



May/June '18

X Crosse County News X

President's Message

It is springtime, and one's thoughts go to planting a garden. One can compare the HCE yearly activities to gardening. We start with planning and sowing seeds for our club and committee activities, which is followed by nurturing and carrying it out.

Those giving leadership to our committees are to be congratulated and respected for their time and talent. And a sincere thank you to members who heeded the call to participate, whether it be on a committee or by displaying your talent in the cultural arts display. The Annual Banquet along with the cultural arts exhibit are the momentum for the springtime, followed by Fun Day on July 30th. Together, it is satisfying and fun!

Please read the April committee reports carefully. The Family and Community Life report seeks your response for the Healthy Lifestyle Survey (form found in the April newsletter) and Club Member Impact of HCE. It is anticipated that you will be a conscientious member by responding to these requests. For that, we are grateful.

Our affiliated organizations, Country Women's Council (CWC) and Associated Country Women of the World (ACWW) are hosting their meetings in Dubuque, Iowa on September 9-12, 2018. Registration deadline is August 10th. Contact me for more information.

It is with regret that we heard of the recent passing of Donna Dummer. She was a member of the Happy Hollanders, and a daughter-in-law of Shirley Dummer. Donna recently retired after being an elementary school teacher in Holmen for 30 years. We were privileged to have her as a fellow member these past few years.

Have a safe and pleasant May and June!

Lois M. Hess

LAHCE President

**Did you know?**

Our Website: www.wahceinc.org

Facebook: *Wisconsin for Home and Community Education*

Both pages have a wealth of information for all members, committees, Wisconsin Bookworms, Scholarship forms, HCE marketplace, and much more.



Family Living

Becoming Rich: What Teens Get from Giving

One aspect of learning how to manage money actually involves *giving it away*. Acts of charity are important for numerous reasons, including the benefit of promoting happier and healthier development in young people. Acts of charitable giving can improve the well-being and self-esteem of youth. Youth who feel they have something to offer tend to have greater school success academically and more positive peer relationships. These benefits, in part, have been attributed to the good feeling and sense of purpose that comes from serving others.



Charitable giving consists of providing something with no expectation on the part of the giver of receiving something of like value in return.

Parents can play an important role in promoting giving behavior in their teens. Research shows that role modeling this behavior *and then talking to your teen about why charitable giving matters* has the largest impact on their decision to give. Below are some tips for helping your teen better understand the importance of charitable giving.

Talk to your kids about giving. Talk to your teen about why acts of charity are important – for them and for the world. The adolescent years are a time when the brain is growing and youth are able to think more broadly and contextually. Asking questions such as what would the world look like if everyone helped out a little bit? Or can one person really make a difference? Create open-ended opportunities for thoughtful discussion and practicing thinking about the “bigger picture.”

Giving can have meaning. There are many different organizations or causes, even some created by or for teens, where your teen can make an impact. This can offer an opportunity for your teen, to explore their identity and think about what types of issues are important to them. When your teen chooses to invest their time, money and energy into things that are particularly meaningful for them, they become committed and are more likely to follow through.

Giving can be fun. Donating money is an important way to give, however it is only one of many meaningful ways to contribute to a particular cause. For example, youth can organize a fundraising event, providing the opportunity to pool resources. If your teen is interested in an activity such as running or football, they can join a tournament or marathon that requires sponsorship, and use their winnings to give.

Giving doesn't happen alone. Youth don't have to do everything on their own. They can initiate or join group efforts to address a particular issue or cause. This can provide the added benefit of belonging to a positive peer group, create a shared sense of identity and provide inspiration for new creative ways to give. Dosomething.org is a unique website for teens that allows them to start or join in with campaigns specifically for and by youth.

Did you know?

- 90% of children, ages 8-19 give to charity
- 80% of children have parents who give to charity
- Boys and girls give at equal rates; however, girls are more likely to spend time volunteering

Talking to children about giving to charity increases the chances that they will give, regardless of parental income level, or children's gender, age, or race.

Source: *Becoming Rich: What Teens Get From Giving*. Parenthetical, University of Wisconsin—Madison, March 2018



LAHCE Mission Statement

La Crosse County Association for Home and Community Education strives:

- TO promote and strengthen the family unit;
- TO provide opportunities of self-education for development of potential abilities;
- TO better serve and improve home and community life.

Executive Committee



International News

The following deadlines are for those clubs giving to the following projects:

Pennies For Friendship

Give to Treasurer Wanda Rogers by end of May 2018.

Partners with Nicaragua

All sewing items for their sewing center by September 30, 2018. Give to Leah Bork or call me at 608-534-5588 and I will pick up.

Haiti Learning Center 25 Cent Project

Give to Wanda Rogers by November 30th, 2018 and please mark it for 25 Cent Project.

Leah Bork

International Coordinator



Rambling Memories

April showers are supposed to bring May flowers. So far, April has given us snow, cold wind, some sun and a few days of rain. My daffodils still think it is winter. They are staying snug in their winter quarters. I know there will be pretty yellow clumps... sometime... I guess I am tired of waiting. Incidentally, this was written in the middle of April.

Shirley Dummer

Committee Reports

Cultural & Textile Arts Report

As I sit here writing this article in mid-April, outside of my window the ground is white with snow, and the poor birds are flitting around searching for food and wondering “what in the heck is going on”. Quite frankly, I’m wondering, too. Are we going to have spring this year?

By the time you read this, our Cultural & Textile Arts judging at the Spring Meeting and Banquet will have taken place. Thanks to all who participated. Update on awards and participants will be in the next newsletter.

Upcoming Dates to Remember

DATE: May 14, 12:30 p.m. *Please be on time*

WHAT: Making greeting cards using the “Iris Folding” method

LOCATION: Trinity United Church of Christ, W4888 Harvest Ln (Hwy 14/16) La Crosse, WI

COST: \$10.00—payable at class time

There is still space & time available to register for this event. I have seen the cards you will be making that afternoon, and they are absolutely beautiful. Plus, you will be provided with enough supplies to make two more cards. **Call Joan Berg at 608-788-0831 to register.** If possible, please bring a small, sharp-pointed scissors. Refreshments will be provided.

DATE: June 11, 1:00 p.m.

WHAT: “Stitches of Love” Workday

LOCATION: At Laura Ira’s home: 113 Meadow Ln, West Salem, WI

We will continue working on the Sanitary Pads. Our goal is to complete 100 sets. Refreshments will be provided.

Happy crafting and creating!

Laura Ira

Cultural & Textile Arts Coordinator

COOPERATIVE EXTENSION SERVICE

United States Department of Agriculture

University of Wisconsin-Extension

La Crosse County Offices

212 North 6th Street

La Crosse, WI 54601

La Crosse County News



AN EQUAL OPPORTUNITY EMPLOYER

May Calendar of Events

- 14 **Greeting Card Craft**, Trinity United Church of Christ, 12:30 p.m.
- 28 **Holiday**, County Offices Closed

June Calendar of Events

- 11 **Stitches of Love**, Laura Ira's Home, 1:00 p.m.
- 16 **La Crosse County Dairy Breakfast**, Creamery Creek Holsteins LLC, W1250 Cty Rd U, Bangor, 6 a.m.—11 a.m.
- 30 **Funday**, Farmington Town Hall, Mindoro, 12:00 p.m.



UW-Extension-Activities Line

Interested in an upcoming event? Curious if an event has been cancelled? Call our activities line for an updated recorded message. **(608) 785-6418**



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