

Hello everyone, and Happy Spring!

This season is about growth and change, and you may have noticed my last name is different; I got married! So you will be seeing info come out from Kaitlyn Davis instead of Kaitlyn Lance.

I know with everything going on with Covid-19 life can seem overwhelming and stressful. Remember you are not alone. There are many resources available to you to help you get through this challenging time. Normally I would use this platform to mention upcoming meetings for the next few months, in this edition though I want to highlight some of those resources you can turn to.

I will have a section that will describe some online opportunities that you can take advantage of when you aren't in the barns or out in the field. Though Extension may be working from home at this moment we still want to provide you with quality research and education. Please don't hesitate to reach out with any questions you might have. I look forward to when we can all meet in person again.



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Upcoming Events

Resources

- **Extension Agriculture Covid-19 Response Page**
 - <https://fyi.extension.wisc.edu/covid19/category/topics/farming/>
- **Great Rivers 211**
 - <https://www.greatrivers211.org/gr211/>
- **Navigating Farm Support Programs During Covid-19**
 - <https://aae.wisc.edu/pdmitchell/2020/04/27/navigating-farm-support-programs-during-covid-19/>
- **La Crosse County Extension Opportunities**
 - <https://lacrosse.extension.wisc.edu/virtual-programming-opportunities/>
- **State Virtual Opportunities – Calendar will be updated when programs become available**
 - <https://extension.wisc.edu/events/>

Programs

Heart of the Farm Coffee Chat Program Kick off – May 8th

Heart of the Farm Coffee Chats will be held via zoom on May 12th, 19th, 26th, and June 2nd. From 7-8 PM. Registration can be found here:

- **When:** May 12, 2020 07:00 PM Central Time (US and Canada)
- **Register in advance for this meeting:**
<https://uwextension.zoom.us/join/register/tJcqcOmvgDkrHNGClhPX0kdNIGtcKcBWzPJD>
- After registering, you will receive a confirmation email containing information about joining the meeting.

Special Note on Field Days

Generally we hold these meetings in early to mid-August. Due to Covid-19 these programs are still in development. Please watch for more information in the newspapers, this newsletter and the La Crosse County Extension website. We will post more information as it becomes available.