

Preserve What You Grow!

- ~ Save your beans, tomatoes and so much more!
- ~ Learn how to can with a water bath and pressure canner
- ~ Make pesto and salsa
- ~ The best ways to freeze, dehydrate, then package your food.



Classes are a part of:

Market Baskets

and will be held from
July to October. Please visit
hillviewuac.org/preservation
for dates, locations, and registration.



Presented by



Food for the demonstrations donated by **Hunger Task Force & Kane Street Garden** and **The Food Forest** at the YMCA.

Canning supplies donated by the **Leithold estate**. Basil class presented by **Amy Shea of Wisewater Botanicals & Sundry**.

For more information, contact Natalie Kostman, Hillview Urban Agriculture Center's Program Manager at 608.782.2585 or greenhouse@hillviewuac.org