



March '18

X Crosse County News X

President's Message

International Women's Day is March 8th. This is a global day celebrating the social, economic, cultural and political achievements of women. This brings to mind the women who have been an example of leadership in our organization. You are challenged to identify your HCE role model and identify how she has influenced you.

You don't have to look too far to meet this challenge. Just continue reading this newsletter and you will see reports from committee chairs. These dedicated women are your HCE role models, nonetheless they also need you for encouragement and support.

Just to remind you that there is still time to send in your registration for the April 23rd West District Meeting. The registration form is in the February newsletter.

WAHCE has three affiliated organizations; they are National Volunteer Outreach Network, Inc. (NVON), Country Women's Council (CWC), and Associated Country Women of the World (ACWW).

The 2018 National Conference for NVON will be held at the Country Springs Hotel in Pewaukee, WI July 16-18, 2018. If you are interested in more information, their website is www.nvon.org, watch for the agenda in the WAHCE Update, or contact me if you do not have access to these resources.

Looking forward to seeing you in Holmen for the March education program, and meet a local baker who has become a national celebrity!

Lois Hess

LAHCE President



Pennies for Friendship

LAHCE donations for Pennies for Friendship was \$111.75 in 2017. Excellent! The WAHCE total amount from all the counties, the State Conference, and their silent auction was \$12,417.65. Some of the places it was designated for include: Haiti's Ventures in People—6 scholarships; Water Around the World Project—water filters, must have because the water isn't fit to drink; India Hunger Project—which teaches women organic farming methods of soil and water conservation and gives them rice and vegetable seeds.

So your pennies, along with others are doing good things in the world. Donations for this year are due by the end of May to LAHCE Treasurer, Wanda Rogers.

Leah Bork

International Coordinator

Educational Program



On Tuesday, March 13th the program will be with Celebrity Guest Baker, Jen Barney, at 1:30 p.m. at the Holland Town Hall in Holmen. Jen is the recent winner of the Holiday Baking Championship and owner of Meringue Bakery. She will share her experiences that led up to her baking career, how she was selected for the T.V. show.

The program is free and open to the public. An RSVP would be appreciated for a head count. Please respond by email or phone by March 10th. Call 608-317-2411, and leave a message, or email rosh927@charter.net.

Sheryl Smith

Marketing Coordinator

Family & Community Life

Do you remember "On the Move and in the Groove" from previous years? Well, in order to get all members involved in being active, eating healthy, and using locally grown foods, a new state wide survey will replace the forms that had been used in the past. The new forms will be called HCE Healthy Lifestyle. It will be a short 5 question survey which will need to be completed by May 12th. We will get these surveys with further instructions to all members soon. Counties with the greatest percentage of members participating will be recognized at the state conference in September. Also, don't forget to keep track of your HCE volunteer hours. We also need about 200 more bookbags!

Leann Kramer

Committee Reports

HCE West District Meeting

**** SCHEDULE CHANGE ****

- 9:00 a.m. Registration
- 9:30 a.m. Welcome by Carol Grorich, Wood County President
- 9:35 a.m. Business Meeting - Jane Grabarski, West District Director
- 10:30 a.m. *History of Cranberries* - Phil Brown
- 11:45 a.m. Lunch (Soup, ham or turkey sandwich, dessert, coffee, tea, milk, water)
- 12:30 p.m. Workshops for International Cultural Arts, Membership/Marketing, Wisconsin Bookworms & Craft project for NVON
- 1:45 p.m. Ruby Reds Presentation
- 2:00 p.m. nEXT Generation status update
Jason Hausler, Area Extension Director
- 2:30 p.m. Invitation to the Fall 2018 West District Meeting, Wrap-up and Drawing for door prizes



Mark your calendars for May 14th

Joan Berg, a member of Table Rock Club (along with her able assistants), will teach us how to make greeting cards using the “Iris Folding” method. Joan has taught numerous classes and creates the most beautiful cards you have ever seen.

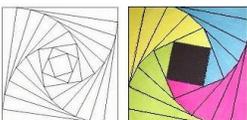
WHERE: Trinity United Church of Christ, W4888 Harvest Lane, La Crosse, WI (Hwy 14)

TIME: 12:30 p.m. (**You must be on time**) There will not be time to go back to help late starters.

COST: \$10.00 (payable at class time) – You will receive a packet containing all the supplies you need to make two cards that afternoon and two more cards at a later time. Please bring a small sharp pointed scissors for cutting if you have one.

Class Size: Limited to 15 people. Register by calling Joan Berg at 608-788-0831. **Refreshments included.**

Looking forward to a busy year of crafting & creating!



Laura Ira
Cultural & Textile Arts Coordinator

Cultural & Textile Arts

Thanks to everyone who participated in our “Stitches of Love” work day on February 26. As the saying goes, “Many hands make quick work”. Working together to make the sanitary pads for poor women in the villages and rural areas of Guatemala, lots of “interesting conversation”, and good eats made a fun and rewarding afternoon. If you were unable to attend, and would like to learn more about this project, please contact me at: 608-786-4749 or lnira@live.com. It is an easy sewing project to work on at home when one has a few minutes of spare time.

I hope you are all busy finishing up your entries for the **2018 Cultural & Textile Arts Show**. This year’s Banquet will be combined with the Spring meeting and will be held on April 30. That means less than 2 months left to complete your projects. This year’s **Bonus Category** (the fun category) is “**Spring Into Action**”. Create a display of your choice using any media. Size restriction – base no larger than 10” x10” with maximum height of 20”. Winner will be chosen by those attending the banquet. All other entries will be judged at that time, and those receiving blue ribbons will be eligible for entry at the state level.

Laura Ira

Cultural & Textile Arts Coordinator



SAVE THE DATE !

Spring Meeting—Monday, April 30th
The Banquet & Cultural Arts competition will be held at the Holland Town Hall. Watch for form & details in the April newsletter.

Rambling Memories

I am sure you wanted to know how meals go around my house so . . . Here goes. I’ve got a favorite magazine that I enjoy reading while eating my supper. The first meal of the day is enjoyed in front of the TV. I have to find out what the weather is going to be that day and the days to come. One of my sons eats lunch with me five days a week so I do what I have done all these years . . . I make meat, potatoes and gravy or something to that order, like an occasional hot dish. But it is the main meal of the day, like farmers always had. I eat better when I have someone to cook for, besides myself. There is also another plus . . . having him here gets the odd jobs done that I can’t do anymore . . . like climbing a ladder. Life is good!

Shirley Dummer

2018 – Wisconsin Association for Home & Community Education Cultural Arts Show & Contest

1. Paintings/Drawings

- Framed or Wrapped
 A. Oil
 B. Acrylic
 C. Water Color
 D. Alcohol Ink
 E. Other

2. Photography

Photograph must be 8" x 10", unmattd only, in 8 1/2" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs will be disqualified.

- A. Color – Landscape
 B. Color – Waterscape
 C. Color – Plants
 D. Color – Animal/
 Creatures
 E. Color – People
 F. Color – Skyscape
 G. Black and White
 H. Other

3. Sewing

- A. Children's Wear
 B. Adult Wear
 C. Original Design
 D. Wearable Art
 E. Useful Sewn Item
 F. Purse or Tote
 G. Pillow
 H. Sewn item made from
 recycled materials
 I. Wearable Accessory
 J. Other

4. Knitting

- A. Wearable Item
 B. Afghan
 C. Other

5. Crocheting

- A. Wearable Item
 B. Doily/Dresser Scarf
 C. Afghan
 D. Other

6. Hand Stitching

- A. Plastic Canvas
 B. Embroidery
 C. Counted Cross Stitch
 D. Other

7. Craft

Six (6) cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards–paper only-6
 B. Cards–mixed media-6
 C. Scrapbooking
 D. Craft made from
 recycled materials
 E. Handcrafted doll/toy

- F. Glass craft
 G. Other

8. Heritage Skills

- A. Hardanger
 B. Tatting
 C. Woodworking
 D. Basketry
 E. Spinning/Weaving
 F. Felting
 G. Swedish Weaving
 H. Rug Making
 I. Original published book
 J. Other

9. Bed Quilt (Larger than 60" x 80" or 4,800 square inches)

- A. Tied
 B. Hand quilted
Machine Quilted by You:
 C. Pieced
 D. Appliquéd
 E. Embroidered

Machine Quilted Professionally:

- F. Pieced
 G. Appliquéd
 H. Embroidered
 I. Any other Bed Quilt

10. Lap/Baby Quilt (Smaller than 60" x 80" or 4,800 square inches)

- A. Tied
 B. Hand-quilted

Machine Quilted By You

- C. Pieced
 D. Appliquéd
 E. Embroidered

Machine Quilted Professionally

- F. Pieced
 G. Appliquéd
 H. Embroidered
 I. Any other lap quilt

11. Quilted Wall Hanging (with hanging sleeve, NO Frame) - One (1) item only no longer than 50 inches

- A. Hand Quilted, fabric
 B. Machine Quilted,
 fabric
 C. Other i.e., - collage of
 assembled materials or
 mixed media

12. Table Topper/Runner

- A. Hand Quilted
 B. Machine Quilted
 C. Other

13. Jewelry

- A. Bracelet
 B. Necklace
 C. Set
 D. Other

14. Constructed Original Item

- A. Clay/Pottery
 B. Wood
 C. Other

15. Painted Objects

- A. China
 B. Glass
 C. Fabric
 D. Wood
 E. Other

Poem, Non-Fiction, Fiction Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book forms. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", "and" "the" for either essays or short stories.

16. Poem

17. Non-Fiction

Original, 1 topic; 250-500 words

18. Fiction

Original with beginning, middle and end; 3,000 words or less

19. Bonus Category – "Spring Into Action" Details on previous page.

**ENTRIES DUE ON
 APRIL 30, 2018
 AT THE SPRING BANQUET**



COOPERATIVE EXTENSION SERVICE

United States Department of Agriculture
University of Wisconsin-Extension
La Crosse County Offices
212 6th Street North
La Crosse, WI 54601

X Crosse-County News



AN EQUAL OPPORTUNITY EMPLOYER

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