



Cloverline

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship**, and **life skills**.

June 2019

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...and more!

Bridging the gap of growing up...

I have two babies who are making huge mental leaps every 8 weeks or so. We read up on this as much as we can because it helps us figure out what they could possibly be upset about. (Most of the time it's food; they are hungry.) I think everyone tries to figure out the development of their infant because they can't communicate, but did you know these mental leaps continue throughout a child's development?

Like in adolescence, a child's mindset expands to a bigger world, deeper emotions, abstract thoughts and new discoveries. Just like the 4th trimester for babies, everything the 9 year old knew, suddenly disappears in that 10th year. Figuratively, of course.

I mean, their parents are still there. So is the school, their friends, pets, clothes, etc. But they don't know what to think about them anymore. They don't trust them. And they don't trust themselves, their emotions or their own reactions.

THIS is what causes a dip in self-confidence among adolescents. A lack of belief and trust in themselves. They turn to peer influence and risky behavior to prove their self-worth. Nothing can be done to prevent this dip. It's part of growing up and it's painful. But entire organizations are built on helping kids bounce back from it. 4-H is one of them. By focusing on exploring interests, kids can trust in their passions and skillsets they acquire from the healthy risks they take by trying something new in a supportive environment.

Have fun this summer. Get the kids to take some good risks and make mistakes. Help them to see themselves and understand their own beauty. 4-H Grows Here.

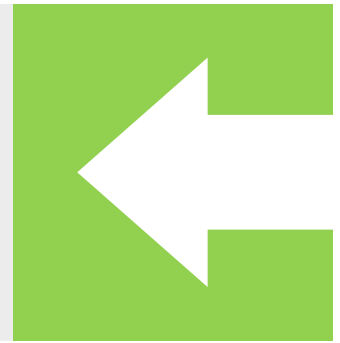
Emily A. Crook

Emily Crook
Positive Youth Development Educator
UW-Madison Extension Services
La Crosse County

club dues >>>



Fair enrollment is now open and youth are entering what they want to show at the Fair next month. **But, don't forget to pay your member dues to your club leader! Youth are not considered members in good standing and will not be allowed to exhibit if these dues are not paid.** Each club sets their own amount for dues in their bylaws, so check in with your club leader today to make sure you are all squared up - especially if you are a busy family that tends to miss monthly club meetings!



leadership >>>

Leaders Board Meeting

The next Leaders Board meeting will be held on **Thursday, June 13th at 7:00 p.m.** in Hamilton Town Hall in West Salem. There will be an open forum at 6:45 p.m. for anyone wishing to address the committee.

The Leaders Board monthly meeting minutes are available online 24/7 at <https://lacrosse.extension.wisc.edu/4-h-youth-development/4-h-leadership/leaders-board-minutes/>.

Club Leader Wanted

The Salem Seekers 4-H Club is looking for a new club leader to take over at the end of this year. If you or anyone you know may be interested in leading or co-leading a club in the West Salem area, please contact the Extension La Crosse County office.

bits n' pieces >>>

Dairy Breakfast



The annual La Crosse County Dairy Breakfast is set for **Saturday, June 15th** from **6:00-11:00 a.m.** at Creamery Creek Holsteins (W1250 County Road U, Bangor, WI 54614).

Breakfast on the farm will feature Mindoro Lions Club pancakes, sausage, Westby cheese curds and yogurt, Culver's frozen custard, eggs with cheese and milk! If you would like to volunteer for this event, please email lacrossecountydairybreakfast@gmail.com. If you would like to help at the 4-H face painting station, please email LaCrosseCounty4H@lacrossecounty.org.

Softball



Dates have been set for the 2019 softball fun matches! No pre-registration is required and it is free to play. Bats and balls are provided; just bring your own glove. Divisions are set by youth's just-finished grade level. Please visit the Softball page for more information and a copy of the liability form at <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/softball/>.

Club Gives Back

On Sunday, April 28th, the Bangor Township 4-H Club met for their monthly meeting and to spruce up the village of Bangor. Many members and their parents gathered to do some spring clean-up around the Bangor Welcome & Bangor Business/Club signs. Thank you to all who helped beautify our community!



Fair Food Stand

It's time to sign up for shifts in the food stand! Please visit <https://www.signupgenius.com/tabs/23672d601a4c3e8c42-2019crosse> and pick your shift. Shifts are awarded on a first-come, first-serve basis. Please contact Sue Kramer at rskburro69@msn.com or 608-857-3370 with questions.

La Crosse County Summer Camp

When: **Sunday, August 4th-Tuesday, August 6th**

Where: Upham Woods, Wisconsin Dells

Cost: \$168 (the 4-H Leaders Board will reimburse 1/2 the cost after camp); adult volunteers are free

This year, La Crosse County 4-H is working with Upham Woods to offer open enrollment summer camp. At camp, youth ages 8-13 will learn about the natural world, themselves and each other. Camp activities include hiking, canoeing, archery, swimming, low element challenge courses and so much more. The traditions of summer camp and unique qualities of Upham Woods combine for an unforgettable experience! Registration is available until full and is awarded on a first-come, first serve basis. For more information on camp and a link to register, visit <https://fyi.extension.wisc.edu/uphamwoods/programs/open-enrollment-summer-camp-and-outpost-trip/>.



animal sciences >>>

Pork Twilight Meeting

When: **Monday, June 3rd at 6:30 p.m.**

Where: La Crosse Interstate Fairgrounds, N4985 County Road M, West Salem, WI 54669

RSVP: Jim Gilster at 608-786-2150 or jgilster@outlook.com

This meeting counts as an educational session for Fair requirements! New Swine families should plan on attending to get more information on Fair exhibits, requirements and to make sure you register for the correct class(es).



Swine Weigh-In

When: **Wednesday, July 17th from 12:00-2:00 p.m.**

Where: La Crosse Interstate Fairgrounds, West Salem

Swine showing at the Fair is non-terminal for 2019. Exhibitors must comply with all DATCP Animal Health Rules and have the proper testing results provided when animals are unloaded at the fairgrounds. This includes all PRRS and PEDv documentation. Please contact superintendent Mike Gilster at 608-790-1261 with any questions.

Horse Project News

- ◆ Thank you to everyone who came out March 23rd to support the Horse Project with their fundraiser at Features in West Salem! Proceeds are being used for memorial benches at the Fairgrounds to honor Mary Sacia and Sally McCann.



- ◆ Congratulations to the senior horse bowl team for snagging a Top 10 at the state competition this year! Special awards were given to **Cortney Nicolai** who earned a Top 10 in team participation and a Grand award for Hippology, and also to **Maclaine Heilman** who earned 4th place for her demonstration speech.
- ◆ The next Project meeting is set for **Wednesday, June 12th at 6:30 p.m.** at the Fairgrounds.
- ◆ There will be trail clinics offered on **Thursday, June 13th** and **Tuesday, June 25th**. Both clinics will start at **6:30 p.m.** at the Fairgrounds. This is a time to get an educational session in for Fair showing requirements and also to get out into the ring before Fair starts in July.

Jr. Livestock Committee Notes

- ◆ Be aware that YQCA training is required for the La Crosse Interstate Fair for the **Swine project only** *if youth are planning on selling their animal(s)*.
- ◆ YQCA training is required for State Fair for the Beef, Dairy, Goat, Poultry, Rabbit, Sheep and Swine projects.
- ◆ YQCA completion certificate copies from online courses should be mailed to Colene Miller (address below) to receive credit for the course. You only need to send them if you did not attend a face-to-face training earlier this spring.
- ◆ Don't forget that youth exhibitors must attend 2 educational sessions *if they are planning on selling their animal(s)* at the La Crosse Interstate Fair. YQCA training can count as one of your educational sessions. Educational session forms should be mailed to Colene Miller to receive credit:

Colene Miller, Secretary
N5909 McKinley Valley Rd
West Salem, WI 54669

- ◆ The next meeting is scheduled for **Tuesday, June 18th at 7:00 p.m.** at Hamilton Town Hall in West Salem.

family, home & health >>>

Favorite Foods Revue

When: **Monday, June 10th at 5:30 p.m.** (set-up at 5:00)

Where: La Crosse County Administrative Center
 Atrium (212 6th St. N, La Crosse, WI 54601)

Cost: Free

Foods & Nutrition, Cake Decorating, Cloverbud and Exploring members: It's time to begin planning for the 2019 Favorite Foods Revue! This is your opportunity to showcase what you have learned in your project(s). For more information and a copy of the registration form, visit <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/foods-clothing-revue/>. Public guests are invited to this event!



Clothing Revue



When: **Wednesday, July 10th at 6:00 p.m.** (set-up at 5:30)

Where: La Crosse County Administrative Center
 Auditorium (212 6th St. N, La Crosse, WI)

Cost: Free

Attention all members enrolled in **Crocheting, Clothing** (any level), **Consumer Savvy, Knitting, Cloverbud** and **Exploring** projects: You are invited to showcase what you have learned in your projects this year! Use the Fair Premium Guide to complete the registration. Be sure your garments are entered correctly; descriptions and limitations are listed in the Guide. The Fair Premium Guide can be found online at <http://www.lacrosseinterstatefair.com/exhibitor-handbook>. For more information on the Clothing Revue and a copy of the registration form, visit <https://lacrosse.extension.wisc.edu/4-h-youth-development/events-activities/foods-clothing-revue/>.

fair news >>>



Club Booths

The 2019 theme this year is "Come One Come All to 4-H" and should focus on club recruitment. All clubs are encouraged to participate in this opportunity. A club booth is a great way to promote yourself as well as La Crosse County 4-H!

This year, there is no need to enter the booth on a fair entry form. Simply email lacrosseinterstatefair@yahoo.com or stellomj@hotmail.com to request your booth. For more information and booth specifications, visit <http://www.lacrosseinterstatefair.com/exhibitor-handbook>.

Important Dates

- ◆ June 1st-28th - Fair entry window
- ◆ June 14th - Paper entries due w/no late fee
- ◆ July 9th - Fair Clean-Up Night
- ◆ July 9th-17th - Entry tags available for pick up
- ◆ July 17th-21st - La Crosse Interstate Fair
- ◆ July 22nd - Livestock Barn Clean-Up
- ◆ August 23rd - Premium Checks ready



Fair Entry Process

The Ag Society is again waiving the entry fee for both Junior and Open class exhibitors as a courtesy for utilizing the online system. Late fees will still apply! No changes, additions or entries will be accepted after **Friday, June 28th**. To submit any entry changes, please visit <http://www.lacrosseinterstatefair.com/exhibitor-online-entries> and fill out the "Tag Correction Form."

The Premium Guide is available online at <http://www.lacrosseinterstatefair.com/exhibitor-handbook>. 4-H and FFA clubs receive 1 complimentary copy. Additional copies are available for \$5 at the Extension La Crosse County office or by contacting Marla Stello at stellomj@hotmail.com.

Please contact the La Crosse County Ag Society at lacrosseinterstatefair@yahoo.com with any Fair-related questions. Project-related questions should be directed to the superintendent of the related department.

youth leadership >>>

WI 4-H & Youth Conference

This month, we have a whopping 14 youth signed up to go to Madison, WI for the annual Wisconsin 4-H & Youth Conference - a program devoted to giving youth leadership experience as well as life skills related to their passions. Congratulations to **Ethan Archer, Andrew Bolyard, Sophia Botcher, Caylee Bruemmer, Emily Fechner, Kate Fechner, Jack Gauger, Summer Maricle, Willis Pollock, Morgan Quackenbush, Walter Ranis, Carly Schindler, Annabelle Yusten and Ethan Yusten**. And a huge thank you to **Jackie Thingvold** for once again volunteering to chaperone this bunch!

2019-2020 Ambassadors

It's time again to apply to be a 4-H Youth Ambassador for next year! Youth going into grades 9 and up are invited to fill out an application at <https://lacrosse.extension.wisc.edu/4-h-youth-development/youth-leadership/> by **Friday, August 30th**. Being a 4-H Ambassador is a great honor. Selected youth get to represent La Crosse County 4-H at community and county events and activities while promoting involvement in 4-H. For questions about Ambassadors, please contact Emily Crook at 608-785-9593 or LaCrosseCounty4H@lacrossecounty.org.



Club Officer Workshop

When: **Tuesday, June 11th from 5:30-7:30 p.m.**

Where: La Crosse County Admin Building, 212 6th St. N Rm 2208, La Crosse, WI 54601

Cost: Free

Who: Youth club officers (all positions)

Interested in knowing how to be a president, secretary, treasurer or another position for your club? Come learn the details of and how to use parliamentary procedure. Pizza and soda will be provided! Please RSVP to the Extension La Crosse County office by **Monday, June 10th** at 608-785-9593 or by emailing LaCrosseCounty4H@lacrossecounty.org. This workshop is highly encouraged for new and returning officers.



fair volunteers needed>>>

The La Crosse Agricultural Society is looking for clerks and other volunteers (adults and youth in grades 7 and above) to help at this year's Fair. Clerks will work with judges and superintendents attaching ribbons, recording results, etc. Clerks work during judging times, so please review the judging schedule in the Exhibitor Handbook (<http://www.lacrosseinterstatefair.com/exhibitor-handbook>). They are still looking for an open Foods judge as well. If you are interested in helping, please contact Carlie Scriver at 608-317-9168 or carlie.scriver@yahoo.com.

environmental science>>>

State 4-H Plant Science Day

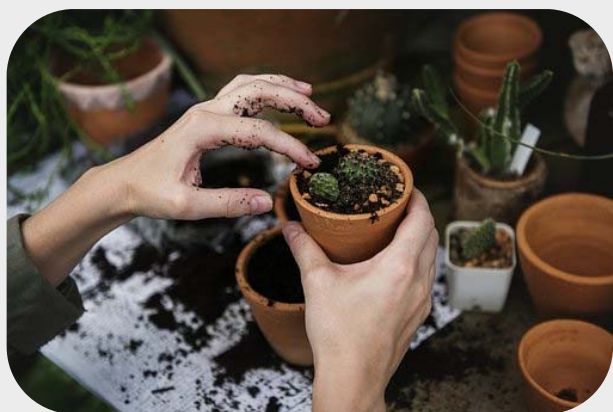
When: **Tuesday, July 9th** from
9:30 a.m. - 2:00 p.m.

Where: Waushara County Fairgrounds, 513 S Fair St., Wautoma, WI 54982

Cost: \$10

Youth in grades 3-13 can test their knowledge about plants while learning how to judge and identify a wide variety of plant specimens. Youth can also compete in photography, speaking, poster and floral arranging contests. For study guide information and to prepare for the contest, visit the National Junior Horticultural Association website at <http://www.njha.org/>. Questions can be directed to Chuck Prissel at 715-485-8600 or charles.prissel@wisc.edu.

The contest for participants will be held in the morning, an educational workshop in the afternoon and conclude with contest results. The registration fee includes all materials, handouts and lunch. Walk-ins are welcome but pre-registration is preferred for lunch and material count. Please visit <https://fyi.extension.wisc.edu/wi4haganimalscience/plant-soil-science/> for more information and a copy of your registration form today!



ag news>>>



Tractor Safety Certification

When: **Monday, June 17th-Wednesday, June 19th**
from **8:00 a.m.-4:00 p.m.**

Where: Barney Center, 1000 E Montgomery St., Sparta, WI 54656

Cost: \$30 (checks payable to UW-Extension)

The Tractor and Machinery Certification/Training program is designed to meet the Wisconsin law requirements for youth ages 12-15 who wish to operate a tractor or other self-propelled implements of husbandry on the public road or to work for family or relatives.

The program fee includes hands-on instruction for tractors and farm machinery operation, hazard recognition and correction, general farm safety knowledge and an emphasis on the importance of a positive attitude towards safety. The course will be taught jointly between Extension La Crosse and Monroe county ag educators as well local school district instructors.

Participants must meet the following requirements:

- ◆ Commit to attending all 3 class days
- ◆ Pass both a written and a driving exam
- ◆ Wear close-toed shoes and appropriate attire for weather and operating farm machinery
- ◆ Bring a sack lunch for each day of class

Registrations are due by **Monday, June 10th** via mail to Extension Monroe County (14345 Co Hwy B, Sparta, WI 54656) with registration fee, behavioral form and activity waiver. All forms and more information can be found online at <https://lacrosse.extension.wisc.edu/2019/03/26/tractor-machinery-safety-certification-2019/>. Questions can be directed to Kaitlyn Lance at 608-785-9593 or kaitlyn.lance@wisc.edu.

international>>>

2019 Inbound Programs



Host a delegate in your home this summer and give your family a global perspective! Students from Japan, South Korea, Taiwan, Norway and Costa Rica are looking to experience America through Wisconsin State 4-H International. Inviting an international youth into your home for 4 weeks will expand your family's cultural understanding and teach about new foods and customs while possibly picking up a new language while also sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country, too!

Families can host a youth ages 12-18 or an adult chaperone. The only requirement is that host families have a child of the same gender who is within 3 years of age of the hosted youth. No special activities need to be planned since these youth want to experience American culture, make new friends and improve their English by staying with your family. This is a voluntary program, so no stipend will be provided. But, you do NOT need to be involved with 4-H in order to host!

For more information, visit <http://www.states4hexchange.org>, email exchange@states4h.org or call 1-800-407-3314. Please note that host family selection is dependent on completion of an application and screening process as well as student availability and personality compatibility.

June 2019 >>>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Happy June Dairy Month! (1st-30th)				June Dairy Days (29th-2nd)	1 Youth, Sr. & Alumni Softball Games
2	3 Pork Twilight Mtg	4	5 Trap Shooting Program	6 Club/Mbr Dues Due	7	8
9	10 Foods Revue	11 Youth Officer Workshop	12 Horse Project Mtg	13 Leaders Board Mtg Horse Clinic	14	15 La Crosse County Dairy Breakfast
16	17 Tractor Safety (17th-19th)	18 Jr. Livestock Committee Mtg	19 Outpost Camp (17th-19th)	20	21 Plant Science Day Regis. Due	22 Rockland Park Softball Games
23	24 Youth Conference (24th-27th)	25 Horse Clinic	26	27	28 Fair Entries & Corrections Due	29
30						



EXTENSION SERVICE

United States Department of Agriculture
University of Wisconsin-Madison
La Crosse County
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La Crosse, WI 54601

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4-H Contact Information:

LaCrosseCounty4H@lacrossecounty.org

608.785.9593

608.789.4808 (fax)

The Cloverline can be found in color and with hyperlinks online at <http://lacrosse.uwex.edu/4-h-youth-development/cloverline-newsletter/> or 4HOnline.

We thank all who volunteer their time and talents to contribute to this newsletter.

La Crosse County Cloverline Newsletter

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