goat Project Meeting

**Date:** Sunday, October 24, 2021

**Time:** 3:00 p.m.

**Location:** TBD



**4-H PLEDGE** I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.



# Wisconsin State 4-H Horse Expo Results

### Halas Wolff

- Top Ten Horseless Horse Pleasure
- Top Ten Horseless Horse Horsemanship
- Top Ten Horseless Horse Showmanship

### Lea Edmison

- Poster Creative Design Reserve Champion
- Woodworking Grand Champion

### Mclaine Heilman

- Top Ten English Pleasure
- Top Ten Western Riding
- Top Ten Judging
- Top Ten Western Showmanship
- Top Ten English Showmanship
- Top Ten Western Pleasure

### Lexi Marinelli

- Top Ten Trail

### Aly Cvikota

- Art & Drawing - Grand Champion
- Top Ten Western Showmanship
- Top Ten English Showmanship
- Top Ten English Pleasure
- Top Ten English Equitation
- Grand Champion Western Pleasure
- Grand Champion Horsemanship

### Emma Lubinsky

- Top Ten Western Riding
- Top Ten Klasemanship
- Top Ten Western Pleasure
- Reserve Champion Trail

### Brielle Huffman

- Top Ten Showmanship
- Top Ten Western Pleasure
- Top Ten Horsemanship

# odds & ends >>>

## 4-H Thriving Survey

This fall, Wisconsin 4-H will be inviting members (ages 13-18) to complete a survey about their 4-H experience. The survey was developed by National 4-H Leaders (<https://helping-youth-thrive.extension.org/>) and will help Wisconsin 4-H to learn about the quality of our programs. The information will help to show how 4-H helps young people to learn new things, develop leadership skills, manage goals, set high personal standards, create positive academic attitudes, and other skills that lead to long-term success in life.

The survey will be sent to all Wisconsin 4-H members by e-mail in the first week of October. Youth who complete the survey will be entered into a raffle to receive gift cards, scholarships to 4-H events, and other prizes.

For more information on the 4-H Thriving Model and some of the results from the 2019-2020 4-H Thriving Study in Wisconsin, visit [4-H Thriving Model – Wisconsin 4-H \(https://4h.extension.wisc.edu/resources/volunteer-resources/4-h-foundations/4-h-thriving-model/\)](https://4h.extension.wisc.edu/resources/volunteer-resources/4-h-foundations/4-h-thriving-model/).

Please keep an eye out for messages and more information about this important survey.

## Pump House Pick Up

Pump House exhibits and participation ribbons will be ready to pick up from the Extension Office beginning on Wednesday, October 20th anytime during normal business hours. We ask that participants have their piece picked up by 4:30pm on Monday, November 1st. If you do not pick up your art, the office will take it for its own use.



# bits n' pieces >>>

## 2021 Cedar Crest Ice Cream Contest

Did you know every year we have a handful of clubs that participate in this project. It's a great way to have your club bond and develop something new and tasty. Cedar Crest Ice Cream and the Wisconsin 4-H Foundation have teamed up again to present the "Cedar Crest Ice Cream 4-H Flavor Contest" for Wisconsin 4-H clubs. The contest is open to all Wisconsin 4-H members to create and submit a flavor recipe. Entries are due no later than November 12, 2021. For contest entries and information, please visit here: <https://cedarcresticecream.com/2021-cedar-crest-ice-cream-4-h-flavor-contest/>.

# save the date >>>

## Achievement Celebration

The 2021 annual Achievement Celebration will take place on **Thursday, October 21st at 7:00 p.m.** at the Lunda Center (319 7th St N) on the WTC Campus in La Crosse. A free, celebratory dinner will be served at 6:00 p.m. Youth will be recognized for their achievements in 4-H over the last year in their clubs, projects, record books, and county leadership roles. Everyone is encouraged to attend, even if you have family members that are not enrolled in 4-H! This night is meant to celebrate our county's hard work over the last year and to relax in each other's company before plunging into the new 4-H year. An RSVP is required - please contact the Extension Office at 608-785-9593 or [lacrossecounty4h@lacrossecounty.org](mailto:lacrossecounty4h@lacrossecounty.org) by Friday, Oct. 15th.

## Officer Workshop

Date: Monday, November 29th

Time: 6:30 p.m.

Location: Online - Zoom

In collaboration with educators and youth in Dane County and Kenosha County, we're offering an online officer workshop to get more participation and different experiences and perspective. Meet other club officers around the state and get ideas you can take back to your clubs. Not sure how to fill your role in your club? Get some basic foundational skills! This is for all youth starting in or interested in positions of leadership in their clubs. Registration information coming - but save the date!



# fall forum >>



**WHEN:** Saturday, November 6, 2021  
**COST:** \$50/person\*  
\*Leader's Association Scholarships available  
**WHERE:** Zoom  
**WHO:** Youth and adults in grades 7+

This year the event will include:

- A keynote address by Chad Littlefield of We and Me, Inc.
- Two opportunities to participate in dozens of youth- and adult-led workshops on Saturday afternoon (<https://4h.extension.wisc.edu/files/2021/09/Saturday-Session-Descriptions-DRAFT.docx.pdf>)
- Choose your own adventure interactive sessions on Friday night
- Introductions to Wisconsin Leadership Council Candidates AND Wisconsin 4-H Hall of Fame Laureates (<https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/wisconsin-4-h-leadership-council/>)
- Updates from the Wisconsin Leadership Council and Wisconsin 4-H Program Leadership
- And so much more! You won't want to miss it! 2021 Fall Forum Tentative Schedule (<https://4h.extension.wisc.edu/files/2021/09/2021-Fall-Forum-Schedule-for-Promotion.docx-1.pdf>)
- Special Note: there is no Horse Leaders Conference in 2021, please attend the workshop at Fall Forum!

Registration opens in 4HOnline on Friday, September 17, and closes Sunday, October 10.



# charters >>

The state 4-H program has updated the Charter and Financial reporting process for 2020-2021 year. All clubs hoping to be 4-H clubs, must submit an annual charter. The 4-H Charter indicates that a 4-H Club or Group is organized in accordance with the objectives of the Wisconsin 4-H program. The University of Wisconsin-Madison, Division of Extension grants 4-H Charters which formally authorizes a Wisconsin 4-H Club or Group to use the 4-H Name and Emblem for educational purposes in accordance with laws and regulations established by Congress and the U.S. Department of Agriculture. In addition, the 4-H Charter Application provides:

- Documentation of educational activities of the 4-H Club or Group/Committee needed for liability coverage for 4-H volunteers and members
- Program impact evaluation and educational planning
- Documentation of compliance by 4-H Clubs and Groups with EEO, ADA guidelines, and Civil Rights laws.
- **Wisconsin 4-H Clubs and Groups Charter Application is to be completed online by October 1st.**

This year all charters will be completed online, if you need a paper copy, please reach out to the extension office. You can find this form and additional resources, here: <https://4h.extension.wisc.edu/resources/volunteer-resources/administrative/charter/>. For any information from last year's Charter/Financial Report, please contact Emily at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu) or 608-785-9593. I will be sending out last year's charter paperwork to club leaders through the mail during the first week of September.



# 2021 4-H STEM Challenge

Designed by Clemson University, the 2021 4-H STEM Challenge, Galactic Quest, focuses on the mysteries and adventures of space exploration.

Galactic Quest explores the history of humans in space, the technology and resources needed for missions, and the obstacles humans encounter in orbit. Activities explore important STEM topics ranging from physics and engineering to computer science and space agriculture. Kids learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers! Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents and more.

#### **Astro Adventure**

- This unplugged board game promotes teamwork as kids gather the resources needed to live and work in deep space.

#### **Stellar Optics**

- In this offline activity, kids build a telescope and learn about physics and light and how telescopes have been used to explore space.

#### **Cosmic Claw**

- Kids work hands-on to engineer a mechanical arm that works to harvest crops in space.

#### **Cyber Satellite**

- In this computer science activity, kids learn about cyber security and decoding to stay safe from obstacles in orbit.

**Below are a few ways to ensure young people everywhere can participate in the 2021 STEM Challenge:**

- **Educator Kit:** Includes material for 12 youth to participate in the offline activities at the same time. Kits can be used in spaces where physical distancing can be followed. The Extension Office will purchase kits for any club wanting to participate, just notify Emily at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).
- **Family Sized Kit:** Includes materials for 1-4 youth to participate in the offline activities at the same time from inside the home.

Receive a discount on each Galactic Quest kit (\$5 off Educator kit, \$3 off Family kit) thanks to the generous support of our 2021 signature partner, the United States Space

Note: Kits will ship on or before September 7th due to global production delays from COVID-19.

For more information, or to purchase a kit for your family, please visit: <https://4-h.org/parents/4-h-stem-challenge/>

# youth leadership >>>

## Ambassador/Youth Leader Meeting

Date: Sunday, October 24th  
Time: 6:30 p.m.  
Location: TBD

All Ambassadors and Youth Leaders (any youth in grades 7+ interested in leadership) are invited to attend. At this meeting, we will do something Halloweeny as well as follow up on plans, etc. Come to give insight, to share your passion, to get to know other youth leaders and to enhance our county 4-H program!



## new family section >>>

Each month we hope to provide some helpful hints, definitions, and to-dos to assist new families in joining in on club and county activities. If you haven't been invited to a club meeting yet, please reach out to our office at [lacrossecounty4h@lacrossecounty.org](mailto:lacrossecounty4h@lacrossecounty.org).

### PROJECTS

A project is simply a topic area that sparks a youth's interest! Projects can be offered at a club or group setting, or on your own outside of the club.

4-H members are encouraged to enroll in only one or two projects for their first year. 4-H members in 3rd grade and higher are eligible to sign up for any 4-H project.

A special project area is specifically for grades K-2, known as Cloverbuds. It is intended to be more developmentally appropriate for our youngest members.

### AT THE MEETING

Each county's 4-H program differs in how project learning opportunities are offered. Some programs offer countywide, short-term workshops. Others may have countywide programs with set dates and meeting locations. Some 4-H clubs may have adults specifically devoted to certain project areas.

In La Crosse County the following projects have chartered groups that provide educational meetings and workshops: Shooting Sports, Dogs, Goats, Rabbits, Horses, Youth Leadership.

### COUNTY COMMUNICATIONS

Emails will go out to all members currently enrolled in 4-H helping them find the literature that is available to them to assist with individual education on their projects.

New families will also get the Project installment of the New Family Newsletter. Next month is a deep dive into club meetings.

More details about specific 4-H projects and statewide project learning opportunities can be found on our state website: <https://4h.extension.wisc.edu/opportunities/projects/>.



# National 4H Week

National 4-H Week 2021 is October 3rd - October 9th!

Take advantage of this important week to highlight the remarkable 4-H youth in your communities and showcase the incredible experiences that 4-H offers young people.

Extension will send out news releases and facebook posts highlighting all the great things our clubs do.

What will your club do to celebrate?



## october calendar >>>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Charters Due	2
3 National 4-H Week	4 National 4-H Week	5 National 4-H Week	6 National 4-H Week	7 National 4-H Week	8 National 4-H Week	9 National 4-H Week
10 4H Pancake Breakfast	11	12	13 Horse Project Meeting	14	15	16
17	18	19	20	21	22	23 Rabbit Project Meeting
24 Goat Project Meeting  Ambassador Meeting	25	26	27	28	29	30
31						

**COOPERATIVE EXTENSION SERVICE**

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The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.