



Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

April 2021

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...and much more!

Let's Pick Up Where We Left Off

Do you remember last March 2020's letter? I'm re-running it so we can, in a way, start off where we left a bit.

Every day, I get little emails sent to me when someone registers in 4HOnline and I do my usual scrubbing through of making sure they have this selected, or that filled out, or that their projects line up with their grade level (there are just a handful this applies to these days). And sometimes, I will go through my checklist and it will catch my eye when new projects are listed.

Sometimes, ALL the projects listed are new projects. And those are new members, or even better - 3rd graders! You guys - there is nothing more exciting and overwhelming than making fun choices. When you're a kid it's like - what type of notebook will I get for school this year, or ice cream flavor after swimming lessons, or what color bike for my birthday? It's lighthearted and exhilarating. When you're an adult - what sort of house, car, coat, job, school... I mean, it's endless, the stress of it.

So I get a little giddy when I see a 3rd grader picking out those projects because that's her sparkle. That is her unbridled curiosity. She has interest in that, and that's gonna help her personality develop. These little choices are going to start an avalanche of goodness in her life.

As you sit there and wonder about the enormity of the summer before you and your family, I hope you still choose to have 4-H in it. It's an avalanche of goodness.

Emily A Crook

Emily Crook
Positive Youth Development Educator
La Crosse County Extension

animal sciences >>>

Pork Producers Annual Twilight Meeting

When: Monday, June 7th at 6:30pm

Where: La Crosse Interstate Fairgrounds, N4985 County Rd M, West Salem, WI 54669

RSVP: Jimmy Gilster at 608-786-2150 or jgilster@outlook.com

This meeting counts as an educational session for Fair requirements! Memberships will be available at the cost of \$10/family or person. More details to follow! If you have any questions contact Jimmy Gilster at the information found above.

2021 YQCA Training

Anyone planning on swine, sheep or beef exhibiting this summer at the La Crosse Interstate Fair (our county fair!) should complete the 2021 Youth for the Quality Care of Animals (YQCA) training. **Swine exhibitors MUST complete YQCA.** It's a national multi-species quality assurance program for youth ages 8 to 21 with a focus on three core pillars: food safety, animal well-being, and character development. Every year the course is a little different, but it is solid quality education from some serious organizations. And this year, the La Crosse Youth Livestock Committee is requiring all youth in livestock projects who plan to auction this summer to complete this training.

- Online training: Costs \$12 and is available right at this very moment.
- In person training: Might be scheduled later this spring/early summer. Costs \$3.

Both training versions require pre-payment online (visit yqca.org) and the La Crosse 4-H Leader's Association will reimburse \$3/youth when they receive a copy of the completion certificate.

When you complete your training online, YOU need to save a copy of your certification and email it to lacrosseyouthlivestock@gmail.com (and if you request reimbursement, please email it to lacrossecounty4h@lacrossecounty.org as well). Any questions? Feel free to reach out to us: 608-785-9593 or either the emails above.

2021 Dog Training Classes

The Dog Project will once again be offering training classes in the disciplines of Showmanship, Obedience, Agility, Critter Hunt and Dog Bowl.

Classes will meet weekly beginning at the end of April. For more information and a copy of your registration form, please visit the Project's webpage at <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/dog/>.

Registration is due to the Extension La Crosse County Office by Thursday, April 1st at 4:30 p.m.

Dog Project Orientation

There will be a **mandatory orientation meeting on Tuesday, April 13th** at 6:30 p.m. via Zoom. Meeting ID: 849 8805 0784 and Passcode: 313352. Link will be sent out closer to the date to project members.

All dog project members who will be showing at the Fair for Obedience, Showmanship, Critter Hunt or Agility are required to attend this meeting with a parent.

La Crosse Youth Livestock Committee

Introducing a new resource and agency that will help all youth interested in livestock: the La Crosse Youth Livestock Committee. If you are planning on auctioning livestock at the fair this summer, please check out the following information to keep updated:

- This site for forms, etc: <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/livestock-project/>
- This site for their facebook group: <https://www.facebook.com/groups/730275387515701>
- This email for contact information: lacrosseyouthlivestock@gmail.com

While 4-H will work with this group closely to provide information of educational options to our members, this is not an officially chartered 4-H group. This group is a separately sanctioned agency that includes many 4-H members but also FFA, too. As such their gathering policies are different from ours, and that is expected. Do what you feel comfortable doing.

Cattle Fitting Clinic

Learn from Show Cattle Experts: nutrition, clipping, bedding packs, show ring etiquette, and much more!

Saturday, July 10th! Clinic will be held at the Wagemester Farm, instructions will be emailed to registered participants. Hosted by the Vernon County Cattleman's Association & Vernon County 4-H.

To Register, visit: <https://docs.google.com/forms/d/e/1FAIpQLSfV-t4I8BUUXmTsfyPYKyhETTbswMYM9VE85nfgM1aUiV6PJA/viewform>

Horse Project Registration

Horse Project registrations are due to the Extension office by 4:30 p.m. on Thursday, April 29th. Project members must register any and all horses they plan to show in competition (including Fair) for the year. Safety testing must be completed with any horse that will be used in competitive events-these tests will be administered during Horse Camp this year! For more information, visit <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/horse/>.

Horse Camp

Horse Camp is scheduled for Saturday, May 15th from 8:00 a.m.-4:00 p.m. at the La Crosse Interstate Fairgrounds in West Salem. For a list of scheduled sessions, details, and registration form, please visit the Horse Project page at <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/horse/>. Registration is due to the UW-Extension office by 4:30 p.m. on Thursday, April 29th.



CATTLE FITTING CLINIC

LEARN FROM SHOW CATTLE EXPERTS: NUTRITION, CLIPPING, BEDDING PACKS, SHOW RING ETIQUETTE AND MUCH MORE!

SATURDAY, JULY 10TH

REGISTER ONLINE OR BY CALLING THE EXTENSION OFFICE BY JUNE 10TH: 608-637-5276

CLINIC WILL BE HELD AT THE WAGEMESTER FARM, INSTRUCTIONS WILL BE EMAILED TO REGISTERED PARTICIPANTS

HOSTED BY THE VERNON COUNTY CATTLEMAN'S ASSOCIATION & VERNON COUNTY 4-H

shooting sports >>>

4-H Shooting Sports Archery Opportunities

Youth who want the opportunity to participate in the 4-H Archery Tournament at the fair, need to attend 2 archery instruction sessions implemented through 4-H. It's been tricky to get all the opportunities for youth to meet these requirements. Here is one!

Location: Arrows in the Square (N7681 Casberg Coulee Rd, Holmen, WI 54636)

When: Sundays, April 25, May 2, May 9, May 16

Sessions: 9am, 10am, 11am, Noon

Each session is limited to 25 youth. Additional series will be considered if the need is great.

Payment: Due at first session, \$6 for 4H members, \$10 for community members

RSVP: Online, visit here to get started: <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/shooting-sports/>

Questions? Reach out to us at lacrossecounty4h@lacrossecounty.org or 608-785-9593.



coffee corner >>>

Welcome to the coffee corner, an installment on the newsletter where you get to have a chat and a coffee with Emily. I can't hang out with you in person, but here's what I'm listening to right now. Things that are helping me to breathe, to forgive myself, to be better. Because 4-H isn't just about youth y'all. It starts with you, parents. YOU need to thrive as much as the youth do.

These days, I'm still doing some self-care. A lot of us have NOT gotten where we are unscathed. It is a rare life experience to still be sparkly and largely unaffected in your 30s or 40s. I found a podcast that I absolutely love, because it speaks in language that isn't trite and unassuming about the human condition. It's called "Everything Happens" by Kate Bowler. I highly recommend giving it a listen if your life isn't somehow normal, or you feel like even a whisper of a misfit. Check it out! <https://katebowler.com/podcasts/>

She also has a book club, but I'm not that ambitious.

Have anything good you want to recommend? This isn't a one-way conversation. Shoot me an email!



leadership >>>

Ambassador and Youth Leader Meeting

Next Ambassador/youth leader meeting will be in person - HOORAY!!!!

When: Sunday, April 18th, 7:30 p.m.

Online: La Crosse County Administrative Center, Extension Office.

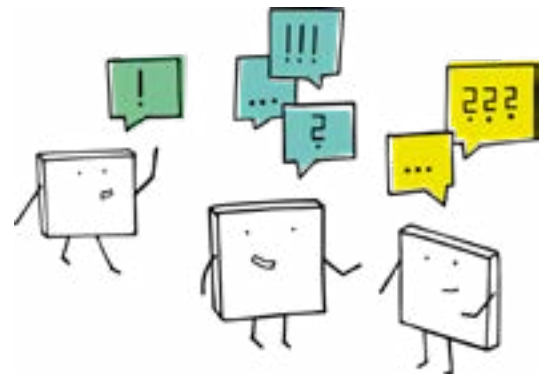
We will delve further into planning our Wandering Wednesday (June 23rd) event, sign up for June Dairy Days help (June 19th) and hang out!

Leaders Board Meeting

When: Thursday, April 8th, 2021 at 7:00 p.m.

Where: Hamilton Town Hall, West Salem, WI 54669

*Make sure to bring/wear masks. Hygiene protocol is still in effect for now. But we will resume meeting in person. Topics we'll talk about: Budget, Fair, Recognition updates



Annual Leader Training

Every chartered club is required to have one volunteer representative of the club take an annual training. This year, these trainings were all online and they are now ready for view if you missed the live version. If your club or project wasn't represented at a training in December (attendance was recorded), then you need to follow up with these videos. Just pick one from here: <https://4h.extension.wisc.edu/resources/volunteer-resources/training-for-volunteers/> There are three to pick from. Once you finish the video there is a form I need you to submit: <https://forms.gle/QWJ5DMB3usWkwFSA6>

You don't have to be a leader to take this course - if you just want to learn more about 4H please check it out!

family, home & health >>>

2021 Foods Revue

When: Tuesday, June 22nd at 5:30 p.m.
(set-up at 5:00)

Where: La Crosse County Administrative Center
Atrium (212 6th St. N, La Crosse, WI 54601)

Cost: Free

Foods & Nutrition, Cake Decorating, Cloverbud and Exploring members: It's time to begin planning for the 2021 Favorite Foods Revue! This is your opportunity to showcase what you have learned in your project(s).

Youth will be judged on their answers to questions regarding appropriate knowledge of the My Plate dietary guidelines, food preparation and nutritional value of the food, as well as their selection and appearance of the table setting and food display.

General Rules for All Foods Revue Participants:

- All entries must be ready for judging at the assigned time.
- Exhibitors must bring their own card table for displaying the place setting and food.
- Youth must set their own table and display.
- All displays must include all dishes and silverware needed for the exhibit, including serving utensils for cakes.
- A tablecloth or placemat should be included.
- A centerpiece is recommended for everyone except cake decorators.
- Dress appropriately for the meal and occasion you are presenting.
- Include your recipe on an index card.
- Foods will not be eaten by a judge, so temperature does not matter.

Project Class Descriptions:

- **Cloverbuds** will prepare a simple snack.
- **Explorers** who are not enrolled in the Foods & Nutrition project will prepare an after-school snack.
- **Foods & Nutrition** members will select 1 food they have enjoyed preparing. The food you select must be related to your project, but the recipe does not have to be from the project literature. Members will also plan a menu that includes the food you selected.
- **Cake Decorating** members will bring a decorated cake (no cupcakes) using frosting techniques and may include edible or non-edible decorations.

2021 Foods Revue Registration:

Due Monday, June 7th by 4:30 p.m.

Placing for LATE entries will be lowered

Name _____
Phone _____ Grade _____
E-mail _____

Please enroll me in the following Favorite Foods Revue category(ies) (check the appropriate response):
____ Cloverbud (grades K-2)
____ Exploring (grades 3-4 not in a Foods project)
____ Foods & Nutrition
____ Cake Decorating

Return to: La Crosse County UW-Extension
212 6th Street N Suite 2200
La Crosse, WI 54601

E-mail: LaCrosseCounty4H@lacrossecounty.org
Fax: 608-789-4808

***This event will follow all COVID-19 protocol and participants will be asked to wear a mask and observe social distancing. If anyone feels sick, they are asked to stay home. ***

foods revue fair entries>>>

Remember to submit your Foods Revue item(s) as a Fair entry to receive your premium! All Foods Revue entries must submit a photo of their actual Foods Revue entry on an 8 1/2 X 11 sheet of paper. Exhibitors may write captions, add recipe or decorate the paper to enhance their exhibit. Place settings are NOT required for display at the Fair. These photos should be taken to the Foods & Nutrition area in the Old Youth Building during the drop-off time for all Fair entries.



fair >>>

A note from the Animal and Veterinary Science Superintendent

Hello all. After several years of research, this project has changed in its format. There is no longer a veterinary science project, but an animal/veterinary science project. There are some items listed for you to do, but the main purpose of this change is to get you to come up with an idea of what you want to show off. Posters and displays may be used. Higher the grade level, the more I will look for in how you show your work. Remember to cite sources especially in grades 7 and up.

My goal as a leader is to get you to use your brain and come up with something in the animal you want to learn more about. Think outside the box. Think about other animals, other veterinary positions, diseases of animals, what sparks your interest. Any questions feel free to contact me, kkymmm@gmail.com. Let's see what you may come up with, I can't wait. If the fair does not happen, I can set something up virtual (I think). Have fun and learn new things as you go.

-Kim Young, Animal Vet Science Superintendent

Clerks and Helpers for Fair

The sign up is now open for Clerks and Helpers for the 2021 La Crosse Interstate Fair. We welcome anyone who wants to help out with the fair and especially parents and exhibitors. We ask that anyone who is under the age of 12 to work with or be supervised by a parent. Please visit Sign Up Genius via this link to view available times: <https://www.signupgenius.com/go/70A0A44A5AA2EA5F85-clerks2>

You can also find the sign up by visiting www.signupgenius.com, clicking on "Find a Sign Up" and typing in the email, carlie.scriver@yahoo.com.

Feel free to email Carlie Scriver with any questions at carlie.scriver@yahoo.com. As always, we thank our volunteers for supporting Wisconsin fairs and our youth!

Open Foods Superintendent Position

Jr Nature Sciences, Jr Woodworking, Jr Electricity, Jr Mechanical Science, Open Woodworking Superintendent Position

The La Crosse Interstate Fair is looking for individuals to be superintendents/assistants for these departments. If you or anyone you know would be interested please contact Carlie Scriver at 608-317-9168 or carlie.scriver@yahoo.com for questions and a description of the position duties.

expressive arts >>>

Expressive Arts Festival

This year we still need to operate with a few restrictions, so Expressive Arts will look a little different this year, and hopefully we can move forward with a little more normalcy next year! So here is how things will go.

The same exhibit guidelines and requirements will stand. For more information on those and how to submit things, visit: <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/county-festivals/>.

For all solo exhibits, this includes demonstrations, we will be requiring youth to submit video recordings of their selection. This will include any multiple person exhibits that are in one family as well. Time limits will still be upheld. Judging of these videos will happen the week of May 17-21, 2021, with a deadline of submission being May 14, 2020.

For group exhibits - theatre performances, mini dramas - where participants may include additional households, we will be holding an event on Saturday, May 15, 2021 at the Myrick Park "Stage" which is near Kids Coulee from 9am-Noon. Times may vary based on how many sign up. We will choose 2 groups to go on and participate in a regional competition with Area 13 4-H youth, at Norskadalen on Tuesday June 29, 2021 in the evening.

There will be no submissions in art and photography this year as those will largely be submitted at fair.

I'm sure there will be a lot of questions with this - please reach out to me at lacrossecounty4h@lacrossecounty.org and we'll do our best to make sure we think of it all!

odds and ends >>>

Dairy Breakfast!

The annual La Crosse County Dairy Breakfast is set for Saturday, June 19th from 6:00am-11:00 a.m. at Creamery Creek Holsteins (W1250 County Road U, Bangor, WI 54614).

Breakfast on the farm will feature Mindoro Lions Club pancakes, sausage, Westby cheese curds and yogurt, Culver's frozen custard, eggs with cheese and milk! Many extra roles are needed to make this event safe for everyone, if you would like to volunteer for this event, please email lacrossecountydairybreakfast@gmail.com.



April 4H Blood Drive

Every day, Versiti Blood Center of Wisconsin needs to see at least 800 donors to meet the demands of our hospitals. LOCAL HOSPITALS. Because of the overwhelming need, and that this is something we actually can do to help the situation out there, I'm asking our 4-H family to step up. Give blood if you can. Save some lives.

Date: Friday, April 9th

Time: 9:00AM-2:00PM

Where: 1460 W CTY, WI-16, West Salem, WI 54669

Register here: https://donate.wisconsin.versiti.org/donor/schedules/drive_schedule/212897

Everything at the blood donation site will be protected as much as possible, but please wear a mask.

adaptations >>>

Wandering Wednesdays (Summer Camp)

Another weird tough decision we've made as Area 13 4-H Educators is we're going to do a hybrid camp this summer, with normal summer camp to resume next year. STILL we want to do something fun. And we want to explore. So we are hosting WANDERING WEDNESDAYS!

From June 9 - July 7th, each wednesday we will pick up youth (around 8am!) and take them somewhere fun for the day (and of course return them by 4:30pm) One of those days, June 23rd, we'll spend in our own county, fishing, log rolling, and possibly scavenger hunting. Interested? Cost will be somewhere between \$10-20/day/youth. For grades 3-6th (you must have finished the grade for it to count). I'm working on finalizing the cost and will confirm with Leaders Board if reimbursement is available. And we will be touring La Crosse, Monroe, Vernon, Richland and Crawford counties.

SAVE THOSE DATES!: June 9, June 16, June 23, June 30, July 7.

More info to come!

That's Not What I Meant

One of the virtual 4-H meetings I held over the past year was how to have hard conversations. We're taking this statewide in the virtual community. Megan (Shawano 4-H Educator) and I will host this super informal series. If you (or your youth) are in grades 6-9, or even older, and struggled with confidence in holding your own, or want ideas on how to communicate Better (trust me, this is stuff I wish I learned a LOT sooner in life), then you'll want to look into this.

It's a six-week course starting Tuesdays April 20 (going until May 23), covering self-awareness, non-verbal language and tone, intergenerational communication, how to hold onto your truth, listening, all the good stuff in a wonderfully safe place. This will majorly score you some emotional intelligence points. It will be held virtually in the evenings from 8-9pm as a good summary of the day sort of thing.

Registration is available in 4HOnline! If you have any questions, please feel free to reach out: lacrossecounty4h@lacrossecounty.org.

COOPERATIVE EXTENSION SERVICE

United States Department of Agriculture
University of Wisconsin—Extension
La Crosse County Offices
212 6th St. N Suite 2200
La Crosse, WI 54601

NONPROFIT ORGANIZATION

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important dates>>

- April 1st - Dog Training Registration Due**
- April 8th - Leaders Board Meeting**
- April 13th - Dog Project Orientation**
- April 18th - Ambassador and Youth Leader Meeting**
- April 20th - Start of That's Not What I Meant**
- April 29th - Horse Project Registration Due**
- May 15th - Horse Camp**
- May 14 - Expressive Arts Submission Deadline**
- June 7th - Twilight Meeting**
- June 9th - Start of Wandering Wednesdays**
- June 19th - Dairy Breakfast**
- June 22nd - Foods Revue**
- July 10th - Cattle Fitting Clinic**



The Cloverline 4-H Newsletter is produced monthly by the La Crosse County UW-Extension Office, 212 6th St. N. Suite 2200, La Crosse, WI, 54601 in cooperation with the University of Wisconsin-Extension, Madison, WI. Wisconsin Relay—711.

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608.789.4808 (fax)

The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.