

Cloverbuddies

A 4-H exploration activity series
for Cloverbud members



March 2019

Project Exploration: Performing Arts



Music Theory

Have you ever wondered why musicians have sheets of paper in front of their faces sometimes? They are “reading music,” which is its own kind of special language. Music notes are written on a “clef” and it is like a map so musicians know what note or pitch to sound. The most common clef is called the Treble Clef, and the way you can remember where the notes fall on the clef is with a silly saying. One has been done for you. Can you make up your own? If you want to challenge yourself, go ahead and make up a saying for the Base Clef as well. Good luck!

Treble Clef

EVERY GOOD BOY DOES FINE

Treble Clef

E G B D F

Bass Clef

G B D F A

Playful Puppets

Puppets are so much fun to watch while giving the performer an easy way to entertain without being in the spotlight themselves. Let's make a puppet for you to practice! Gather some simple art materials from around the house, get creative and make your very own silly monster puppet out of a simple lunch sack!



Materials:

- Paper lunch sack
- Craft paint
- Construction paper
- Scissors
- Markers, colored pencils or crayons
- Glue

Directions:

1. Paint the front and bottom sides of your paper bag with the color of your choice. Open the bag up and lay it upside down while it dries so the bottom flap doesn't stick.
2. Use construction paper and cut out unique things for your monster puppet. Draw in patterns or facial features. Use anything you can find around the house and let your creativity fly!
3. When your monster is finished, let any paint and glue dry. Then, stick your hand and forearm in the bag to put on your own puppet performance!

Director's Word Match



A Director is the person in charge of planning and producing a play or other performance. To keep things running smoothly, director's have their own lingo (language) they call on set to let everyone know what to do. See if you can match the Director's calls below with their meanings by drawing a line between them.



Director's Call

Meaning

"Action!"

Bring in the
backup actor/
actress

"Cut!"

We're all done

"Exit stage left/
right!"

Stop

"Understudy,
you're up!"

Leave the stage

"That's a wrap
everybody!"

Start

Tips for Nerves

Have you ever felt nervous or scared before standing up in front of your class or talking in front of others? It is completely normal for you to be nervous, especially if it's something you don't do all the time. Below are some tips to help keep your nerves in check. Read through them and see which ones will work for you. Then, you'll be all ready for your next star performance!

Meditate



Listen to Music



Go for a Walk



Limit sugar & caffeine



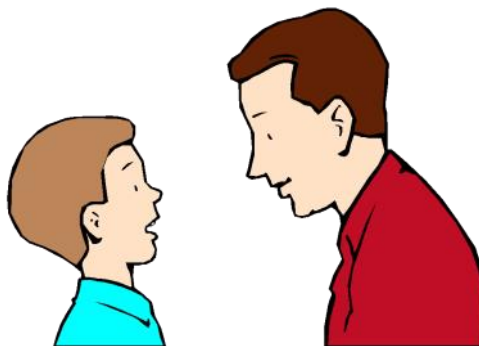
Write/Journal



Give yourself a pep talk



Talk to a trusted adult



Music Listening



A true musician will learn to appreciate many different types of music. Find a song on the radio, TV or computer (with a parent's permission) and really listen to it. Try to pick a song that you wouldn't normally listen to. As you listen, answer the questions below. When the song is over, draw or color a picture about the song you just listened to. Will you listen to this type of music again?

1. Today, I listened to _____.
2. It was composed (written) by _____.
3. This piece of music made me think of _____
_____.
4. This piece of music made me feel _____
_____.
5. I **LIKE** or do **NOT LIKE** this music (*circle one*).

Draw a picture about this piece of music below:



Cross Word

There is a lot to learn in the 4-H Performing Arts projects because there are so many different performing arts to choose from - music, theater, and clowning to name a few. See if you can solve the clues below to complete the Performing Arts Crossword Puzzle!

ACROSS

- 2. Paper that musicians read their notes off of
- 3. Takes place at the end of a movie
- 4. A female actor
- 6. Someone who directs a performance

DOWN

- 1. Something you can do to help calm your performance nerves
- 2. A place where a performance happens
- 3. Pieces of clothing worn to portray a certain character
- 5. A musical instrument

Word Bank
Actress
Costumes
Credits
Director
Pep talk
Sheet music
Stage
Tuba

February Answer Keys

Answers to all *Cloverbuddies* activities will appear on the back cover of the following month's issue. For answers to this issue, watch for April's installment of *Cloverbuddies*!

Up, Up and Away!

(Clockwise from top:)

Nosecone, Body tube, Fin, Exhaust flame, Control

Sudoku

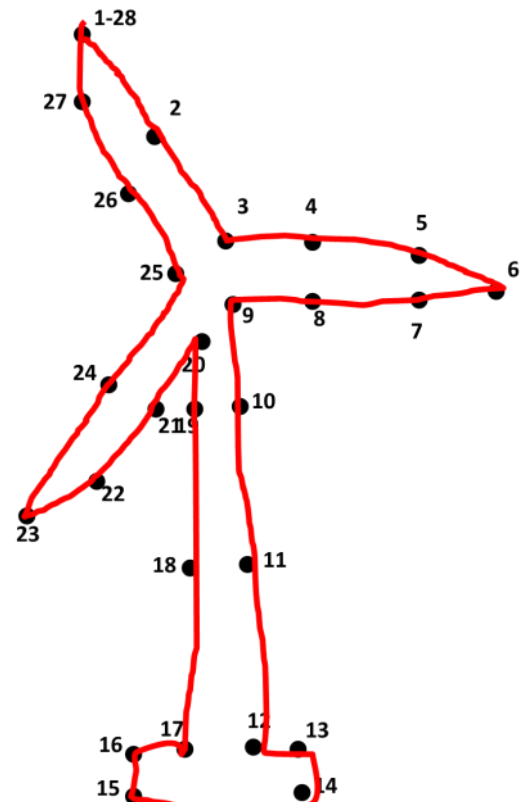
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2	4	1	3	2	3	4	1
1	3	2	4	3	4	1	2
4	2	3	1	1	2	3	4

4	2	1	3	3	1	2	4
3	1	4	2	2	4	1	3
2	4	3	1	1	3	4	2
1	3	2	4	4	2	3	1

Map Skills

1. The treasure chest is WEST of the tree.
2. The pirate is NORTH of the ship.
3. The tree is EAST of the treasure chest.
4. The ship is SOUTH of the pirate.
5. The tree is NORTH and WEST of the ship.

Wind Energy



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