

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

### December 2019

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- Youth Leader Trips

...and much more!

# Winter Warm Up

One of the surprising things I learned when I left my childhood home, was how not all families volunteer. It's just not part of their framework. There's no judgement; people who volunteer aren't morally a step up by any means. In fact, the opposite can be true, if you provide service from a privileged pedestal.

But given the right motivation, the right activity, and the right time commitment, a service experience can open your mind, connect you more deeply, enrich your mental health, belong to the community and fulfill a sense of purpose. These are all things that have been shown to be lacking in our digital age as of late.

We alternatively praise and curse our smart phones because of all the things at our finger tips. But we do miss the intensity of empathy in the person's eyes as we share our suffering, or the joy in someone's smile when our story is given. And volunteering is one of those things that checks off many boxes on our to-do lists.

I hope you find some way to give this season, that is beyond a giving tree (those are great! I love those), and a salvation bucket. Get to know others, learn their journeys. Yours will grow exponentially in the process. I promise.

Enil a Cusch

Emily Crook Positive Youth Development Educator UW-Madison Extension Services La Crosse County

## state trip adult advisors >>>

Any adult over 21 years of age that wishes to chaperone trips such as Citizenship Washington Focus, National 4-H Congress, Space Camp, American Spirit, WI 4-H & Youth Conference, or International programs needs to complete an application in 4HOnline by **February 15th, 2020**. For more information, please visit <u>https://</u>fyi.extension.wisc.edu/wi4hedopp/adult-advisors/.

# leadership >>>

### Leaders Board Meeting

The next Leaders Board meeting will be held on **Thursday, January 9, 2020** at **7:00 p.m.** in Hamilton Town Hall in West Salem. There will be an open forum for anyone wishing to address the committee.

Volunteers are still needed to fill the positions of President, Treasurer and West Salem Representative for the 2020 year. Nominations will be asked for at the Holiday Party on December 5th, if anyone is interested an election may be held then.

The Leaders Board monthly minutes are available online 24/7 at <u>https://lacrosse.extension.wisc.edu/4</u> <u>-h-youth-development/4-h-leadership/leadersboard-minutes/</u>.

#### Parents & Leaders Holiday Party and Recognition Night

#### When: Thursday, December 5th at 6:00 p.m.

- Where: The Log Cabin, N4697 State Road 162, Bangor, WI 54614
- Who: 4-H volunteers, leaders, and parents (\*no youth please!)
- Cost: Free
- RSVP: <u>LaCrosseCounty4H@lacrossecounty.org</u> or 608-785-9593

The La Crosse County 4-H Leaders Association is pleased to invite all 4-H leaders, parents, and volunteers to the annual holiday party! A free meal and dessert will be had along with a short awards ceremony and plenty of holiday shenanigans! Guests are encouraged to bring something small for a door prize gift exchange. Come join the fun by getting your RSVP in to the Extension office today!



#### V.I.P. Training

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Volunteer in Preparation (V.I.P.) training will now be conducted by personal appointment only. This training is required by the State of Wisconsin 4-H for all new volunteers. Some returning volunteers still need to take this training as well! To find out if you still need this training or to schedule your training time around your schedule, please call our office at 608-785-9593 or email

LaCrosseCounty4H@lacrossecounty.org.

### Annual Leader Training

#### When: Monday, January 20th at 7:00 p.m.

- Where: Extension La Crosse County Office, 212 6th St. N Ste 2200, La Crosse, WI 54601
- Who: at least 1 volunteer from each club/group
- RSVP: <u>LaCrosseCounty4H@lacrossecounty.org</u> or 608-785-9593 by **Monday, January 13th**

In order to be compliant with 4-H Charter standards, the State 4-H Office and Extension La Crosse County hosts annual leader training. <u>It is</u> <u>required that every chartered club or group send</u> <u>at least 1 adult volunteer representative to attend</u> <u>a training!</u> To register for the training, please call our office at 608-785-9593 or email <u>LaCrosseCounty4H@lacrossecounty.org</u>. More trainings available at Clover College

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# bits n' pieces >>>

# HEAD HEART HANDS HEALTH

#### 2019-2020 4-H Enrollment

4HOnline is open now for enrollment (new families) and re-enrollment (returning families)! Paper forms in English and Spanish are available from the Extension office for families that wish to complete them in lieu of the 4HOnline program.

- 4-H enrollments for potential State Fair participants are due by Sunday, March 1st, 2020!
- 4-H enrollments for potential La Crosse Interstate Fair participants are due by **Wednesday, April 1st, 2020**!
- **DO NOT CREATE A NEW PROFILE** if you forgot your password, were a 4-H family in a previous year, or got locked out of your family account. Simply call the Extension office and we will get you all squared away.

For more information about 4-H and the enrollment process, please visit our website at <u>https://lacrosse.extension.wisc.edu/4-h-youth-development/4-honline-enrollment/</u>. As always, if you have questions or concerns, please contact the Extension La Crosse County office at <u>LaCrosseCounty4H@lacrossecounty.org</u> or 608-785-9593 and a 4-H staff member will be happy to assist you.

### **Clover College 2020**

Come join us for the day and learn something new! 4-H and community members (non 4-H) members can attend different class sessions to explore various project areas and complete hands-on, educational activities taught by volunteer leaders and teachers. This year s event will be held on **Saturday, February 15th, 2020** at Bangor Elementary (701 14th Ave S, Bangor, WI 54614).

Registration will be open on Thursday, January 2nd. Forms and information will be posted online at <u>https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/clover-college/</u> as well as in January s <u>Cloverline</u>.

Classes this year for youth will include topics on electricity, Irish dancing, sign language and more! There will also be Volunteer in Preparation, trauma informed, and theatre arts training for adults and interested youth.



# shooting sports >>>

#### Archery & Pellet Gun Program

- When: Saturdays, January 11th & 25th, February 8th & 22nd, and March 7th & 21st, 2020 at 8:00 a.m., 9:00 a.m., OR 10:00 a.m.
- Where: La Crosse Archery, 1231 Oak Forest Dr, Onalaska, WI 54650
- Who: 4-H and community youth grades 3 & above
- Cost: \$6-Archery 4-H member; \$10-Community Archery member; \$10-Pellet Gun 4-H member; \$15-Community Pellet Gun member

This popular program fills up fast, and spots are awarded on a first-come, first-serve basis. No spots will be held without received payment in full. **4-H** *members must be re-enrolled for the year in* **4HOnline at time of registration to be eligible for** *the* **4-H** *member prices!* Because extra insurances are provided, proof of a hunter s safety certification is not required for this program.

For more information and a copy of the registration form, visit <u>https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-projects/shooting-sports/</u>. For questions about the program, please contact the Extension La Crosse County office at <u>LaCrosseCounty4H@lacrossecounty.org</u> or 608-785-9593. Registration is due by **4:30 p.m.** on **Thursday, December 26th, 2019**.



### animal sciences >>>

### **Dog Project**

Dog Project will meet on **Tuesday, December 3** at the Barre Town Hall at **6 p.m.** We will be having a Christmas party which will include making homemade dog treats for the pups and we will order pizza for the parents and children. We will also have a dog toy gift exchange so bring one \$5-\$10 dog toy/treat wrapped up for our doggie secret Santa.



Also, please bring a small plate of your favorite cookies/treats to share for dessert. Please RSVP to the dog project messenger group chat when asked if you will be attending or email <u>glandt@centurytel.net</u> so we know how many will be attending so we know how much pizza to order!

### Pork Producer's Annual Meeting

#### When: Sunday, January 26th, from 1:00-2:30 p.m.

Where: The Log Cabin, N4697 State Road 162, Bangor, WI 54614

RSVP: Please call Mike Gilster at 608-790-1261

Registration for this meeting will be from 12:30-1:00 p.m. For questions about the Pork Producer s meeting or group in general, please give Mike a call (above). This meeting is not just for swine exhibitors, but all livestock families. All are welcome! **This meeting counts as an educational session.** 

### **Goat Project Meeting**

p.m.

When: Saturday, December 7th from –

Where: Onalaska Town Hall, N5589 Commerce Rd., Onalaska, WI 54650

This meeting is a Taste of Caprine! Bring a dish made with goat milk, meat, or has a goat theme to it.

### **YOCA** Training

For youth exhibitors that wish to participate in the 2020 Wisconsin *STATE* Fair, Youth for the Quality Care of Animals (YQCA) training is required. This training is required for the La Crosse *COUNTY* Fair *MEAT AUCTION* for *swine exhibitors only*. This statewide program replaces the historical MAQA trainings.

YQCA training can be taken online in the form of self-guided modules. The cost for this format is currently \$12.00 per youth. To get started and get your modules finished, log on to <u>https://</u><u>yqca.learngrow.io/Account/Login</u> and enter your 4HOnline account information.

YQCA can also be completed face-to-face with Extension La Crosse County s Agriculture Educator, Kaitlyn Lance. Winter class sessions are currently being planned and more information will be posted in future <u>*Cloverlines*</u> as well as on our <u>website</u>. The cost for this format is typically \$3.00 per youth. Once classes are set and available, you must pre-register and pre-pay for the class on the YQCA website.

For questions on YQCA training, please contact the Extension La Crosse County office at 608-785-9593 or LaCrosseCounty4H@lacrossecounty.org.



# arts & communication >>>

### 2020 State Photo Display

It s time again to submit your photography entries to the Extension La Crosse County office for the 2020 State Photo Display! This highly competitive display means that La Crosse County can only submit 3 photos from our county, which will be chosen by the Leaders Board Arts Committee. The State 4-H Photo Advisory Committee will then select the Top 12 photos from the whole state to be highlighted in the display at the 2020 Wisconsin State Fair.

To submit your entry, please send us a *digital* copy of your image as a .jpeg or .png file. Please avoid scanning photos if at all possible due to clarity issues. Typical file sizes are between 5M-10M, but if your file is too large to send us via email to <u>LaCrosseCounty4H@</u> <u>lacrossecounty.org</u>, then feel free to bring it down to the office on a flash drive or share a Google Drive file with us, and we can copy it into our files. All photo submissions are due to the Extension office by **Sunday**, **December 8th, 2019**.



### **Expressive Arts Festival**

So many improvements are on the horizon but they are still under construction (many apologies!) Please check the website (<u>https://lacrosse.extension.wisc.</u> <u>edu/4-h-youth-development/events-activities/county</u> <u>-festivals/</u>) for an updated handbook and exhibition categories. As soon as it is available, club leaders will be notified.

#### Date: Saturday, March 14, 2020

Time: 9:00 a.m.

Location: West Salem Elementary School

Changes for 2020: We wanted to let groups know that we won t have use of a traditional stage; instead, the Elementary School has more of an arena-type setting. For performers, merit winners will have the option to perform at the Root Note (115 4th St. S, La Crosse) in April 2020, and art and photography merit winners will have their exhibits on display at the La Crosse County Administrative Center from April-June 2020. So start thinking about what exhibit you d like to show now and get practicing!

### **ART LAB 2020**

Wisconsin 4-H Art Lab is an opportunity for youth grades 9-12 to engage in the arts in downtown Madison. Partnering with UW-Madison and off-campus programs, this weekend will provide youth



hands-on learning experience from professionals in a pre-selected art concentration. Concentrations will be coincided with entrepreneurial development activities such as group discussions, Madison arts entrepreneur talk, and space and resources to plan future action. This is an open enrollment program; all WI youth are invited to participate in this program.

The location of this event is downtown Madison. Registration will be open on Friday, November 15th, 2019 at 4:00 p.m. and available until December 6th. This registration will not be going through 4-HOnline; a link to register will be posted. The cost of the program is \$125. For more information, visit: <u>https://</u> <u>fyi.extension.wisc.edu/wi4harts/art-lab-2/</u>

### 2020 State Art Teams Due Dec 20

Keep hearing about these fun state art teams and wondering just what they do and how to get involved? There are three teams, and here is a little about each:

**4-H Drama Company** creates a stage performance involving acting, song and dance in the five days leading up to 4-H and Youth Conference. Show content is a collaborative effort between company members and their director. Drama Company takes their show on to the Wisconsin State Fair where they perform for fair goers from across the state.

**4-H Art Team** creates artwork around the theme of the Wisconsin 4-H and Youth Conference as well as designing and organizing the WI 4-H and Youth Conference art exhibit, reception and guided exhibit tours. The team members also teach seminars and train to be peer leaders for county and regional events including the Wisconsin State Fair.

**4-H Communications Team** tells the Wisconsin 4-H story using multiple forms of communication, including: photo, video, social media, blogging and writing about club, county and state 4-H events. Team members develop a mixed-media presentation for delegates attending the Wisconsin 4-H & Youth Conference, as well as taking photos and videos of performances.

For the application and more information, visit: <u>https://fyi.extension.wisc.edu/wi4harts/state-art-groups/</u>.

# youth leadership >>>

#### **Citizenship Washington Focus**

#### When: June 13th-21st OR July 4th-12th, 2020

Where: National 4-H Center in Chevy Chase, MD

- Who: 10th-12th grade 4-Hers at time of program
- Cost: \$1400 (Leaders Board will reimburse 3/4 of the cost upon trip completion)

Registration will be open on 4HOnline beginning **Friday, November 15th** until **December 15th**. Choice of weeks and assignments are awarded on a first-come, first-serve basis. For more information, visit https://fyi.extension.wisc.edu/wi4hedopp/ citizenship-washington-focus/.



#### **Youth Leader Meeting**

#### When: Sunday, January 5th at 4:00 p.m.

Where:Meeting room at Michaels,9348 Hwy 16, Onalaska, WI 54650

Ambassadors and youth leaders—we will discuss Clover College plans, and determine duties for the day. We also will discuss possible training needs for the group. Part of this meeting will be devoted to writing/making cards to veterans.

**Join us!** Anyone interested in leadership and community service, please come.

### **American Spirit East**

# When: June 5th-14th, June 10th-18th, or July 3rd-12th, 2020

- Where: Valley Forge, Philadelphia, New York, Plymouth Rock, Boston, and Niagara Falls
- Who: 8th-10th grade 4-Hers
- Cost: \$1400 (Leaders Board will reimburse 1/2 the cost upon trip completion)

Registration for this program will open in 4HOnline on **Friday, November 1st** and payment will be due to the State Office on **Wednesday, January 15th**. Registration for week preference is honored on a first-come, first-serve basis with a wait list created for each week in case of cancellations. For more information, please visit <u>https://fyi.extension.wisc.edu/</u> wi4hedopp/american-spirit/.

#### National 4-H Conference

#### When: March 28th-April 2nd, 2020

Where: Washington, D.C.

Who: 10-12th grade 4-Hers

Cost: Approximately \$1,300

State applications are due to the State 4-H office no later than **Sunday, December 15th, 2019**. For more information, visit <u>https://fyi.extension.wisc.edu/wi4hedopp/national-4-h-conference/</u>.

#### Space Camp

#### When: April 16th-20th, 2020

Where: U.S. Space & Rocket Center in Huntsville, AL

- Who: 6th-8th grade 4-Hers
- Cost: \$625 (Leaders Board will reimburse some of the cost post-camp)

Registration for 2020 Space Camp will be open in 4HOnline on **Friday, November 1st**! Spots are limited and are reserved on a firstcome, first-serve basis. For more details about what happens at Space Camp, visit <u>https://</u> fyi.extension.wisc.edu/ wi4hedopp/space-camp/.



# Cloverline Connections >>>

#### Share Your Knowledge

I've received multiple requests for a section in the Cloverline that highlights clever how-to s in the 4-H world. If you would like to share something that your club, leader, project, or family does that is simply too cool not to share – enter it here: <u>https://forms.gle/rpHX6actceaKmb7v6</u> and we will put it in the next Cloverline!

This month comes from Emily s experience at Fall Forum, where she learned about many different officer positions in clubs beyond the standard ones.

- Some clubs have a Sunshine Committee they greet people at the door, celebrate birthdays, and give hugs when necessary.
- A Sergeant in Arms is responsible for proper flag handling and pledge reading, but also role call in some clubs and name tag distribution.
- Librarians keep tabs on the resources your club has, as well as, any equipment that gets lent out.
- The News Reporter submits stories to the local paper, and updates your social media.

There are so many ways to share the work involved in running a successful club. Spread the responsibilities around so that everyone can have fun!



# December 2019 >>>

						Vicini
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Leaders & Parents Holiday Party	6	7
8 2020 State Photo Entries Due	9	10	11	12	13	14
15 National 4-H Conf. Apps Due CWF Regis. Closes	16	17	18	19	20 2020 State Art Team Apps Due	21
22	23	24 25 Extension Office Closed (24th-25th)		26 Archery/Pellet Gun Regis. Due	27	28
29	30	31				

#### **COOPERATIVE EXTENSION SERVICE**

United States Department of Agriculture University of Wisconsin—Extension La Crosse County Offices 212 6th St. N Suite 2200 La Crosse, WI 54601

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The Cloverline can be found in color and with hyperlinks online at <u>https://</u> lacrosse.extension.wisc.edu/4-h-youth-development/ cloverline-newsletter/ or 4HOnline.

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