



UW-MADISON EXTENSION  
LA CROSSE COUNTY



# Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

August 2020



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*...and much more!*



## Stale Bread

Friends -

This whole summer has left me feeling like stale bread. I've temporarily run out of virtual programming ideas, the recipes at home are not inspiring, the shows I'm watching are tired. I'm just done with this whole thing. I mean, I'll hang in there, don't worry. But I would happily give it all up for a lovely backyard barbeque with all the people in my tribe who I am deeply missing. And a hug.

And there was a time when finding the happy was all I needed to do, but even that is hollow and trite. So I imagine a lot of you are in this space with me. And maybe you aren't, which is great, because it's stinky in here. But if you find yourself being a stale loaf of bread these days, you aren't alone.

My melancholy did actually inspire me to see what you could do with stale bread. It turns out - there are a lot of things for which it can be re-purposed. Croutons! Bread Pudding! Bread Crumbs! (Just don't feed them to the ducks at Riverside, they prefer peas). French Toast! Stuffing!

So yes friends, even though we are stale bread or stale potatoes or just stale - it means our life is quietly being enriched in the background. We are becoming delicious toppings. Goodness even my metaphors are tired. SIGH.

My point is, sometimes it's important to just sit in the staleness for a bit - at least until we adapt. Until we are re-purposed for the next thing.

Just hang in there with me.

*Emily A Crook*

Emily Crook  
Positive Youth Development Educator  
La Crosse County Extension

# updates >>>

## Charter 2020 Updates

This year a lot of work has gone into making the Charter a little more user friendly, a little more IRS compliant, and a little more frustrating (probably. I just assume these things). Here are the more prominent changes:

- Financial Record section of the charter (only the Financial Record section) is due to the Extension Office by September 1, 2020. The rest of the charter is due October 1, 2020. We will be mailing all this out to you with a copy of last year's charter by July 15th.
- Besides the statement for June 30, 2020, they want a copy of the check register for the entire year. This can be done via excel or a copy of the check book register, or a print out from quickbooks. Whatever works best for you.
- Financial Audit checklists must also be included - these are the worksheets signed by the auditor of your group. Need an auditor? Let me know. I will make this happen but this means I might need an earlier deadline for you.
- SMART goals are written out, with numbers you can input yourself. There are a number of options you can pick from to fit the needs of your club. You can also still submit your own creative ones as well.

Have questions? I'm always willing to answer them! 608-785-9593 or [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).

## September 1st Deadline

Want to save trips to the office? Plan to bring in your Pumphouse Artwork, your Record Books\*, and the financial records for your charter all together. (\*Although Record Books are not due until September 10th).

## New 4H Online Coming Soon

WI 4-H will be switching 4HOnline to a new more user-friendly format starting **August 21, 2020**. I had a preview of the program, and I'm excited! It is definitely more family friendly and less confusing. However, here are some things you need to be aware of:

Your membership years will roll over but your projects will not. Now would be a good time to look at the list of projects you are involved in, and clean out the ones that you aren't interested in anymore, keep the ones you plan on showing at fair next year, etc.

**No changes can be made between August 21, and September 1 - no new members until this roll over happens.**

Club/Project members - **DOWNLOAD YOUR LISTS NOW**. All enrollment is up to date, gather those email lists and hang onto them. I'm not sure when tutorials will come out for group leaders on the new system. So be prepared.

**Re-enrollment will be on the new system, at the regular time October 1st.**

Questions? I will try my best - email me at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).

## T-Shirt Logos, etc.

A long, long time ago, before the pandemic, the state office was rolling out some logo guidelines for t-shirts, etc. However, they never got to it. Hence, everything that is going on these days with new shirts, etc, falls under a good ol' grandfather clause. But I would like to get a good list of vendors going, if you wouldn't mind. Can every club/project send me who they use for their t-shirt providers? Just email me at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu).

That way when new guidelines come out, I can get what is needed straight to the vendor without needing to bother anyone. Sound good? I'll email you, too, but this is a fun reminder.

## Committee Members Wanted

With every special event or opportunity given to La Crosse County 4-H youth, there is a quiet band of committee volunteers that work to make it happen. Ever have thoughts on how to make something better? Want to be part of the magic? We would love to have your help with Clover College, Expressive Arts, Achievement Night, Record Books, or any of the county-wide things we do. If you are interested - here's a little survey to get your interest. <https://forms.gle/MyNx8KYaeem7yheN9> Fill it out!

# events >>>

## Foods Revue

We have a new version of the Foods Revue and YOU are invited. In working with Peggy Maricle - the superintendent, we came up with following format

**Date:** Monday, August 17, 2020

**Time:** 4-6:30pm

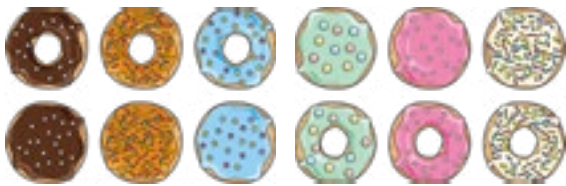
**Location:** County Admin Center, outside the parking lot doors.

Approval Status: State Approved

How we will do this:

- Be sure to email us your recipe prior to the event ([lacrossecounty4h@lacrossecounty.org](mailto:lacrossecounty4h@lacrossecounty.org))
- Youth will arrive one family at a time, staggered.
- Bring your table, chair, dining set, and meal/snack/ cake
- There isn't a judge this year, but we will do peer review
- There will be a backdrop for you to set up your table with. We will shoot video of your set up and of YOU!
- We will also ask questions of your exhibit (or your parent can if they feel comfortable doing so) and video those as well. Questions will be emailed ahead of time for all participants.
- Once the event is finished we will put together videos of the participants and have a virtual vote for the best of each class.
- You won't receive a fair premium this year, but we can ensure you get a ribbon for your record book.

This is a lot to digest (HA food pun) so if you have questions, please do not hesitate to ask. I wanted to get this date on your family calendar. To register please submit this form: <https://forms.gle/fLDLw6Nf38uq9L5CA> by August 7th, 2020.



## 4-H Blood Drive

Thank you to everyone who participated in our first annual La Crosse County 4-H sponsored blood drive. Though we weren't able to have it at the fair grounds during fair, we still held it at the La Crosse County Health and Human Services building. It was so helpful to our local area hospitals by pulling in 68 units of blood. I'm grateful for all of those who came and gave to the community. Helping strangers in such a time of need, it's beautiful to witness. Thank you!

## Leaders Board Meeting

**When:** Thursday, August 13, 2020 at 7:00 p.m.

**Where:** Online! <https://tinyurl.com/y4ryw7ho>

Meeting ID: 980 9619 5163

Passcode: 472721

Dial by your location

+1 312 626 6799 US (Chicago)

Meeting ID: 980 9619 5163

Fall program planning, updates on grant requests, summer programming, and more!



## Pumphouse Open House and Display

We had no fair this year. How is Emily supposed to pick what gets displayed.. she doesn't! It's a free for all!

Anyone who wants to submit art to be displayed at the pumphouse gets to. The catch- you have to pick one. Just one piece of art to submit. Deadline for dropping off items will be September 1. The open house will be the evening of Sept 15. And the display will be on for the month of September - October. Watch for a form in the August newsletter to submit your artwork with.

## save the date >>>

### Achievement Night

**When:** Thursday, October 29, 2020

**Time:** 5:30pm Dinner, 6:00 pm Program

**Location:** Lunda Center, Western Technical College, 319 7th St N, La Crosse, WI

This may very well be our first big gathering since March! Let's celebrate all the things we've accomplished this year. An RSVP will go out a little closer to the date, but wanted to ensure this would get on your calendars.

# adaptations >>>

## Programming Guidelines Going Forward

With July 1st here, we are officially given the go ahead with small group programming. This means less than 10 together. Ideally outside, but inside is permissible under short time frames. Please read all the information below and if you plan on holding a gathering please shoot me an email at [emily.crook@wisc.edu](mailto:emily.crook@wisc.edu) so I can ensure you have everything you need to keep things safe. Here are some COVID-19 related frequently asked questions and answers:

### 1. What types of 4-H programs and activities are currently available for youth participation?

#### *Virtual Programming led by staff or volunteers*

- The preferred method of program delivery is “virtual/online.” Most planning efforts should focus on these types of programs for the remainder of the summer. Please review our tips for safe online programming.

#### *Small-Group Programming*

- In person, physically distant youth programming led by staff or volunteers (this includes continuing our current “no contact/individual” programming. This will apply to groups of 10 or fewer initially, and will increase to larger groups when health guidance permits. Work with your 4-H or PYD Educator to develop plans and seek organizational approval.

### 2. When can 4-H members start meeting in small groups of 10 or fewer?

- We are planning for July, however this will depend on organizational readiness AND public health guidelines. The Division of Extension has a safety protocol that allows for “small group” 4-H programming. This will apply to groups of 10 or fewer initially, and will increase if health guidance permits.

### 3. As an adult volunteer, will I need permission to lead a small 4-H group of 10 or fewer?

- Yes. Plans will need to be created using the Extension template, with the 4-H Program Educator who will seek organizational approval through their Area Extension Director (AED).

### 4. What counts as 10 or fewer people in one location?

- 10 people including adults is a “small group”. Multiple small groups may meet in a large location where the groups can remain separated and physically distant.

#### *Examples may include:*

- Multiple spaces in the same venue such as a school, library or community center could be part of a program plan where groups would remain separated and physically distant throughout the event. Plans should include how young people will access the unique spaces without congregating, and logistics around parking, drop-off and pick ups.
- A park with several groups of 10, each with separate volunteer/staff with proper cleaning between groups. The groups could rotate between activities, or facilitators of activities could rotate between groups to offer a safer experience. It will be important to ensure the space also allows for physical distancing between other park attendees.

### 5. When can large 4-H groups with over 10 participants begin meeting?

- We are planning to scale up to groups of 50 by the end of the summer, anticipating remaining at maximum 10 through at least July, however this will depend on organizational readiness AND public health guidelines. The size of groups will increase or decrease depending on the health recommendations at the time.

### 6. What is the status of 4-H overnight camps and travel programs?

Due to increased risk with prolonged exposure overnight camp and travel programs are canceled through August.

## Monroe County Virtual 4-H Meetings

Join Josh Goede, PYD Educator for Monroe County 4-H, as they explore the world virtually through their virtual 4-H meetings. In case you can't attend ours, or just want a change of pace, feel free to jump on in! They are Tuesdays at 3pm. <https://tinyurl.com/y95udx43>







## Conservation Challenge 10K!

Upham Woods has created a Conservation Challenge to give back to the land that is so often taken for granted. We aim to put 10,000 hours of conservation service into our lands by the year 2020. We will accomplish this goal through our many conservation program opportunities for both campers and community members. The goal of the challenge is to restore our land while simultaneously giving people the skills and knowledge of land management. These land management principles can then be easily applied to their own communities. Some of these projects include trail building, invasive species management, oak forest restoration, and biodiversity monitoring. Examples of such projects can be seen on our story map.

To get involved in the Conservation Challenge email our Conservation Program Coordinator, Caroline Zimmerman, at [czimmerman6@wisc.edu](mailto:czimmerman6@wisc.edu) or call (608) 254-6461.

For upcoming events, please see our Conservation Community Events page or our calendar.

Running Total (since the beginning of August 2019):  
2,140 hours

## WI 4-H Virtual Learning Community

UW-Madison Extension's Positive Youth Development Institute is working to create a Virtual Learning Community during the summer of 2020 to provide quality educational activities online that youth, volunteers, and staff can participate in.

This committee has been working hard to create an easy to use calendar and submission form that will help to promote these activities Statewide and beyond. These activities will cover a wide variety of topic areas and methods of delivery. The committee wants to make sure that anyone who wants to find something engaging, educational, and fun online is able to do so easily.

The Virtual Learning Community is set to run our Summer of Activities from July 1-August 31, and we will use this experience beyond the summer to bring more high quality virtual programming to youth, volunteers, and Extension staff across Wisconsin! Visit: <https://4h.extension.wisc.edu/virtual-learning-community/> for more information and to get a comprehensive calendar.

## La Crosse Interstate Fair - Virtual Fair Recognition Opportunities

We are all very disappointed that the La Crosse Interstate Fair will not happen for 2020. The memories, friendly competition, education, learning and good fair fun will all have to wait in anticipation for 2021. The Ag Society along with our media and sponsorship partners have been thinking of creative ways to give tribute to the hard work of the youth and share in their projects and exhibits.

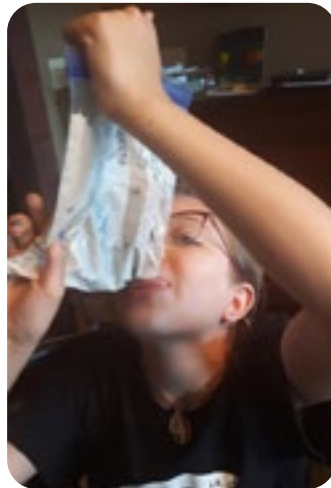
Here are some opportunities Marla Stello initiated for the youth in La Crosse County to showcase their projects that will not be exhibited at the fair this year.

- **Opportunity #1** - Youth can send an image to Marla Stello at the fair email address that will be loaded to the Ag Society / La Crosse Interstate Fair website under the Photo Gallery tab/page.
  - To participate, email your photo images to: [lacrosseinterstatefair@yahoo.com](mailto:lacrosseinterstatefair@yahoo.com) Please include the exhibitor's name and project if you would like this noted. If not, we will post the image only.
- **Opportunity #2** - COW97 radio is providing a tribute to the youth on their Facebook Page. They have created a virtual scrapbook album they will promote and provide recognition to exhibitors on their radio broadcasts. The information will be showcased LIVE on COW97 and on their COW97 Virtual Scrapbook. COW97 will post times that each exhibitor will be featured so family and friends know when to listen!! Here is a link that COW97 will gather the information for the site: [cow97.com/fair](http://cow97.com/fair)
- **Opportunity #3** - Compeer Financial is promoting a story essay contest for youth to participate in. Attached is a promotion flyer with the rules and regulations and process to follow to participate if individuals wish to do so. The submission form can be found here: [compeer.com/BlueRibbon](http://compeer.com/BlueRibbon)



# camp in a box >>

We had a GREAT time learning about rockets, space, and constellations with this year's summer camp (in a box). It was great to see some familiar faces and we hope next year's Summer Camp will happen in person. Thank you to all who participated!



The Cloverline 4-H Newsletter is produced monthly by the La Crosse County UW-Extension Office, 212 6th St. N. Suite 2200, La Crosse, WI, 54601 in cooperation with the University of Wisconsin-Extension, Madison, WI. Wisconsin Relay—711.

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The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.

